

Last Name: _____ First Name: _____ Date: _____

Emplid# _____

MAJOR: EXERCISE SCIENCE (A.S.)

English Placement: _____

Math Placement: _____

COLLEGE REQUIREMENTS/REQUIRED CORE: (4 Courses, 13 Credits)

When Required Core Courses are specified for a category, they are required for the major.

Course	Credits	Course	Credits	Course	Credits	Course	Credits
☐ Eng 1200		☐ Eng 2400		☐ Mathematical & Quantitative Reasoning		☐ Life & Physical Sciences (BIO 1100)	

CIVIC ENGAGEMENT REQUIREMENT

Two (2) Civic Engagement experiences-satisfied by CE-Certified or CE-Component courses or approved outside activity. Find CE courses on degree works using CUNYPortal ☐ Exp. One ☐ Exp. Two

WRITING INTENSIVE REQUIREMENT

One (1) Writing Intensive course in any discipline is required. To find on CUNYFirst, perform a class search and click on course attribute. Available only in Fall and Spring.

FLEXIBLE CORE:

(6 Courses, 19 Credits)

When Flexible Core Courses are specified for a category, they are required for the major. One course from each Group A to D (Group E is satisfied by the courses shown) No more than two courses from the same discipline

	Course	Credits
A.	World Cultures and Global Issues	
B.	U.S. Experience in its Diversity	
C.	Creative Expression	
D.	Individual and Society	
E.	Scientific World- BIO 1200 PSY 1100	

DEPARTMENT REQUIREMENTS:

(13 Courses, 27 Credits)

Course	Credits	Course	Select five (5) courses from among the following three (3) groups, with no more than two (2) courses from any group	Credits
☐ EXS 500		☐ HE 3500	Group I ☐ PEC 1900, ☐ PEC 2000, ☐ PEC 7100	
☐ EXS 1300		☐ HE 5000	Group II ☐ PEC 3000, ☐ PEC 3300, ☐ PEC 6500	
☐ EXS 1500		☐ HE 4200	Group III ☐ PEC 2500, ☐ PEC 2900, ☐ PEC 5600, ☐ PEC 2700, ☐ PEW 2100	
☐ HPE 1200		☐ BA 6000		

ELECTIVES: 1 credit sufficient to meet required total of

60 Credits

Recommended: A Student Development or Integrative Seminar course as part of a Learning Community

Course	Credits	Course	Credits	Course	Credits	Course	Credits

12-Week Semester	6-Week Module	12-Week Semester	6-Week Module

Note: This Academic Plan is subject to change based on successful completion of any prerequisites and/or remedial course work required.

___ As a student who is part of the Access-Ability Services, I know that I am advised to return to room D-205 for any course modifications or to discuss accommodations.

___ All students enrolled in special programs should also consult with their program advisor for future planning.

___ I have read and understand that this is what I need to satisfy my degree requirements.

Advisor (print name): _____ Student Signature: _____ Date: _____