



**CUNY Work/Life**  
PRESENTED BY DEER OAKS

## Employee Assistance (EAP) and Work-life Program

Call your EAP today for confidential around-the-clock assistance for all of life's challenges.  
The EAP is available 24/7/365. In an emergency, call 911.

- > Call: (855) 492-3633
- > Email: [eap@deeroaks.com](mailto:eap@deeroaks.com)
- > Logon: [www.deeroakseap.com](http://www.deeroakseap.com)



# Your EAP Benefit



A free and confidential benefit available to you, your dependents, and household members.

Stress at home or at work  
Anxiety, depression  
Balancing work and family  
Anger and emotional issues  
Health and wellness concerns

Marital and family issues  
Issues with coworkers  
Alcohol and substance abuse  
Legal and financial consultation  
Child/elder care/daily living referrals