

KINGSBOROUGH COMMUNITY COLLEGE
The City University of New York

CURRICULUM DATA TRANSMITTAL SHEET

DEPARTMENT Health, Physical Education and Recreation DATE September 10, 2015

Title of Course or Degree: EXS 91X6, Field Experience in Exercise Science

Change(s) Initiated: (Please check)

- | | |
|---|---|
| <input type="checkbox"/> Closing of Degree | <input type="checkbox"/> Change in Degree or Certificate Requirements |
| <input type="checkbox"/> Closing of Certificate | <input type="checkbox"/> Change in Degree Requirements (adding concentration) |
| <input type="checkbox"/> New Certificate Proposal | <input type="checkbox"/> Change in Pre/Co-Requisite |
| <input type="checkbox"/> New Degree Proposal | <input type="checkbox"/> Change in Course Designation |
| <input type="checkbox"/> New Course | X Change in Course Description |
| <input type="checkbox"/> New 82 Course | <input type="checkbox"/> Change in Course Titles, Numbers, Credits &/or Hours |
| <input type="checkbox"/> Deletion of Course | <input type="checkbox"/> Change in Academic Policy |
| <input type="checkbox"/> Other (please describe): _____ | |

PLEASE ATTACH PERTINENT MATERIAL TO ILLUSTRATE AND EXPLAIN ALL CHANGES

I. DEPARTMENTAL ACTION

Action by Department and/or Departmental Committee, if required:

Date approved 9/17/15 Signature, Committee Chairperson: D. DiBranco

Signature, Department Chairperson: Donald Hume

II. PROVOST ACTION

Provost to act within 30 days of receipt and forward to College-wide Curriculum Committee exercising one of the following options:

- A. Approved B. Returned to department with comments

Recommendations (if any): _____

Signature, Provost: _____ Date: _____

III. CURRICULUM SUB-COMMITTEE RECOMMENDATIONS:

- A. Approved B. Tabled (no action will be taken by Curriculum Committee)

Recommendations (if any): _____

Signature, Sub-Committee Chair: _____ Date: _____

IV. COLLEGE-WIDE CURRICULUM COMMITTEE ACTION

Committee to act within 30 days of receipt, exercising one of the following options:

- A. Approved (forwarded to Steering Committee)
B. Tabled (Department notified)
C. Not Approved (Department notified)

Signature, Chairperson of Curriculum Committee _____ Date: _____

Proposal submitted by Prof. Chris Fey, Director, Program in Exercise Science/Personal Training on September 10, 2015, to amend the Catalog Description for EXS 91X6 – Field Experience in Exercise Science. This change is proposed to reflect our practices in this course, which were adopted following a review of our program in Spring 2006. This change will not affect degree requirements.

A transcription of the current catalog description (which appears on page 146 of the 2015-16 Catalog) and the proposed revision appear below.

CURRENT CATALOG DESCRIPTION

EXS 91X6 – FIELD EXPERIENCE IN EXERCISE SCIENCE (3 crs. 1 class hour plus 100 field hours)

Supervised fieldwork in a commercial, corporate or cardiac rehabilitation fitness center. **Open only to Exercise Science majors.** Hours to be arranged by department.

Prerequisites: EXS 900, EXS 1000, EXS 1100, EXS 1200, EXS 1300 and EXS 1500

PROPOSED NEW CATALOG DESCRIPTION

EXS 91X6 – FIELD EXPERIENCE IN EXERCISE SCIENCE (3 crs. 1 class hour plus 100 field hours)

Under staff supervision, students will provide personal training services in Kingsborough's on-campus faculty/staff fitness clinic; provide student oversight during open recreational hours in Kingsborough's fitness center; design and lead group fitness activities for students. Students are required to have certification in adult cardiopulmonary resuscitation with automated external defibrillator and must have appropriate liability insurance. Both must be valid for the entire semester.

Open only to Exercise Science majors. Hours to be arranged by department.

Prerequisites: EXS 900, EXS 1000, EXS 1100, EXS 1200, EXS 1300 and EXS 1500