

SPRING CATALOG



CLASSES BEGIN - APRIL 17TH, 2023

Registration is ongoing



**See Page 4
for new course
offerings!**



Check Out Our Website

START



VIRTUAL OPEN HOUSE
Tuesday, February 28th
Tuesday, April 4th

**See Page 2
for more details.**



CONTED@KBCC.CUNY.EDU



We speak français, español, 中文, русский, and العربية

To participate in these courses you must have reliable internet and computer access.



IMPORTANT!
**READ ABOUT
THE VACCINATION
REQUIREMENT:**
CLICK HERE



*****Please note, all in person courses/labs will require students upload proof of COVID 19 vaccination or exemption*****

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Refund Policy on ALL courses- HYBRID/ONLINE/ON CAMPUS

Course fees are non-refundable if you do not attend the class/exam.

The college reserves the right to cancel courses due to insufficient enrollment.

\$25 Registration is non-refundable, no exceptions.

No refund will be considered after 2nd week of classes.

Transfer policy: No transfers after the second class session.

Refund Policy: Refund requests must be in writing and emailed to: Continuing Education (conted@kbcc.cuny.edu).

For courses under \$299:

100% for courses canceled by the college; this includes the return of the \$25 registration fee.

100% with written request received 3 business days prior to the first class (minus \$30 cancellation fee)

50% with written request received prior to the second week of classes (minus \$30 cancellation fee)

For courses \$299 and above:

100% for courses canceled by the college; this includes the return of the \$25 registration fee.

100% with written request received 3 business days prior to first class (minus \$30 cancellation fee)

75% with written request prior to completion of 10% of class hours (minus \$30 cancellation fee)

50% with written request received prior to the second week of classes (minus \$30 cancellation fee)



VIRTUAL OPEN HOUSE EVENTS



Whether you are seeking a job or a promotion, starting a new business or simply trying to stay ahead of the curve, Kingsborough's Workforce Development & Continuing Education has the courses, programs and trainings for you!

SAVE THE DATE FOR SPRING OPEN HOUSES

FEBRUARY 28TH

12PM

6PM

APRIL 4TH

12PM

6PM

CLICK ON THE TIME TO REGISTER

CALL 718-368-5050 FOR QUESTIONS OR MORE INFORMATION.



EARLY BIRD DISCOUNTED COURSES



Register on or before March 10th for any of the following courses and receive \$25 off by entering discount code **EARLYBIRD** at check out when registering online.
Call the Registration Hotline at 718-368-5050 and mention "EARLY BIRD" to receive course discount.
This offer is only valid for courses listed below:

ESL00: English as a Second Language

Part-time \$350 (All Sections)

ESL70: Comprehensive English as a Second Language

Full Time \$975

RTP99: Preparation for TOEFL \$400

HSE70: Comprehensive High School Equivalency Prep \$470

HSE00: GED Prep (in ENGLISH)

\$225Weekend \$250 Weekday

HSE00E: Diploma De Escuela Secundaria En Espanol \$250

RTP01: SAT (P/SAT) Preparation \$300

CTF15/16: Veterinary Assistant Intensive

(Vet Asst I & II) \$900

CTF05: Practical Paralegal I \$475

CTF06: Practical Paralegal II \$425

CTF50: Accounting Fundamentals \$395

CTF52: Tax Preparer \$425

CTF51: Quickbooks \$395

VIN71: Property & Casualty Insurance \$800

VIN72: Life, Accident & Health Insurance \$350

CTF48: Business Writing and Grammar \$200

CTF47: Business Computing \$400

VTT23: OSHA 30 Hour Construction \$300

VTT26: 32 HR Site Safety Training Supervisor \$300

CTF 131: Cyber Security \$1400

CTF20: Anatomy & Physiology \$450

CTF26/27: Procedures & Coding and Computerized
Billing & Clinical Practice \$900

CTF27: Computerized Billing & Clinical Practice \$450

CTF37: Certified Home Health Aide Intensive
(Hybrid) \$525

CTF41/42: Pharmacy Technician Intensive
(Hybrid) \$850

CTF78/79: CNA Intensive
(Hybrid) \$950

CTF87/88: Basic Patient Care Skills & Diagnostic Test
\$450

CTF89: Electronic Health Records Specialist
Certification \$700

CTF91: Phlebotomy Procedures \$450

CTF93: Patient Care Technician Intensive
(Hybrid) \$825

CTF98: Central Sterile Technician \$900

CTF109: Medical Billing & Coding Specialist Intensive
(CBCS) (Hybrid) \$1,200

CTF183: Central Sterile Technician Externship \$5,500

CTF184: Pharmacy Technician Externship \$300

RTP75: EMT Test Prep & Certification \$995

COH16: Health Coach Certification \$1100

★ NEW COURSES ★

Pharmacy Technician Externship

Students enrolled have a unique opportunity to work alongside an interdisciplinary team in a retail pharmacy, learning and practicing hands-on skills in this fast growing field. (70 hours)

See page 13 for more details.

Central Sterile Technician Externship

This course is entirely a hands-on training and practical experience at an off-site partner facility at which qualifying students can complete their required 400 clinical hours in order to be eligible to register for the CRCST examination.

See page 15 for more details.

Medical Billing and Coding Intensive

Medical Billing and Coding professionals play an essential role in the health care industry. The duties performed include medical insurance billing and coding, completing and submitting medical insurance forms, creating and maintaining medical charts, preparing reports and correspondence, scheduling appointments, and greeting patients.

See page 12 for more details.

Health Coach Certificate Program

This is a 2 part Certificate program. Students can earn up to 6 college credits at Kingsborough Community College upon completion of this program. At course completion, students will have acquired the knowledge and skills to educate, engage, and support individual patients to improve the patient's health outcome and lifestyle.

See page 16 for more details.

Physical Therapy Aide Training Program

KCC in partnership with CareerStep is offering the Physical Therapy Aide training program. Physical therapy Aides provide support to physical therapists and their patients. They help patients check in, set up equipment, and often record patient progress. Physical Therapy Aides are some of the most in-demand workers in the growing healthcare industry, with job openings expected to increase 29.2% in the next 10 years.

See page 17 for more details.

Nutrition and Health Bundle

Nutrition has a profound impact not only on our health but also on our overall well-being. However, most people do not understand what foods they should eat, which diets are healthy for them, and where food comes from. This series is designed for healthcare workers, personal trainers, and individuals interested in a deep dive into the impacts of nutrition on our bodies.

See page 17 for more details.

Explore a Career in Healthcare Suite

The healthcare industry is booming. It is currently one of the fastest-growing industries in the United States and is expected to continue growing rapidly in the future. Many of the fastest-growing jobs don't even require you to be in a patient care role. Use this series to explore a career in several more healthcare administrative areas, including jobs as a Medical Coder, Medical Administrative Assistant, and Medical Transcriptionist.

See page 17 for more details.

Cannabis Training

The cannabis industry is creating thousands of exciting career opportunities yet a significant shortage of qualified professionals exists. Now gain the job skills you need to succeed as a dispensary agent.

See page 19 for more details.

Legal Studies with CSL by BARBRI

KCC in partnership with CSL by BARBRI, is providing a menu of offerings in legal studies to include advanced paralegal, employment law, legal secretary and many more.

See page 18 for more details.

Payroll with Quickbooks

This course teaches students how to process payroll no matter the size of the company. Students will learn the foundation of the principles that payroll processing is built on and continue toward creating payroll, processing reports and forms, paying liabilities, and making payroll adjustments.

See page 19 for more details.

Cyber Security

Learn Cybersecurity Live & Online! This 2-part class will prepare you to take the CompTIA Security+ and CompTIA CYSA+ exams.

See Page 20 for more details.

Property and Casualty

Beginning with general principles of risk management and insurance, this course will address the approved New York State Department of Insurance curriculum.

See page 21 for more details.

Life, Accident & Health Pre-Licensing

Pre-licensing training for Life, Accident and Health insurance testing prepares students for the state licensing exam through curriculum that meets the 40 hour pre-licensing requirement for New York State.

See page 21 for more details.

Certified Fiber Optics Technician

In one week of intensive training you could hold three Fiber Optic Association Certifications: Certified Fiber Optics Technician (CFOT), Certified Fiber Optics Specialist in Testing (CFOS/T), and Certified Fiber Optics Specialist in Splicing (CFOS/S).

See page 23 for more details.

Make-Up Applications for the Industry

This course will familiarize students with the history and evolution of makeup as well as key figures in the industry including make-up artist moguls, brands and companies. The class will educate students on career options within the industry and prepare them to become make-up artists. Learn and practice professional makeup artistry techniques to develop the necessary skills the industry demands.

See page 28 for more details.

Herbalism for Wellness and Longevity

Herbalism is an exciting field of study for those interested in holistic approaches to health and wellness. In this class we'll talk about traditional uses of herbs across different cultures and also what cutting-edge science is discovering about plants every day. We will learn how to make our own remedies such as salves, tinctures, decoctions, and more!

See page 28 for more details.

TUITION OPTIONS

We strive to provide you with flexible payment plans so that you can focus on your education and career plans. Please call us and we will assist you in making the right choice.

Contact us at 718-368-5050 for more information.

CEWD Scholarship Fund- Coming soon.

The CEWD Scholarship is meant for continuing education and workforce development students. We are accepting student applications for those experiencing financial challenges to pay their tuition. We hope to launch the application and eligibility requirements shortly. Check the website for more details.

Installment Payments

Students may be eligible for partial payment plans for specific tuition courses that are **\$700** and higher. Students will be charged a \$25 administrative fee for choosing an installment payment option.

Helena Rubinstein Continuing Education Scholarship

The Helena Rubinstein Continuing Education Scholarship Fund for Career Advancement Limited scholarships are available to cover up to 90% of tuition for individuals who seek to advance their careers through education and training, and who do not have access to other sources of funding that can pay for tuition and fees. Scholarship applicants may also be disadvantaged individuals who are unemployed or seeking a career change. For more information, visit the website [here](#).

Individual Training Grant (ITG) Vouchers

The Individual Training Grant (ITG) Vouchers is for New York City residents who may be eligible for training vouchers through the local unemployment office, now known as the NYC Division of Small Business Services. The vouchers are known as Individual Training Grants (ITG) and can be obtained by working with a career counselor at one of the Small Business Service's Workforce1 Career Centers. For more information, please visit the website: [Workforce1 Career Centers in NYC](#).

Corporate Tuition Reimbursement/ Vouchers

The Corporate Tuition Reimbursement/ Vouchers may provide tuition reimbursement to pursue professional development and other certificate training courses. To find out if you qualify for Corporate vouchers or Tuition reimbursement, contact your companies Education or Human Resource department.

AARP WorkSearch Program

The AARP WorkSearch Program offers a career counseling service for New Yorkers 40 years of age and older. For more information, call the AARP office at (212) 423-9922 or visit website: [AARP WorkSearch Website](#)

DC 37 Members

Many of the courses in this catalog are reimbursable for NYC employees who are members of District Council 37. The courses you choose can be credit or non-credit courses, as well as courses offered online. For general information, to check eligibility or to request a tuition reimbursement application, please call (212) 815-1663 or visit website: [District Council 37, AFSCME, AFL-CIO](#)

TAP for Workforce Programs

Financial Aid through Tuition Assistance Program (TAP) is now available for the following select approved programs - Community Health Worker, Health Coach and Emergency Medical Technician. You must apply for the aid through the fasfa application which can be accessed here: <https://studentaid.gov/h/apply-for-aid/fasfa>

1199SEIU Members

If you are currently an 1199SEIU member, you may be eligible to receive tuition reimbursement. To obtain reimbursement for a continuing education course, you must submit a completed application with all supporting documents to the Training and Upgrading Fund within 90 days of completing the course. For questions or an application, call the Tuition Assistance Hotline at (646) 473-9200. You can also email training@1199funds.org.

ACCES-VR Adult Career and Continuing Education Services

This program assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development. For more information, call (718) 816-4800 or visit the website at www.acces.nysed.gov/vr/

Department of Veterans Affairs

All veterans interested in obtaining information from the VA regarding their eligibility for funding need to have a copy of their DD-214 form and Certificate of Eligibility.

For more information, visit the website:

<https://www.va.gov/education/eligibility/> to request official notification of education benefits.

Independent Training Accounts- HRA

You may be eligible for the Independent Training Accounts through HRA. Please find your local representative here: <https://www1.nyc.gov/site/hra/locations/job-locations.page>

NYS & CSEA Partnership for Education and Training

To be eligible, review the website for applications that can be created online <https://www.nyscseapartnership.org>

SNAP (Supplemental Nutrition Assistance Program)

SNAP (Supplemental Nutrition Assistance Program), please call (718) 368-4870 for eligibility and program requirements.

Tuition Reimbursement

The College will accommodate requests for letters of support for reimbursement.

Government Issued Vouchers

We accept most government issued vouchers. Please call (718) 368-5050 for eligibility and program requirements.

Student Loans

Students may arrange a private loan to help cover educational expenses for certificate programs. The College does not recommend any specific lender or preferred lender arrangement. We recommend thoroughly investigating your loan options before making educational financing decisions.

Tax Deduction of Expenses

An income tax deduction is permitted for expenses of education undertaken to maintain and improve professional skills. Please consult your accountant.

Want to enroll in a career training program at low to no cost AND earn college credits?

If interested in any of these programs:

Emergency Medical Service (RTP-75)

OR

Health Coach (COH-1600)

OR

Community Health Worker (CCC-188)

Then apply now to see if you are eligible for the Tuition Assistance Program (TAP) through NYS Financial Aid!!



<https://studentaid.gov/h/apply-for-aid/fafsa>

If you are not eligible to apply for FAFSA due to immigration status please apply for the Jose Peralta Dream Act



<https://www.hesc.ny.gov/dream/>

Scan the QR codes with your smartphone to complete the 2022-2023 FAFSA and TAP applications. **FAFSA application must be completed first!**

If you need assistance with the application process, please contact or visit our Financial Aid Office: Call 718-368-4644 or email us at finaid@kbcc.cuny.edu

CLICK HERE TO LEARN MORE

STUDENT SUPPORT SERVICES

We strive to provide you with the support and services you need so you can focus on your education and career plans. Please call us and we will assist you in making the right choice.

Contact us at 718-368-5052 for more information.

CENTER FOR CAREER DEVELOPMENT & EXPERIENTIAL LEARNING



Contact Information

Hours: 9:30am-5pm

Phone: 718.368.5115

Email:

careerdevelopment@kbcc.cuny.edu

The mission of the Center for Career Development & Experiential Learning at Kingsborough Community College is to provide career services to students and alumni through career exploration, professional resources and programming.

Career Advisors are available to give students individualized assistance to develop career goals, including help with choosing a major, internships, workshops, and job search assistance. The Center offers workshops to students throughout the semester on a variety of career-related topics, including, but not limited to, resume, interview, workplace etiquette and networking.

In addition, the office provides a multitude of programs and events, such as job fairs, on-campus recruitment and information sessions, which allow students to explore various career opportunities.

Stay up to date regarding upcoming workshops and events with our weekly newsletter:

<http://www.kbcc.cuny.edu/career/documents/C102.pdf>

ACCESS RESOURCE CENTER

Kingsborough Community College's Access Resource Center, the nation's first at a community college, is your one-stop place to get connected to government benefits and resources. Whether it's childcare, SNAP, clothing, or transportation, you can get a referral for what's available to you – where you live and when you need it.

Call 718-368-5411 or 6713.

They offer benefit screening, legal consultation, financial consultation and tax preparation too!

Additionally, they coordinate:

- Distribution of FREE vegetables grown on campus at the KCC Urban Farm
- Distribution of FREE food staples at the KCC Food Pantry
- Clothing donations
- Assistance with recertification of benefits
- Assistance obtaining other government resources and so much more!

TRAINING AND CAREER GUIDANCE

Unsure about what training or career best matches your skills?

At Kingsborough Community College, you can set your sights on the future you want!



Whether it is becoming a paramedic or UX designer, we have the certificate training programs for anyone who wants to find a new career pathway. With Future InSight, we can help you map out the steps you need to achieve your career goals. You may know exactly which job best matches your skills or maybe you are curious about a certain industry. We can help guide you to where you want to go.

Visit our site by clicking here!

ACCOMMODATIONS & ACCESSIBILITY

Requests for accommodations must be submitted with documentation of disability. Submit requests and documentation in advance of your class start date to ensure that reasonable accommodation requests can be processed in a timely manner. Accommodations may take 3-4 weeks to process.

Please contact Vickie DiMartino at 718-368-5669.

College Administration, in cooperation with NYCT Paratransit, has established 3 specific Access-A-Ride (AAR) stops at Kingsborough Community College. Each of these locations has specific GPS coordinates along with signage to aide in the successful connection of the AAR vehicle/driver and customer.

If you experience any difficulty during the reservation process, please ask to speak with a supervisor. Access-A-Ride 1-877-337-2017 / 718-393-4999

THINGS YOU SHOULD KNOW

Continuing Education courses are designed for adults 18 years of age and older with the exception of the College for Kids Program, College for Teens, and the SAT/ACT Test Preparation. Programs, requirements, tuition fees and classes are subject-to-change without advance notice.

ENGLISH AS A SECOND LANGUAGE & CLIP

ESL 00 - English as a Second Language \$350

Mon & Wed / April 19 - June 26 / 6:45pm-9:45pm **ON CAMPUS**

Tues & Thurs / April 20 - June 20 / 6:45pm-9:45pm **ONLINE**

Saturday / April 22 - June 24 / 10am-3pm **ON CAMPUS**

These classes are led by qualified and experienced instructors. You will practice listening and speaking, as well as reading and writing. Interesting instructional content designed for all adults.

**For more information
please call 718-368-5877**

ESL 70 - English as a Second Language \$975

Mon-Fri / April 10 - June 20 / 9am-2pm / **HYBRID**

Benefits include:

- Customized class placement
- Certificate of Attendance (90%)
- ID card to access campus facilities
- Academic preparation for college (advanced classes suitable for Masters programs)
- Assistance for CUNY admission
- TOEFL practice (TOEFL waived for eligible students)
- I-20s issued to qualified students.

For more information, call 718-368-4870, or use

Zoom meeting ID: 857 4347 7610

Zoom passcode: 667012

RTP 99 - Preparation for TOEFL \$400 **ONLINE**

Tues & Thur / April 25 - June 15 / 6:30pm-9pm

For graduates of foreign nation's secondary schools, who wish to apply to colleges and universities, this class will prepare you to sit for the Test of English as a Foreign Language exam.

Minimum Level 8 ESL.

RWV 07 - Writing for Advanced Non-Native Speakers of English \$150

Wed / May 3 - June 14 / 6:30pm-8:30pm **ONLINE**

Sat / May 13 - June 24 / 9:15am-11:15am **ON CAMPUS**

Designed for non-native English speakers, this course will help you to improve your writing skills and focus on standard form as well as correct grammatical structures.

Prerequisite: Minimum Level 8 ESL.

CCC 62 - FREE ESL

To be offered in the Summer 2023 semester

****ON CAMPUS****

Please note to register early, as seats are very limited! You will be tested and placed accordingly.

For more information, please call the coordinator, Sabina Krivenko, at 718-368-4870 or email her at SKrivenko@kbcc.cuny.edu.

CCC 138 - STS ESL Food Handler Program

To be offered in the Fall 2023 semester

****ON CAMPUS****

Please note to register early, as seats are very limited! You will be tested and placed accordingly.

For more information, please call the coordinator, Sabina Krivenko, at 718-368-4870 or email her at SKrivenko@kbcc.cuny.edu.



THE ENGLISH YOU NEED FOR COLLEGE

CLIP is an intensive, pre-matriculation English as a Second Language (ESL) program. CLIP is an option for students who have been accepted to CUNY and need to improve their academic English skills before taking college courses. Students who have been accepted to a CUNY college and informed that they are not English proficient can begin CLIP in any semester and spend up to one year in the program. Please bring proof of college acceptance to registration, if possible.

Registration is now open, please call 718-368-4870 for more information or assistance with registration.

CLI 01 - CUNY Language Immersion Program \$145

Mon-Fri / March 9 - June 2 / 8:45am-2:30pm **HYBRID**

Or

Mon-Fri / March 9 - June 2 / 5pm-10pm **HYBRID**

ESL / CLIP / HSE: Visit our [Virtual Office](#)

Mon-Fri, 9:30am - 5:00pm

Zoom meeting ID: 857 434 77610 Zoom Passcode: 667012

HIGH SCHOOL EQUIVALENCY (GED®) General Educational Development

The New York State Education Department requires all examinees to meet eligibility for

HSE/GED® Testing. Speak with one of our advisors to see if you are eligible by calling 718-368-5051.

HSE 00 - GED® (HIGH SCHOOL EQUIVALENCY PREP)

Tues & Thurs / April 25 - June 6 / 6:45pm-9:45pm \$250 ONLINE

Saturdays / April 29 - June 24 / 9am-1pm \$225 ON CAMPUS

Sundays / April 23 - June 18 / 9am-1pm \$225 ONLINE

Every year, HUNDREDS of adults who prepare at Kingsborough earn their HSE diplomas, and many then go on to Kingsborough Community College's degree programs! You must be at least 18 years of age to enroll, and at least 19 years old to take the New York State exam.

Call 718-368-5051 for more information.

Note: You will need a TI-30XS calculator and GED® book. Textbook information will be provided.

DID YOU KNOW?

Having an HSE credential will improve your opportunities for better jobs, training, promotions, and even more money!

Did you know that those with their High School diploma and equivalency earn an average of \$9,000 more per year than those without?

Once you pass the HSE exam our staff will provide one on one college counseling services and assist you with meeting with a KCC admissions counselor!

HSE 70 - Comprehensive High School Equivalency \$470 HYBRID

Mon-Fri / April 10 - June 20 / 9am-2pm

This comprehensive 250-hour course will prepare you for the State GED® exam. You will improve your skills (math, social studies, science, reading, and writing) and acquire test-taking strategies to help you pass the required practice test to be eligible to take the GED® exam.

For more information, call 718 368-4870, or use Zoom meeting ID: 857 4347 7610

Zoom passcode: 667012

HSE 41 - Math Intensive GED®

(HIGH SCHOOL EQUIVALENCY PREP) \$150 ONLINE

Wed / May 17 - June 21 / 6:45pm-9:45pm

This course focuses on math problems that will be given on the math portion of the GED® exam.

Note- You will need a TI-30XS calculator.

HSE 71 - Alternative High School Equivalency Preparation- Diploma Now \$100 HYBRID

Mon-Fri / April 10 - June 20 / 9am-2pm

This comprehensive 250-hour course will prepare you for the State GED® exam. You must be 17.5 years of age by April 10, 2023 and cannot be older than 20 years of age when you enroll in the program. You must score a 9.0 grade reading level or higher on the TABE test, write an essay and sign a student responsibilities form.

For more information, call 718 368-4870, or use

Zoom meeting ID: 857 4347 7610 Zoom passcode: 667012.

(GED®) (HIGH SCHOOL EQUIVALENCY) EN ESPAÑOL

HSE 00E - Diploma de Escuela Secundaria en Español \$250 ONLINE

Lunes y Miércoles / April 24 - June 7

6:45pm-9:45pm

Va a necesitar el libro del GED® y la calculadora TI-30XS.

Para mas información, llamar a Maria Mejias al 718-368-5051.

HSE 41E - Clases de Matemáticas para los estudiantes de Equivalencia de la Escuela Secundaria en Español \$150 ONLINE

Jueves / May 18 - June 22 / 6:45pm-9:45pm

Esta clase te ayudara a practicar y resolver los problemas de matemáticas que aparacen en el examen del GED®. Va a necesitar la calculadora TI-30XS.

ESL / CLIP / HSE: Visit our [Virtual Office](#)

Monday - Friday, 9:30am - 5:00pm

(Zoom meeting ID: 857 434 77610 Zoom passcode: 667012)

CUNY FATHERHOOD ACADEMY (CFA)

CFA is a FREE comprehensive program designed to promote responsible parenting and economic stability for unemployed and underemployed fathers through education, employment and personal development.



APPLY NOW FOR SPRING 2023

Where the Future Begins

WHAT WE OFFER



Prep for GED Exams

Earn a High School Equivalency Diploma while focusing on academic and personal success.



Parenting Workshops

Gain valuable information on your rights and responsibilities as a father, learn about parenting, men's health and financial literacy.



Job Readiness & Employment Assistance

Explore careers and receive assistance with employment resources



Financial Assistance

\$1750 Stipend & incentives

ELIGIBILITY

- Age 18-30
- Father or Expectant Father
- NYC Resident
- Willing to comply with CUNY vaccine policy

Register Today!

<http://bit.ly/CFAKBCC>

718-368-6784

cunyfatherhoodacademykcc@gmail.com



CUNY THE CITY UNIVERSITY OF NEW YORK

NYC

YOUNG MEN'S INITIATIVE



TEST PREPARATION

Prepare for admissions and placement tests online with our experienced instructors!

Our test prep programs are affordable and accessible.

We offer a variety of practice materials, with high quality test simulations, designed to help students better understand the material and perform their best on their test!

SCHOLASTIC ASSESSMENT TEST PREP (SAT)

RTP 01 - SAT Preparation \$300

Saturday / May 6 - June 10 / 9am-3:30pm

ON CAMPUS

An intensive course for high school students preparing for the SAT. Certified instructors provide review and practice under simulated test conditions to help prepare students for the verbal reasoning, optional essay portion, and problem-solving skills measured by the revised test. Study skills, coaching and test-taking tips are provided, as well as individual and group conferences with a certified college counselor. A workshop for parents and guardians is included in the last session.

RTP 02 - SAT Math Preparation \$175

Saturday / May 6 - June 10 / 9am-12pm

ON CAMPUS

An intensive MATH ONLY course for high school students preparing for the SAT exam. Instructors provide review and practice under simulated test conditions to help prepare students specifically with the MATH component of the exam. Students will explore study skills while receiving coaching and test-taking tips.

Next College Board SAT Exam date is on August 23rd, 2023

HEALTHCARE INSTITUTE

The Healthcare Institute is a division of Kingsborough's Office of Continuing Education, offering a dynamic set of certificate programs and stand-alone courses. All are designed to provide students with essential skill sets necessary for today's burgeoning healthcare industry. With decades of experience and training, our faculty provides high quality instruction across all the disciplines. Students who successfully complete certificate programs at the Healthcare Institute are eligible to take the National Healthcareer Association's certifying examinations, which are nationally recognized credentials in the Allied Health industry. Tuition for healthcare courses excludes textbooks, uniforms scrubs/lab coats, exam fees and CPR/BLS certification unless otherwise noted.

IN-DEMAND HEALTHCARE PROGRAMS

Below is the breakdown of the courses needed within the in-demand healthcare programs.

See the following pages for the schedule of available courses.

For questions and additional information please call 718-368-5052 or email Healthcare.cep@kbcc.cuny.edu

CLINICAL MEDICAL ASSISTANT

Certified Clinical Medical Assistants perform routine administrative and clinical tasks to keep the offices and clinics of physicians running smoothly. Students must sign an Assumption of Risk. (307 clock hours)

CTF 20 - Anatomy and Physiology

RTP 40 - Basic Life Support for Healthcare Providers

CTF 90 - EKG/ECG Technician

CTF 91 - Phlebotomy Procedures

CTF 87/88 - Basic Patient Care Skills & Diagnostic Tests

CTF 89 - Electronic Health Records Specialist

PHLEBOTOMY TECHNICIAN

Become a Certified Phlebotomy Technician by taking this comprehensive, hands-on program. Live needle sticks performed. Students must sign an Assumption of Risk. (127 clock hours)

CTF 20 - Anatomy and Physiology

CTF 91 - Phlebotomy Procedures

RTP 40 - Basic Life Support for Healthcare Providers

MEDICAL BILLING & CODING SPECIALIST

This program is aimed at individuals who are either currently employed or seeking employment in a healthcare provider's office, health insurance company, or independent billing center, and who want to become a certified Medical Billing and Coding Specialist. (180 clock hours)

CTF 109 - Medical Billing & Coding Intensive

HOME HEALTH AIDE

Home Health Aides (HHA) provide professional healthcare in a patient's home environment. Patients can range from elderly to disabled to chronically-ill individuals who do not require hospitalization. Includes 6 weeks of online Zoom sessions followed by 8 hours of on-campus evening or weekend labs then 8 hours of in-person clinicals experience at a partner location. Basic Life Support is included with all fees and takes place on weekends.

(82 clock hours total)

CTF 37- Home Health Aide Intensive

RTP 40 - Basic Life Support for Healthcare Providers

EKG/ECG TECHNICIAN

These courses provide an overview of basic cardiovascular terminology, anatomy, and physiology, and outlines the responsibilities for earning the certified EKG/ECG Technician Certification. (127 clock hours)

CTF 20 - Anatomy and Physiology

RTP 40 - Basic Life Support for Healthcare Providers

CTF 90 - EKG/ECG Technician

PHARMACY TECHNICIAN

This intensive course provides an overall view of the fundamentals of medical and pharmaceutical terminology. Students will learn pharmaceutical calculations, concepts of pharmacology and medicinal therapy as it relates to anatomy and physiology and pathophysiology. Students will also learn about laws, ethics, and standards required in the pharmacy professions as well as best practices on how to apply knowledge on-site in a hospital or retail setting.

CTF 41 / 42 - Pharmacy Technician Intensive

CERTIFIED NURSE AIDE INTENSIVE

A Certified Nurse Aide assists Licensed Practical Nurses (LPNs) and Registered Nurses (RNs) with direct patient care. This demanding, yet exciting program will prepare you for an entry-level position in a nursing home or hospital facility. (135 clock hrs—96 hrs classroom, 32 hrs Supervised Clinical Experience, 7 hrs CPR)

CTF 78/79 - CNA Intensive

RTP 40 - Basic Life Support for Healthcare Providers

"I thoroughly enjoyed the class. I learned so much and it motivated me to move forward with my education and career in the healthcare industry, here at Kingsborough."



SCHEDULE OF HEALTHCARE COURSES

CTF 20 - Anatomy and Physiology \$450 ONLINE

Mon & Wed /April 17 - June 28 / 6:45pm-9:45pm

An introduction to the structure and function of the human body, common disorders and diseases in relation to body systems.

This course is required for CTF 87/88 Basic Patient Care Skills & Diagnostic Tests, CTF 90 EKG/ECG and CTF 91 Phlebotomy Procedures.

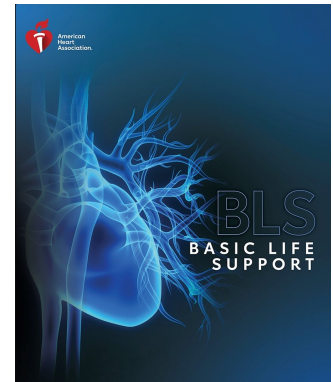
RTP 40 - Basic Life Support for Healthcare Providers \$100

(Includes course materials) ON CAMPUS

Saturdays 4/15, 5/13 or 6/10 / 10am-6pm

Sundays 4/30 or 6/25 / 10am-6pm

This course provides the skills to recognize and provide care in respiratory and cardiac emergencies, using the latest 2015 AHA guidelines, to teach adult, child and infant cardiopulmonary resuscitation and automatic external defibrillator use. Basic life support skills include CPR, AED use, and ventilations.



MEDICAL BILLING & CODING



CTF 109 - Medical Billing & Coding Intensive \$1,200 ONLINE

To be offered in the Fall 2023 semester

This course starts with an overview of professional billing, coding, and health insurance basics. The course consists of three parts. The first part will serve as a foundation for learning Medical Terminology, which you will use in a medical office or hospital setting. The second part will focus on the detailed learning of the Healthcare Common Procedural Coding System (HCPCS), including Current Procedural Terminology (CPT) and International Classification of Diseases (ICD) procedure and diagnosis coding required for billing and reimbursement in healthcare. Students will practice a variety of exercises and real-life scenarios. The third part will consist of an online computer laboratory where students will learn how to use state-of-the-art medical office practice software to put together the concepts learned in parts one and two.

CTF 26/27 - Procedures and Coding & Computerized Billing and Clinical Practice \$900 ONLINE

Tues - Wed - Thur / May 3 - June 15 / 6:30pm-10pm - Current Medical Billing Students Only

This course covers CPT 4, a systematic linking and coding of procedures and services used in outpatient settings. This coding is required for billing and reimbursement by insurers. ICD-10-CM, the International Classification of Diseases, is used worldwide by many healthcare facilities. You will continue your study of office procedures and billing to include scheduling patients for laboratory, surgical and testing procedures, completing patient charts, and accounting practices using state-of-the-art medical software.

NOTE- This course will be phased out by Summer 2023; current students need to register soon. Students must have Windows operating system to utilize medical software.

CTF 27 - Computerized Billing and Clinical Practice \$450 ONLINE

Tue - Wed - Thurs / May 23 - June 15 / 6:30pm-10pm- Current Medical Billing Students Only

You will continue your study of office procedures and billing to include scheduling patients for laboratory, surgical and testing procedures, completing patient charts, and accounting practices using state-of-the-art medical software.

NOTE- This course will be phased out by Summer 2023; current students need to register soon. Students must have Windows operating system to utilize medical software.

SCHEDULE OF HEALTHCARE COURSES

CTF 89 - Electronic Health Records Specialist \$700 ONLINE

Tues & Thur / April 18 - June 22 / 6:45pm-9:45pm

Saturday / April 22 - June 24 / 9am-3:30pm

This course introduces students to the basic functions of Electronic Health Records (EHR). It includes discussions and illustrations on the latest information management technologies (both hardware and software) currently used in healthcare. Students will be immersed in the environment and organization unique to the use of HER at all levels of patient care. This course is computer based with required hand-on exercises.

Prerequisites: Computer proficiency (will be assessed) and some experience in office administration.

PHARMACY TECHNICIAN INTENSIVE

CTF 41/42 - Pharmacy Technician Intensive \$850

Mon - Tues - Wed / April 24 - June 7 / 6pm-9:30pm ONLINE

This intensive course provides an overall view of the fundamentals of medical and pharmaceutical terminology. Students will learn pharmaceutical calculations, concepts of pharmacology and medicinal therapy as it relates to anatomy and physiology and pathophysiology. Students will also learn about laws, ethics, and standards required in the pharmacy professions as well as best practices on how to apply knowledge on-site in a hospital or retail setting.



CTF 184 - Pharmacy Technician Externship \$300



Schedule and location may vary. Program Coordinator will organize scheduling with registered students. Students enrolled have a unique opportunity to work alongside an interdisciplinary team in a retail pharmacy, learning and practicing hands-on skills in this fast-growing field. (70 hours)

IMPORTANT: A background check and drug screening is required. Additionally, all students must follow all onboarding processes and policy requirements of the assigned pharmacy.

Pre-requisite: CTF41/42 or ExCPT certification.

Email Healthcare.cep@kbcc.cuny.edu for more information.

EKG/ECG TECHNICIAN

CTF 90 - EKG/ECG Technician \$450 HYBRID

To be offered in the Summer 2023 semester

This course provides opportunities to learn and practice techniques employed by EKG/ECG technicians, while learning many of the basic terms associated with the cardiovascular system, anatomy and physiology.

Prerequisite: CTF 20 Anatomy & Physiology

Five (5) in person labs required.

Dates and times to be provided during class.

White lab coat required. Lab fee: \$60



HYBRID HEALTHCARE OFFERINGS

Lab sessions will be conducted in person, on campus. Clinicals will be done in person.

CERTIFIED NURSING ASSISTANT

CTF 78/79 - CNA Intensive \$950 HYBRID

Mon - Tues - Wed - Thurs / April 24 - June 20 / 6pm-10pm



Certified Nursing Assistants are currently in high demand and the need is projected to continue through 2024. This number will only increase as the baby boomer generation ages and there is an increased demand for additional long-term nursing care facilities. In New York State a CNA must be certified.

Salary: \$34,160-\$48,525

Job projections thru 2028: +22%

Rapid Growth; Numerous Job Openings.

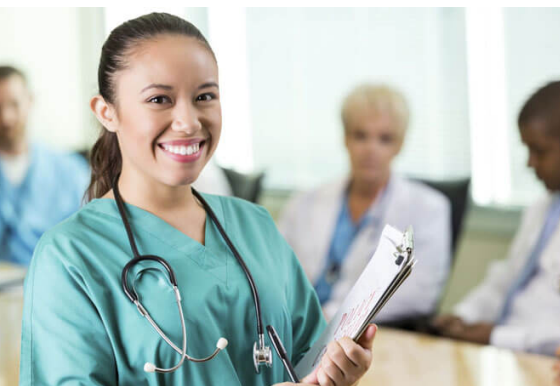
This course introduces students to the needs of the patient, legal/ethical issues, effective communication and anatomical changes accompanying the aging process. It will also cover health and nutrition and the care of persons with cognitive and mental disabilities. Includes 32 hours of supervised clinical experience in a Residential Health Care Facility.

*32 hours of clinicals experience will be conducted either during full days, early afternoon, or evenings depending on partner facility. CNA State Licensing exam must be taken within 2 years of completion of this program.

Prerequisite: Medical clearance is required to participate in the clinical experience. Basic Life Support/CPR (RTP40) must be completed before the clinical experience. Course textbook, uniform scrubs and CNA certifying exam fees are not included in the tuition. Six (6) in person labs required. Dates and times to be provided during class.

Burgundy uniform scrubs (top and bottom) required for labs and clinicals. Lab fee: \$60

BASIC PATIENT CARE SKILLS & DIAGNOSTIC TESTS



CTF 87/88 - Basic Patient Care Skills & Diagnostic Tests \$450

HYBRID

Mon & Wed / April 17 - June 28 / 6:45pm-9:45pm

In this course students will learn the skills common to the private practice and hospital worker including obtaining medical histories, vital signs, prepping patients, first-aid care, and emergency procedures for the medical office. Students will also learn the importance of maintaining a sterile environment when preparing for minor surgical procedures in addition to collecting specimens, performing simple measurements and tests, and acquiring knowledge of prescription and non-prescription medications. **Prerequisite: CTF 20 Anatomy & Physiology.**

Four (4) in person labs required. Dates and times to be provided during class. White lab coat required. Lab fee: \$60

PHLEBOTOMY

CTF 91 - Phlebotomy Procedures \$450 HYBRID

Mon & Wed / April 17 - June 28 / 6:45pm-9:45pm

The course provides theoretical and laboratory preparation for entry-level employment as a phlebotomist. This course focuses on vascular anatomy and physiology, performance of venipuncture techniques, and additional responsibilities of phlebotomists as members of the healthcare team.

Prerequisite: CTF 20 Anatomy & Physiology.

Live needle sticks performed. Students must sign an *Assumption of Risk*. Six (6) in person labs required. Dates and times to be provided during class. **White lab coat required. Lab fee: \$60**



PATIENT CARE TECHNICIAN

CTF 93 - Patient Care Technician Intensive \$825 HYBRID

Mon - Tues - Wed - Thurs / April 24 - June 20 / 6pm-10pm

This course provides a comprehensive instruction on vascular anatomy and the performance of venipuncture techniques. Students will also learn basic terms associated with anatomy and physiology as well as the cardiovascular system in addition to learning how to perform EKGs. This course is for Certified Nurse Aides only. Live needle sticks performed. Students must sign an Assumption of Risk.

Six (6) in person labs required. Dates and times to be provided during class.

White lab coat required. Lab Fee: \$60



BRIGHT OUTLOOK

Employment of patient care technicians is expected to grow rapidly in the next few years. Becoming a patient care technician is a strong career move that will open professional doors throughout the course of your life. PCT training will prepare you to get licensed and certified to operate an electrocardiogram machine in addition to being a phlebotomist.

Salary: \$37,960-\$50,900

Job projections thru 2028: +12%

Rapid Growth; Numerous Job Openings.



CENTRAL STERILE TECHNICIAN

CTF 98 - Central Sterile Technician \$900 HYBRID

Tues - Wed - Thurs / May 2 - June 20 / 5pm-9pm

This course, facilitated by an HSPA (Healthcare Sterile Processing Association) Instructor, will provide you with the knowledge and skills required to work in a Central Supply/Sterile Processing Healthcare facility. Additional hours to be assigned when class is in session. Three (3) in person labs required. Dates and times to be provided during class. **Lab fee: \$60**

Students are responsible for securing CST hands-on training necessary to meet 400-hour certification requirements.



CTF 183 - Central Sterile Technician Externship \$5,500



Schedules may vary. Program Coordinator will organize scheduling with registered students.

This course is entirely a hands-on training and practical experience at an off-site partner facility at which qualifying students can complete their required 400 clinical hours in order to be eligible to register for the CRCST examination.

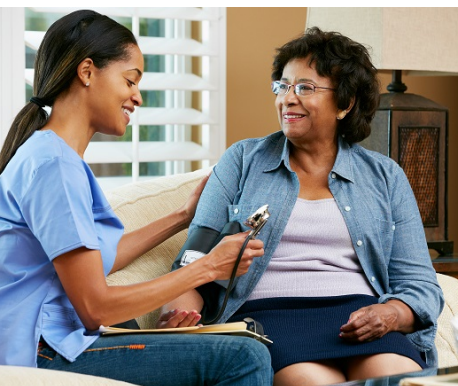
Note: Students are required to follow all policy requirements of the assigned facility.

Pre-requisite: CTF98 or a Provisional CRCST certification.

Email Healthcare.cep@kbcc.cuny.edu for more information.



HOME HEALTH AIDE



CTF 37 - Certified Home Health Aide Intensive \$525

Tues - Wed - Thurs / April 25 - June 6 / 6pm-10pm HYBRID

Home Health Aides (HHA) provide professional healthcare in a patient's home environment. Patient can range from elderly to disabled to chronically-ill individuals who do not require hospitalization. This course is the perfect compliment for students who completed Certified Nurse Aide training or for students who want to enter the healthcare field. Includes 6 weeks of online Zoom courses followed by 8 hours of on-campus evening or weekend labs, then 8 hours of in-person clinicals experience at a partner location. Basic Life Support is included with all fees and takes place on weekends. **Lab Fee: \$60** (82 clock hours total)

EMERGENCY MEDICAL TECHNICIAN & PARAMEDIC PROGRAM

RTP 75 - EMT Original \$995 ON CAMPUS

Mon - Tues - Thurs / May 1 - August 17 / 10am-2pm

*With a NYS DOH voucher, you pay only \$80

(for mandatory CPR renewal)

This course will prepare you to take the New York State Emergency Medical Technician (EMT) examination. As a NYS EMT, you can work or volunteer anywhere in New York State. You will learn basic life-saving techniques such as, but not limited to: scene safety, patient assessment, management of fractures, bleeding control, movement of patients, and oxygen administration. Becoming an EMT is a requirement if you are planning to become a paramedic.

Lab Fee: \$60

RTP 73 - Paramedic Original \$9,500

To Be Offered Fall 2023

This 12 month intensive program prepares competent, entry-level Emergency Medical Technician-Paramedics in the cognitive (knowledge), psychomotor (skills), and affective (behavior) domains. The KBCC twelve-month course, leading to New York State Department of Health and New York City Regional Emergency Medical Advisory Committee certification as an Emergency Medical Technician-Paramedic. The KBCC Paramedic Program is a regional NYS DOH testing site; an approved National Registry Skills Testing Site and qualifies graduates for the National Registry Practical Exam. Upon successful completion of the program, graduates will also receive BLS, ACLS and PALS and PHTLS certification.

The course curriculum includes didactic and laboratory work, as well as clinical (hospital and ambulance) rotations. The Paramedic Program's curriculum follows the Instructional Guidelines of the National Emergency Medical Services Education Standards published by the U.S. Department of Transportation National Highway Traffic Safety Administration.

Class is held on campus, in person, for 12 hours didactic lectures and 11 hours of lab practice. Students are required to utilize the web-based program to schedule the required clinical rotations hours and sites on off-class time.

For more information and details, please call: (718) 368-6720

TAP for Workforce Eligible Program
Financial Aid through Tuition Assistance Program (TAP) is now available for the **EMT Program**. You must apply for the aid through the fasfa application which can be accessed here:
<https://studentaid.gov/h/apply-for-aid/fafsa>



HEALTH COACH



COH1600 - Health Coach Certificate Program \$1,100

Tues & Thurs / March 14 - June 22 / 6pm-9pm ONLINE

This is a 2 part Certificate program. Students can earn up to 6 college credits at Kingsborough Community College upon completion of this program.

Part I Patient Engagement- Students will have acquired skills to educate, engage, and support individual patients to improve the patient's health outcomes.

Part II Concepts of Wellness- This fundamental course covers a broad spectrum of health-related topics to make students aware of the causes of mental and physical illnesses and their prevention, and demonstrates how lifestyle, perceptions and decisions affect health.

TAP for Workforce Eligible Program

Financial Aid through Tuition Assistance Program (TAP) is now available for the **Health Coach Certificate Program**.

You must apply for the aid through the FAFSA application which can be accessed here:

<https://studentaid.gov/h/apply-for-aid/fafsa>



PHYSICAL THERAPY AIDE

Physical Therapy Aide Training Program / \$2,699 ONLINE

KCC in partnership with CareerStep is offering the Physical Therapy Aide training program. Physical therapy aides provide support to physical therapists and their patients. They help patients check in, set up equipment, and often record patient progress. They also help keep the facilities clean and organized and assist physical therapists with certain procedures when needed. This program includes 265 hours of study, which will prep you to pass the Certified Physical Therapy Aide Specialist (CPTAS) exam.

[Click here to register and learn more!](#)

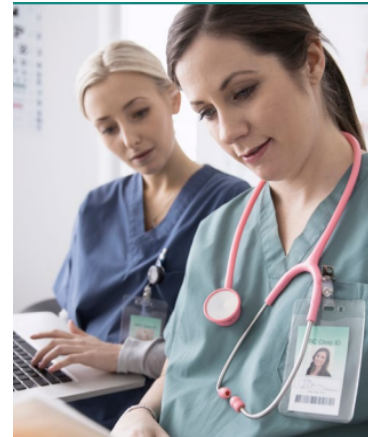


MEDICAL SCRIBE



Medical Scribe / \$3,499 ONLINE

KCC in partnership with CareerStep is offering the Medical Scribe program. Medical scribes have become more and more common in medical offices. But they do a lot more than check off boxes on EHRs—they record critical information and allow physicians more time to focus on their patients. This program provides a comprehensive overview of the skills you need to be a successful medical scribe. Our medical scribe training program is built to have you job-ready in roughly 8 months. It's fully online and entirely self-paced, so you can move as fast or slow as you like. 320 online training hours with 11 individual courses. [Click here to register and learn more!](#)



[To learn about all of our CareerStep online offerings, click here!](#)

HEALTH COURSES FROM KCC @ ED2GO



Explore a Career in Healthcare Suite \$299 ONLINE

The healthcare industry is booming. It is currently one of the fastest-growing industries in the United States and is expected to continue growing rapidly in the future. Many of the fastest-growing jobs don't even require you to be in a patient care role. Use this series to explore a career in several more healthcare administrative areas, including jobs as a Medical Coder, Medical Administrative Assistant, and Medical Transcriptionist. By the end of the series, you will have a good understanding of a career in healthcare and which specific role is right for your future. (72 HOURS)

Certificate in Gerontology \$150 ONLINE

Prove you have the skills required to meet the health care needs of an aging population. This course will deliver the information you need to work with people over 65 including assessing and managing pain, common issues of aging, dealing with elder abuse, mental health, and death and dying. The Certificate in Gerontology represents a specialization in the field of gerontology. It is designed to enhance the knowledge and skills of individuals who work with or care for older adults by providing an educational experience that is multidisciplinary in nature.

(25 hours)

HIPAA Compliance \$115 ONLINE

If you are just starting your career in the health care field, HIPAA Compliance training is a priceless addition to your resume. This course provides an understanding of the compliance requirements of HIPAA, and subsequent rules and laws that affect HIPAA.

Nutrition and Health Bundle \$169 ONLINE

Nutrition has a profound impact not only on our health but also on our overall well-being. This series is designed for healthcare workers, personal trainers, and individuals interested in a deep dive into the impacts of nutrition on our bodies. You will gain insight into how food interacts with our bodies on multiple levels—physical, mental-emotional, and spiritual—as well as the impact it has globally. You will also explore the relationship between nutrition and disease and see how making appropriate changes in one's diet can have powerful effects on health throughout life. (28 HOURS)

Become an Optical Assistant \$115 ONLINE

Learn why optical assisting is such an interesting job and how rewarding it can be to help people solve their vision problems. This course is a great way to start your career as it will help you better understand everything that's involved in the job and how you can become a certified and licensed optical assistant. You'll take a comprehensive look at the diverse world of Optical Assisting. (24 hours)

[To view all of our Ed2go Offerings, Click Here!](#)

CAREER AND PROFESSIONAL DEVELOPMENT

If you are considering a career move or are ready to advance within your field, we offer learning opportunities through career and professional development. Our experienced faculty and industry specialists will help direct you on your chosen path to accomplish your goals. We are committed to life-long learning and will serve as a resource guide to your success.

PARALEGAL & NOTARY PUBLIC

Students must complete all required courses in the Paralegal & Notary Public program to receive a completion certificate.

CTF 05 - Paralegal I & Notary Public \$475 ONLINE **Tues & Thurs / April 18 - June 27 / 6:45pm-9:45pm**

This course is an introduction to the practical aspects of being a paralegal, including filing, legal proofreading, legal draftsmanship, legal research, and other office skills. Mandatory Notary Public session on 5/18/23 and is included in the above tuition cost.

CTF 06 - Paralegal II \$425 ONLINE

Mon & Wed / April 17 - June 28 / 6:45pm-9:45pm

This course deals with the computer and the essential part it plays in paralegal training. Topics include computer legal research, legal keyboarding, and understanding language and terms used by attorneys in order to be a well-trained and successful paralegal.

Prerequisite: CTF05 *Materials fee: \$85

*The materials fee provides students with an individual password for access to the Westlaw Legal Library, which offers a wide range of federal and state law resources. In addition, students will be provided with the analytical materials to become familiar with the aspects of legal research, law reviews, federal treatises, jurisdictional treatises, practice guides, jury instructions, litigation forms and analytical materials from all 50 states.

VTP 36 - Preparation for Notary Public \$75 **Thurs / May 18 / 6:45pm-9:45 pm ONLINE**

This one-session course prepares you for the Notary Public Examination, provides an overview of the tasks undertaken by a Notary Public, and offers guidance in positioning yourself to provide this service on a fee-for-service basis.

LEGAL STUDIES a Partnership with CLS by BARBRI

Kingsborough in partnership with CLS by BARBRI, brings the opportunity to learn about the law to those of varying education levels and careers. We are committed to offering affordable, flexible and applicable continuing education courses to all our students. CLS graduates open doors for themselves – for career advancement, new job opportunities and more. To view all of our offerings, visit our site [here](#).

Advanced Paralegal Certificate Course

These advanced topics build upon the introductory Paralegal Certificate Course® ONLINE



Flexible, 100% online course with 24/7 accessibility; Complete each topic in one 7-week session

Take one, two or three topics during one online session. Complete all six topics within one year to receive certificate. The additional training gained through participation in these advanced classes will enhance your legal knowledge and skills, which in turn should increase your salary and marketability.

Advanced Legal Research and Writing

March 6 - April 21 \$995 ONLINE

The ability to effectively conduct legal research and analysis is an important aspect of any legal career. With your paralegal certificate in hand or a year of legal experience under your belt, you're ready to learn more advanced approaches to legal research, briefing cases and writing to the law. We can help you build on your paralegal skills to expand your expertise and grow your career.

Alternative Dispute Resolution Certificate Course

March 6 - April 21 \$995 ONLINE

This intensive course is designed to train and qualify students to develop or participate in conflict resolution techniques. Participants will review the growth and application of settlement options in the United States. The course focuses on both traditional and non-traditional dispute resolution options. This course takes the mystery out of settlement processes and focuses on reaching reasonable solutions. Successful graduates of this non-credit course will be awarded a Certificate of Completion.

Employment Law Certificate Course

March 6 - April 21 \$995 ONLINE

This intensive course is designed to train and qualify students to develop or participate in conflict resolution techniques. Participants will review the growth and application of settlement options in the United States. The course focuses on both traditional and non-traditional dispute resolution options. This course takes the mystery out of settlement processes and focuses on reaching reasonable solutions. Successful graduates of this non-credit course will be awarded a Certificate of Completion.

CANNABIS TRAINING

In partnership with



Study on your own time, when it's convenient for you. You can begin this program at any time and complete it in just 8 weeks. Once you register for the program, you'll immediately gain access to the course. Upon graduation you will earn a certificate of completion from Kingsborough Community College and by completing any of these programs, GreenFlower gives you exclusive access to view open industry positions through their Employer Network.

Advanced Cultivation Technician Program \$800 ONLINE

This program will provide you with advanced job skills and knowledge to excel in a cultivation role in the cannabis industry. You will study a range of topics, including: the business of cannabis cultivation, botany and genetics of the cannabis plant, seeds, germination, cloning, light sources, pests, disease and threat management, irrigation, product safety, packaging and labeling, storage, and more.

Advanced Manufacturing Agent Program \$800 ONLINE

This program will provide you with advanced job skills and knowledge to excel in a manufacturing role in the cannabis industry. You will study a range of topics, including: the business of cannabis extraction, product development, formulation and plant ensemble, extraction processes and principles, product safety, packaging and labeling, pest control, product testing, storage and more.

Advanced Dispensary Associate Program \$800 ONLINE

This program will provide you with advanced job skills and knowledge to excel as a dispensary associate. You will study a range of topics, including: the history and botany of the cannabis plant, cannabinoids, terpenes, and the Endocannabinoid System, as well as health and safety training, best security procedures, inventory tracking, the importance of documentation and recordkeeping, and product safety.

Students must complete all required courses in the Accounting program to receive a completion certificate.

ACCOUNTING



CTF 50 - Accounting Fundamentals \$395

Mon & Wed / April 17 - June 28 / 6:45pm-9:45pm ONLINE

Saturday / April 22 - June 24 / 9am-3:30pm ON CAMPUS

You will learn the recording process, complete the entire accounting cycle from analyzing and recording activities through closing procedures, and use the accountant's worksheet for the preparation of financial statements for service businesses.

CTF 51 - QuickBooks Pro for Accountants \$395

Mon & Wed / April 17 - June 28 / 6:45pm-9:45pm ONLINE

Take control of accounting for your business. This course provides hands-on experience in QuickBooks as you set up a chart of accounts; reconcile your bank accounts; create and print invoices, receipts, and statements; track payables, inventory, and receivables; create estimates; and generate reports.

Limited access, free downloadable book and software will be used.

CTF 52 - Tax Preparer \$425

Tues & Thurs / April 18 - June 22 / 6:45pm-9:45pm ONLINE

Learn how to prepare individual federal income taxes, including 1040EZ, 1040A, and 1040 long form, tax credits, child and dependent care credit, credit for the elderly, IRAs, pension income, and NY State/NY City tax items with the use of Turbo Tax™ software.

CTF 135 - Payroll with Quickbooks Online \$350

Saturdays / May 6 - June 24 / 9:00am-12pm ONLINE



This course teaches students how to process payroll no matter the size of the company. Students will learn the foundation of the principles that payroll processing is built on and continue toward creating payroll, processing reports and forms, paying liabilities, and making payroll adjustments. Students will learn efficient techniques to create payroll from within QuickBooks manually and how to enter payroll when working with a 3rd party payroll processor.

ADMINISTRATIVE ASSISTANT CERTIFICATE

Students must complete all required courses in the Administrative Assistant Certificate program to receive a completion certificate.

Through this two part certificate program you will gain computer application competence and professionalism in your written communication skills.

CTF 47 - Business Computing- \$400

Mon & Wed / April 17 - June 28 / 6:45pm-9:45pm ONLINE

This course offers a basic overview of Microsoft Office™ (Word™, Excel™ and PowerPoint™) and the applications that employers expect workers to know. **Prerequisite: A computer skills test will be administered at the first class session to assess proficiency.**

CTF 48 - Business Writing and Grammar- \$200 ONLINE

Mon / April 24 - June 26/ 6:30pm-9pm

Improve your skills and develop clear and effective writing techniques necessary to succeed in today's business environment.



GRAPHIC DESIGN

RCL 83 - Graphic Design Beginner \$175 ONLINE

Thursdays / May 4 - June 22 / 7pm-9pm

Learn basic design principles, focusing on things you can use in real life. You will work on different projects each week: projects include logos, business cards, flyers, posters, photo collages, gift wrap design and more. Learn how some of your designs can be digitized for online use.

Note: No special software needed; instructor will guide you through utilizing available tools on the web.

RCL 84 - Graphic Design Intermediate \$175 ONLINE

Wednesdays / May 3 - June 21 / 7pm-9pm

This intermediate level graphic design course is designed to focus on brand building through graphic design. This course will help you shape your service or business visually.

Pre-Requisite: Graphic Design Beginner class is recommended, or current skill experience in graphic design is required.

Note: No special software is needed; instructor will guide you through utilizing available tools on the web.

CYBER SECURITY

Cyber Security \$3400

Learn Cybersecurity Live & Online!

This 2-part class will prepare you to take the CompTIA Security+ and CompTIA CYSA+ exams. Starting salaries in the Cybersecurity field are approximately \$60,000 (source www.Glassdoor.com)

RCL75- Course 1: Security +

Tues & Thurs / March 28 - June 15 / 5pm-8pm \$1700 ONLINE

Security +: Security+ provides a global benchmark for best practices in IT network and operational security, one of the fastest-growing fields in IT*

RCL76- Course 2: CYSA +

Tues & Thurs / June 27 - September 5 / 5pm-8pm \$1700 ONLINE

CYSA +: Cybersecurity Analyst (CySA+) applies behavioral analytics to the IT security field to improve the overall state of IT security*

Pre-Requisite: Students must have A+ and Network+ certifications in order to enroll



REAL ESTATE

NEW

75-Hr. New York Salesperson Real Estate License Package

Candidates must pass the New York state-approved courses totaling 75 credit hours. Once this is completed, the student is allowed to sit for the New York Salesperson Licensing Exam.

Click here to learn more and review pricing of packages.

NEW YORK STATE REQUIREMENT

DETAILS FOR REAL ESTATE PRE-LICENSING EDUCATION

Hours Required by the State: 75 hours

Effective 12/21/2022: individuals applying for a real estate salesperson license will require 77 hours of pre-licensing education.

Seat Time: The New York Department of Real Estate requires that all students spend a minimum amount of seat time engaged in the course content. Our online course delivery system manages this requirement for you.

Pre-Licensing Final Exams: Final exams must be passed with a minimum of 70% and may be taken a maximum of two times.

All final exams must be physically proctored in the State of New York.

NEW



Home Inspection

Your career depends on passing the national home inspector and state exams. Be prepared to pass the first time. AHIT has been training inspectors with the skills needed to pass the first time for decades - nearly 30 years. Only AHIT delivers an online study tool with over 800 questions just like the exam plus hints and feedback from the experts for faster learning results.

INSURANCE LICENSING

New York State Insurance Law, Sections 2103, 2104 and 2108, requires an individual seeking an insurance license to complete a prelicensing course approved by the Superintendent of Insurance. Kingsborough Community College is approved by the Department of Financial Services to teach these approved courses.

VIN 71 - Property and Casualty \$800 ON CAMPUS

NEW

Mon & Wed / March 27 - July 5 / 6pm-10pm

Beginning with general principles of risk management and insurance, this course will address the approved New York State Department of Insurance curriculum. (102 clock hours)

VIN 72 - Life, Accident & Health Pre-Licensing \$350 ONLINE

NEW

Tues & Thurs / April 25 - June 8 / 6:45pm-9:45pm

Pre-licensing training for Life, Accident and Health insurance testing prepares students for the state licensing exam through curriculum that meets the 40 hour pre-licensing requirement for New York State. Students work through 24 hours of in-class work along with additional home-study requirements that combine to meet the requirement for the pre-licensing exam.

SECURITY GUARD TRAINING



In partnership with the Guardian Group we are now offering this all-inclusive security guard training and license package! It includes the Online 8 Hour Pre-Assignment and 16 Hour On-The-Job training courses. It also includes all necessary fees required for the fingerprints and background check for your security guard application with the New York State Division of Licensing Services.

A great package for those seeking to start a career in public safety and obtain a security guard license in NYC and the State of New York!

[Click here to learn more and register.](#)

CompTIA A+ / CompTIA Network+

Recruiting now for classes. All courses will be live and **ONLINE**



The **CompTIA Computer Technician Program** is a **FREE** online training course that will cover the fundamentals of PC hardware & software and prepare students for an entry level position in Information Technology. Throughout the course students will learn how to install, maintain, and customize personal computers. The CompTIA program will also prepare students for the CompTIA A+ and Network+ certification exam, the industry recognized certification for computer service professionals. Upon completion of the CompTIA program, students will be prepared for an entry level IT position, such as help desk technician, network technician and desktop support administrator.

FREE training program for those that qualify!
[Click here to sign up for more information!](#)

CODING BOOTCAMPS



Kingsborough Community College and Promineo Tech have partnered to offer these classes where students meet for class once a week at a set time in a virtual environment. In addition to the weekly class meeting, students meet once a week for a remote, 30-minute one-on-one with a mentor.



Back End Software Developer / 18 Weeks / \$3,750 **ONLINE**

This 18-week, Back End Software Development program, students take three courses to learn the skills and technologies necessary to enter the industry as a Back End Software Developer: Introduction to Java, Relational Databases with MySQL, and Web API Design with Spring Boot.

Front End Software Developer Program / 18 Weeks / \$3,750 **ONLINE**

This 18-week, Front End Software Development program, students take three courses to learn the skills and technologies necessary to enter the industry as a Front End Software Developer: Introduction to JavaScript, Front End Technologies, and Web App Design with React.

Big Data Engineering Program / 26 Weeks / \$4,750 **ONLINE**

The Big Data Engineering Program is designed to introduce the technically inclined student to the technologies and methodologies requested by hiring companies and used by real world data engineers. This program is fast paced and will cover a breadth of technologies, including Python programming, Hadoop and cloud-based services in Amazon Web Services (AWS). The student will also be introduced to such methods as data wrangling, munging, ingesting and modeling for analytics. By the end of the program the successful student will be prepared for an entry-level position as a data engineer, Python programmer or business intelligence developer.



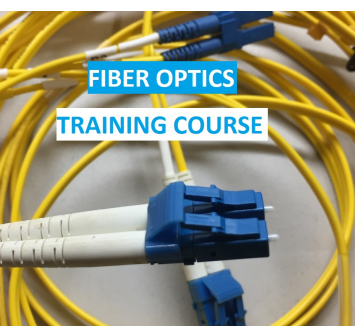
DIGITAL MARKETING

16 Week Digital Marketing Bootcamp at Kingsborough Community College \$3,750

Fully **ONLINE for 16 Weeks / 15-20 hours a week**

The Digital Marketing program is designed to help students with an interest in marketing create a portfolio and begin an entry level position in the digital marketing field. The curriculum is a project-based course that blends marketing theory, critical thinking skills, and practical experience to prepare students for an entry-level position in a growth industry. Students will become proficient in advertising platforms such as Facebook, Google, Instagram, Twitter, and LinkedIn.

Upon completion of the program students will be equipped with the tools to be successful at jobs such as marketing coordinator, social media advertising coordinator, branding coordinator, junior UX designer, and more.



FIBER OPTICS

***Save \$100 when you register for all three courses!**

RCL 96 Certified Fiber Optics Technician \$950 ON CAMPUS

Mon, Tues, Wed / April 3 - April 5 / 8am-5pm on M/T and 8am-12pm Wed

This introductory 3-day Fiber Optic Tech course is designed for anyone interested in becoming a Certified Fiber Optic Technician. This Fiber Optic Training combines theory and 85% hands-on activities to prepare the student to take the CFOT (Certified Fiber Optic Technician April 3rd) test that is sanctioned by the FOA (Fiber Optics Association) and given and graded the final class day. Course fee includes study materials, exam fees, and Text Book.

RCL 97 Certified Fiber Optics Specialist \$950 ON CAMPUS

Wed & Thurs / April 5 - April 6 / 1pm-5pm on Wednesday and 8am-5pm on Thursday

This 2-day, 16-hour program is designed to offer advanced training to anyone involved with the testing and maintenance of Fiber Optics networks. A focal point in the program is to offer a general, easy to understand, approach to fiber optics testing standards with little theory and considerable hands on activities.

Pre-Requisite RCL 96 Certified Fiber Optics Technician.

RCL 98 Certified Fiber Optics Specialist \$950 ON CAMPUS

Friday / April 7 / 8am-5pm

This Splicing Specialist Training includes a complete PowerPoint presentation explaining the importance of high performance splicing and further details the points necessary to achieve these splices.

Pre-Requisite RCL 96 Certified Fiber Optics Technician and RCL 97 Certified Fiber Optics Specialist.

START YOUR OWN EDIBLE GARDEN



6 week course access starting Mar 15 or Apr 12 or May 17 \$115 ON LINE

Grow delicious, nutritious fruit and vegetables in your own backyard! In this course, you'll learn how to give your garden a healthy start and keep it growing strong all season. You'll begin by figuring out which type of garden is right for you. You'll discover how to properly prepare a garden bed so your crops have the best opportunity to thrive. You'll even learn to understand fertilizers and make compost!

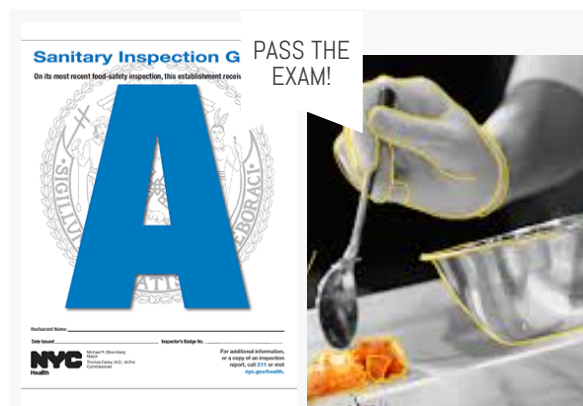
NYC DOH FOOD HANDLER

RTP 36 - NYC Food Handler Test \$150 ON CAMPUS

Mon-Fri / April 24 - 4/28 / 6pm-9pm

This 15-hour course focuses on safety issues of food handling, while preparing students to take the NYC Dept. of Health & Mental Hygiene's Food Handler Certification exam. You will be scheduled by the College to take the DOH test. The exam will be administered by the NYC DOH in person at the NYC Health Academy. This certification does not expire.

Testing fee: \$35 per person



CATERING

Secrets of a Caterer \$100 ONLINE

Mar 15 | Apr 12 | May 17 / 6 Week Access / 24 hours

Discover how to put your cooking and party planning skills to work in an exciting and creative career as a caterer. Learn fundamentals of catering business including how to cook for large crowds, organize your kitchen, manage your time, and work with clients, as well as some great recipe ideas to jump-start your career.

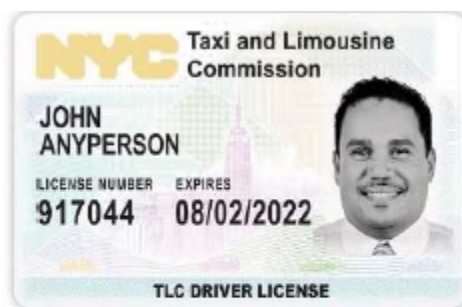
NYC TAXI AND LIMOUSINE COMMISSION

APPLY FOR YOUR TLC LICENSE NOW!



ALL YOU NEED IS
ONE LICENSE TO DRIVE UBER™,
LYFT™, VIA™, YELLOW CAB,
GREEN CAB & LIMOUSINE!

Kingsborough is a NYC Taxi & Limousine Commission (TLC)
Education Provider
Courses offered in: English and Russian



Please contact
Sunny Hau at Sunny.Hau@kbcc.cuny.edu
or call 718-368-5189

CHILD ABUSE ★ SCHOOL VIOLENCE PREVENTION ★ DASA

Students must successfully present and submit valid non-expired government issued photo identification prior to class start date to be eligible to participate in this course. Students must be on time. Late students will be denied successful completion of learning hours.

VSE 21 - Recognize/Report Child Abuse \$75 **Saturday / June 3 / 9:30am-12:00pm ONLINE**

Learn the physical and behavioral signs of child abuse and maltreatment. You will learn about mandated reporting and how to carry out your professional responsibilities. NY State Certificate of Completion awarded by the state.

VSE 50 - Dignity for All Students Act \$100 **Saturday / May 6 / 9am-4pm ONLINE** **Saturday / June 10 / 9am-4pm ONLINE**

Kingsborough Community College is approved by the New York State Education Department. This workshop training is on the social patterns of harassment, bullying and discrimination. This is required for all school professionals completing state-registered programs that lead to certification.

VSE 22 - School Violence Prevention and Intervention \$75

Saturday / June 3 / 1:00m-3:30pm ONLINE

Learn the dynamics of aggressive behavior in children and the tools to avoid them from becoming victims of such behavior. This is the NY State required workshop for all who work with children. Certificate of Completion awarded.

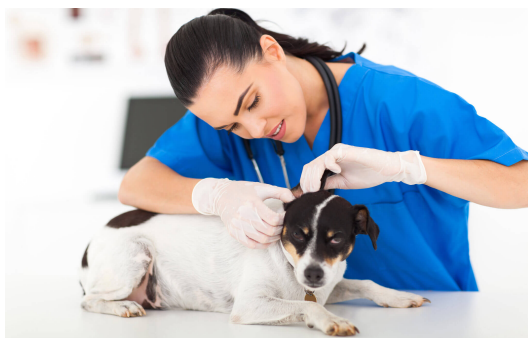
CHILDCARE ADMINISTRATION



Childcare Administration Program \$3,999 ONLINE

KCC in partnership with CareerStep is offering this child care administration course which has been designed by early childhood education (ECE) experts and experienced industry professionals. You'll gain the skills, knowledge, and best practices needed for teaching young children, working in child care centers and preschools, and running your own home-based business. Our comprehensive curriculum trains you on child development and education, health and safety, nutrition and food management, parent and family relations, and child care center management. Because our program is aligned with the Child Development Associate (CDA) certification, you'll be ready to take and pass the exam immediately upon completing your training. [Click here to register and learn more!](#)

VETERINARY ASSISTANT



CTF 15/16 - Veterinary Assistant Intensive \$900 ONLINE **Mon - Tues- Wed - Thur / April 17 - June 14 / 6:30pm-10pm**

This intensive series provides the four courses that are designed to prepare you for a career in animal care. This program includes veterinary terminology, medical and surgical procedures, office administration functions, becoming a vital part of the animal care team and more. This program also focuses on client communications, best practices in animal care, and the roles of each member of the animal care team.

Note - Some required class hours will be held at an off-site animal care facility.

Note - A minimum of 20 hours are required to be completed at an animal care facility. Students are responsible for securing a facility at which they can volunteer to complete these hours. Documentation of completion will be required. *Instructor may waive this requirement dependent on individual students experience and course academics.*



PET SITTING BUSINESS

Start a Pet Sitting Business \$115 ONLINE

NEW

6 week course access starting Mar 15 | Apr 12 | May 17 / 24 hours

Discover how you can turn your love of animals into a profitable pet-sitting career. This course covers everything you need to know about caring for pets, from nutrition, exercise and first aid and everything that goes into starting a successful business. You'll begin with pet care, including nutrition, exercise, first aid, and the identification of common diseases. You will learn the basics of first aid and find out how to administer pills, liquid medications, and injections to an uncooperative cat or dog. You will discover how to handle home visits and impress your potential clients.

EVENT MANAGEMENT AND DESIGN

Event Management and Design \$1,995 ONLINE

NEW

6 week course access starting Mar 15 | Apr 12 | May 17 / 120 hours

This online training course will equip you with the knowledge and skills to advance your career if you are already working in the special events field or prepare you to enter the profession with an understanding of the industry. You will build a foundation that you can use to develop and accelerate a career in special events or start your own special event business.



CERTIFIED WEDDING PLANNER

Certified Wedding Planner \$1,595 ONLINE

9 month access / 340 hours

In this course, you will master the fundamentals of planning, orchestrating, and delivering stunning weddings and parties. This course allows you to earn your certification as a professional Wedding Planner and will give you an opportunity to put your new skills to work in an optional internship. Lastly, it includes the opportunity to receive notifications on internships in your area to get hands-on experience.



NEW YORK CITY DEPARTMENT OF BUILDINGS SITE SAFETY TRAINING

Kingsborough Community College is a New York City Department of Buildings approved Site Safety Training (SST) Provider.

Courses offered in English and Russian

SST and SST cards will be issued when all requirements are met as prescribed by the DOB.

With a valid OSHA 30 card you have the option of taking only the courses you need to receive the SST card. Group pricing available for employers with 5 or more employees.

Email Vickie DiMartino Vickie.DiMartino@kbcc.cuny.edu or Call 718 368-5050 for more information.



**KEEP SAFE.
KEEP TRAINING.
KEEP CERTIFIED.**

VTT 23 - 30-Hour OSHA Construction \$300

ON CAMPUS

Tues, Wed, Thurs / April 25 - May 4 / 5pm - 10pm

- Understand the OSHA Act, the functions and resources of OSHA
- Become aware of the OSHA inspection priorities and describe the inspection process
- Hazards of chemicals and electrical
- Flammable and combustible liquids and gasses

To maintain a healthy and safe work environment, OSHA requires employees in various industries participate in workplace safety training. See the benefits of instructor lead training in our 30-hour OSHA safety course that will address specific regulations as they apply to the General Industry and help you meet your workplace training requirements in an interactive setting with peers and your professor.

VTT 24 - 10-Hour Site Safety Training \$175

ON CAMPUS

Mon & Tues / May 8 - May 9 / 5pm - 10pm

10 Hours SST includes:

- 2-Hour Drug & Alcohol Awareness
- 8-Hour Fall Prevention

VTT 27 - 4-Hour Supported Scaffold User \$75

ON CAMPUS

Tues / May 30 / 6pm - 10pm

The 4-Hour Supported Scaffold User and Refresher course prepares workers to recognize and avoid a wide range of safety hazards associated with supported scaffold use. You'll learn about the importance of safety controls, fall prevention equipment, inspections and emergency planning.

VTT 26 - Site Safety Supervisor \$300 ON CAMPUS

Mon, Tues, Wed & Thur / May 15 - May 25 / 6pm-10pm

32- Hours SST Supervisor includes:

- 8-Hour Fall Prevention
- 8 Hour Site Safety Manager Refresher/Chapter 33
- 4 Hour Supported Scaffold
- 2-Hour Drug and Alcohol Awareness
- 2-Hour Site Safety Plan
- 2-Hour Tool Box Talks
- 2-Hour Pre-Task Safety Meetings
- 2-Hour DOB General Electives
- 2-Hour DOB Specialized Electives

DOB SST COURSE OFFERINGS COMING SOON!

30-HOUR CONCRETE SAFETY MANAGER

8-HOUR SITE SAFETY MANAGER REFRESHER

8-HOUR MASTER and SPECIAL ELECTRICAL RENEWAL

7-HOUR MASTER PLUMBER & MASTER FIRE SUPPRESSION PIPING CONTRACTOR RENEWAL

7-HOUR PERIODIC GAS PIPING INSPECTOR QUALIFICATION

16-HOUR LIMITED GAS WORK QUALIFICATION

METAGENOMICS AND LARGE DATA SETS ANALYSIS

CTF 125 - Metagenomics Discovery Challenge \$325 ONLINE

Fridays / April 21 - June 2 / 11am-1pm

Metagenomics Discovery Challenge (MDC) – is a certificate-based course. The course is offered online and it will be using *Team-Based Learning* and *Open Educational Resources*. It doesn't have any prerequisites, but a background in biological sciences or computer science would be helpful. Students will learn to do bio-surveillance on metagenomic datasets, identifying fungal (and other micro-eukaryotic), bacterial, archaeal, and viral sequences within these datasets. This will reinforce the fundamentals of computational biology utilizing the Next Generation Sequencing (NGS) technology and computational tools important in determining metagenomics data sets. At the end of the course, students will create a 3-5 minute video using available resources to explain the tools they've learned, the importance of viral discovery, and antibiotic resistance, and their discoveries.

For more information please contact: Professor Dr. Dmitry Brogun - Dmitry.Brogun@kbcc.cuny.edu.

PERSONAL ENRICHMENT

MAKE-UP APPLICATIONS

CTF10/11 Make-Up Applications for the Industry \$650 ON CAMPUS

Tues, Wed, Thurs, Fri / May 9 - May 26 / 12pm-4pm

Tues, Wed, Thurs, Fri / May 9 - May 26 / 5pm-9pm

This course will familiarize students with the history and evolution of makeup as well as key figures in the industry including make-up artist moguls, brands and companies. The class will educate students on career options within the industry and prepare them to become make-up artists. Learn and practice professional makeup artistry techniques to develop the necessary skills the industry demands.

A list of required class materials will be provided.



HERBALISM



NSE 81 - Herbalism for Wellness and Longevity \$150 ONLINE



To be offered in the Summer 2023 semester

Curious about what mysteries your spice rack could unlock? How about herbs in your backyard or those you see while walking down the street? Herbalism is an exciting field of study for those interested in holistic approaches to health and wellness. In this class we'll talk about traditional uses of herbs across different cultures and also what cutting-edge science is discovering about plants every day. We will learn how to make our own remedies such as salves, tinctures, decoctions, and more!

FOREIGN LANGUAGE



NLA 60 - Conversational Spanish I \$130 ONLINE

Thurs / May 4 - June 22 / 7pm-9pm

Increase your ability to converse with co-workers, colleagues, or neighbors.

NLA 62 - Conversational Spanish II \$130 ONLINE

Wed / May 3 - June 21 / 7pm-9pm

For those who have already taken Conversational Spanish I. Build a broader vocabulary and advance your communication skills with this Intermediate Spanish class.

WRITING

Beginner's Guide to Getting Published \$115 ONLINE
6 week course access starting Mar 15 or Apr 12 or May 17

Get your writing directly into the hands of an editor and on the shelves of your favorite stores. This course, taught by a successful journalist and author, will help you understand every step of the publishing process and how to give yourself the credibility publishers notice.



50+ WELLNESS PROGRAM

COM 09 - Yoga and Pilates \$108 ON CAMPUS

Fri / April 21 - June 23 / 10am-11:30am

In this course you will gain flexibility & strength, improve posture & balance, and practice mindfulness with this mix of Hatha/Vinyasa Yoga combined with Pilates exercises. Please bring a yoga mat. Yoga strap and blocks are optional.

No class 5/26



COM 17 - Walk and Tone \$108 ON CAMPUS

Sat / April 22 - June 24 / 10am-11:30am

Join us for a fun walk in a centralized location. The 2nd part of the workout will be using lightweights and resistance bands to tone your muscles. Bring 2 or 3lb hand weights, water bottle and wear sneakers.

No class 5/27

COM 151 - Introduction to Refreshing Your Tai Chi Experience and Develop Conscious Contentment \$80 ON CAMPUS

Wed / April 26 - June 14 / 11:30am-12:30pm

Taught by Mario Starace Starace M.A. Holistic Health Practitioner, Author and Educator

In this form of Tai Chi, a series of slow, continual body movements will be practiced, promoting reduced tension, better balance, greater breath control, a clearer mind as well as many other long-term health benefits. In addition, students will learn how the movements practiced in a speeded-up fashion can be used for self-defense and improved body control. No prior knowledge or experience is necessary. Please wear loose fitting clothes and comfortable shoes or sneakers.

COM 15 - Line Dancing \$108 ON CAMPUS

Fri / April 21 - June 23 / 11:45am-1:15pm

Line Dancing is a fun and easy way to keep your body and brain in shape. We'll put easy to follow steps into full routines set to all kinds of music: Latin, Disco, Pop, and of course Country Western! Bring light sneakers without treads or dance sneakers and lock for locker.

No class 5/26

COM 145 - Pilates Core & More \$95 ON CAMPUS

Sun / April 23 - June 18 / 10am-11:30am

Pilates has many benefits & anyone can do it!

Pilates is a low impact exercise comprising controlled movements to improve balance and posture, increases core strength, prevents injuries, increases energy and body awareness, decreases stress and it Improves flexibility and mobility. The exercises will be done on a mat and standing. Bring a yoga mat, labeled water bottle, clothing that stretches, and a smile. **No class 5/28**

COM 42 - Arthritis Workout \$80 ONLINE

Mon / April 24 - June 26 / 10am-11am

Taught by a physical therapist, this class provides safe and effective movement for strengthening, range of motion and cardiovascular fitness. Exercise will be done standing and sitting. Wear comfortable clothing & supportive sneakers. Have for use exercise bands of medium resistance, 1 – set of 1- 2lb dumbbells and 1 set 1- 2lb ankle weights.

No class 5/29 and 6/19



\$25 Registration fee is waived for ALL 50+ Wellness courses!

FREE designated guest parking is available on campus.

For more information, Email: Susan.Lavin@Kbcc.cuny.edu or call 718 368 5079

50+ WELLNESS PROGRAM

COM 06 - Computer Basics \$120 ON CAMPUS

Tues / April 25 - June 13 / 2:10pm-4:10pm

You will learn through hands on instructions, the windows capacity system, how to use the monitor, keyboard and mouse to apply Microsoft Office. Minimum or no experience needed. Bring a flash drive.



COM 59 - Moving Meditation and Self-Healing Through Qigong \$72 ON CAMPUS

Fri / April 28- June 9 / 11:45am-1:15pm

Qigong is used in traditional Chinese medicine and means "Energy Cultivation". It's gentle movements evoke nature, and it is easy, fun, relaxing and restorative. It can be done seated or standing. Sessions will incorporate breathing practices and organ healing. Come join this 6-session workshop as we practice "Gathering Breath" and "Make Ripples and Waves" and become a graceful crane or beautiful lotus flower. Come Join this 6-session workshop as we find a relaxed mind and body through Qigong. Wear comfortable clothing and flat shoes or sneakers. **No class 5/26**



COM 89 - Intro to Microsoft Word \$120

ON CAMPUS

Thurs / April 27 - June 15 / 2:10PM-4:10PM

Learn how to create letters, announcements, newsletters, and more using Microsoft Word; a word processing program. Students must have typing (keyboarding) skills and be able to use a flash drive. Bring a Flash drive.

COM 92 - Osteoporosis Workout \$80 ONLINE

Thurs / April 27 - June 15 / 10am-11am

Taught by a physical therapist and consists of range and motion exercises, strengthening and aerobic exercises, balance activities designed to improve your health and fitness with slow, controlled movements, and weight bearing exercises which are recommended for people with osteoporosis. Class will emphasize form and posture for safe and effective exercise.

Wear comfortable clothing & supportive sneakers. Have for use exercise bands of medium-to-medium firm intensity (green & blue), 1 set of 1lb dumbbells, 1 set of 2- 3 lb. dumbbells, 1 set of ankle weights 2-3 lbs.

COM 152 - How to Restore and Sustain Greater Health and Well-Being \$60 ON CAMPUS

Wed / April 26 - May 31 / 1pm-2pm

Approaches for improving Health and Well-Being - Mario Starace M.A. Holistic Health Practitioner, Author and Educator. In this six-week class series, everyday approaches to wellness will be taught, discussed and practiced, so that participants will become familiar with easily practiced complimentary health care interventions for themselves. Topics will include the practical uses of essential oils (aromatherapy), gentle movement practices such as Qi Gong, Yoga and other energetic approaches for improving health and well-being such as "Touch for Health" and guided mediation. Participants need no prior training or experience nor need bring any materials such as yoga mats. Gentle movements will be of the sitting and standing variety. Please wear loose fitting clothes and comfortable shoes or sneakers.

\$25 Registration fee is waived for ALL 50+ Wellness courses!

FREE designated guest parking is available on campus.

For more information, Email: Susan.Lavin@Kbcc.cuny.edu or call 718 368 5079

50+ WELLNESS PROGRAM

AGING MASTERY PROGRAM

ARE YOU 50 YEARS OF AGE OR OLDER?
Thinking of Retiring Or Already Retired?
WANT TO TRY SOMETHING NEW?
HERE IS AN INSPIRATIONAL PROGRAM FOR YOU!



THE NATIONAL COUNCIL ON AGING IN COLLABORATION WITH
KINGSBOROUGH COMMUNITY COLLEGE

Presents

LIVE WELL - DO WELL - AGE WELL
Aging Mastery Program

FREE PROGRAM ONLINE W/ ZOOM

Spring term 2023

10 weeks on TUESDAYS

DATES: April 18th - June 20th, 2023

TIME: 3:30- 5:00pm

A 10 class -program based on the National Aging Mastery Program designed to offer participants 50+ years of age or older, the skills and tools needed to achieve measurable improvements in managing health, remaining economically secure, and contributing actively in society.

TOPICS COVERED:

- Navigating Longer Lives • Exercise & You • Sleep • Fall Prevention
• Healthy Eating and Hydration • Financial Fitness • Medication Management
• Advance Planning • Healthy Relationships • Community Engagement and more!

Free material kit has been funded by:

Brooklyn District 48 Council Member Justin Brannan, for residents 50+ years of age residing in:
Bay Ridge, Dyker Heights, Bath Beach and Bensonhurst

Queens District 32 Council Member Joanne Ariola for residents 50+ residing in:

Rockaway Park West, Broad Channel, Breezy Point, Howard Beach, Woodhaven, Lindenwood and Ozone Park

***Students who do not reside in the funded council districts may audit classes free and have the opportunity to purchase a material kit for \$80.**

Participants must attend a minimum of 7 out of the 10 sessions in order to graduate

LIMITED SEATS WILL BE AVAILABLE

Email: Susan.Lavin@Kbcc.cuny.edu

Call: 718-368-5079

WORKFORCE TRAINING PARTNERS

KINGSBOROUGH
COMMUNITY COLLEGE
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KINGSBOROUGH
COMMUNITY COLLEGE

ONLINE COURSES

These **high-quality courses** are **taught by industry experts** and designed to quickly deliver specific skills and knowledge that **help to advance personal or professional development**. Our online classroom is informative, convenient, and highly interactive.

Accounting Fundamentals Series

If you're interested in increasing your financial awareness while also gaining a marketable skill, this series of courses is perfect for you.

Introduction to Microsoft Excel 2019/Office 365

Knowing how to create a spreadsheet is key to effectively managing and organizing information. This course will introduce you to Microsoft Excel 2019 and teach you how to use this powerful software.

Medical Terminology:

A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Microsoft Excel 2019/Office 365 Series

Whether you're new to Excel or need a refresher, the Microsoft Excel 2019 Series bundle will help you master this long standing spreadsheet software.

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time.

Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.



24/7 Access • All classes start new every month • Certificate of completion • 6-week format • Average 24 work hours • Discussion boards • Mobile accessible

Enroll or view all our online courses at: <https://www.ed2go.com/kccce/>

Students must get pre-approval by KCC administration for any Ed2Go courses to be considered in lieu of or waived towards a KCC Certificate Program.

COLLEGE FOR KIDS

Through participation in new activities, children learn the value of teamwork and personal self-worth that can help them to achieve their goals. We offer a variety of academic and recreational courses for children aged 5-13 on Kingsborough's beautiful and secure campus. Our program is designed to provide opportunities for each child to enjoy the satisfaction of accomplishment through personal achievement such as mastering skills and educational advancement. Students are also encouraged to embrace a healthy and fit lifestyle through the various activities and sports to which they are introduced.



4 Saturday Sessions:
June 3, 10, 17 & 24 / 9:30am-1pm
\$150.00

RED GROUP BUNDLE

9:30am-10:30am Basketball
10:45am-11:45am Soccer
12:00pm-1:00pm Math Academy **OR** Art

BLUE GROUP BUNDLE

9:30am-10:30am Digital Influx Academy
10:45am-11:45am 3D Design
12:00pm-1:00pm Basketball **OR** Art

YELLOW GROUP BUNDLE

9:30am-10:30am Rock Star Readers
10:45am-11:45am Writing Superstars
12:00pm-1:00pm Math Academy

GREEN GROUP BUNDLE

9:30am-10:30am Physics 4 Kids
10:45am-11:45am Writing Superstars
12:00pm-1:00pm Basketball **OR** Art

PURPLE GROUP BUNDLE 5 - 6 year old's only

9:30am-1:00pm
Five and six year old's are encouraged to explore, imagine and have fun, while in a separate learning environment from the older children. Interactive lessons in reading, writing, math, science and art will be provided while allowing time for sports and games.

COURSE DESCRIPTIONS

3D Design - Learn how to create computerized 3D designs.

Art - Students will have the opportunity to learn basic illustration drawing and create with mixed-media.

Basketball - Learn to shoot, dribble and pass in this fun and active class.

Digital Influx Academy - "User Experience Design" is the design process used to improve our human interactions with products and services, from websites and apps to theme parks. Students will develop deep content knowledge as well as critical thinking, collaboration, creativity, and communication skills. They will gain knowledge and skills by investigating and responding to authentic, engaging, and complex topics, problems, and challenges.

Math Academy - Math concepts are presented in an enjoyable and engaging environment.

Physics 4 Kids - Learn about the spectacular world of physics including motions and forces. You will learn how to make a rubber band powered car, a sound wave phone, and more.

Rock Star Readers - Students will develop literacy and vocabulary skills while building confidence.

Soccer - Learn basic skills, rules and tactics of soccer.

Writing Superstars - Students will practice and develop writing skills through storytelling and composition.

NOTE TO PARENTS

In order to drive on campus, parents must purchase a winter parking permit for \$22. Permits are available on a first come, first served basis. If you do not have a parking permit, please arrange for your child(ren) to meet you at a pre-designated locations.

KCC will NOT be liable for the loss or theft of any personal property.

We encourage parent's to write his/her child's name on any materials brought to class.

In the event of an emergency, where authorized parent/guardian cannot be present to pick-up a child, CFK staff will communicate with security staff for the best course of action regarding adult's permission. However, adults are asked to be prepared to have and show proof of identity at all times.

COVID Policy: As of Spring 2023, CUNY will no longer require a proof of vaccine or recent negative test for visitors.

COLLEGE FOR KIDS - BLACKROCKET



Kingsborough's Continuing Education continues to collaborate with Black Rocket, offering the best tech driven STEAM programs for kids ages 8-14 (a few available for ages 6-8!).

Courses meet weekly, tuition prices start at \$149, for up to 15 hours of fun and learning! Various courses are offered every semester. Register with your friends now on Kingsborough's Black Rocket Webpage !

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