

### Halloween Safety Pointers for Parents

Halloween is a festive and fun time of the year for kids, but for parents trick-or-treat time can be a little tricky. Sometimes the fun turns to cruel tricks — like when people tamper with kids' treats. To make Halloween a treat for all, follow these safety tips.

#### Costume ideas.

• Make sure childrens' costumes fit and that your children can see clearly. To prevent trips, falls and other bumps in the night, keep costumes short.

They should not interfere with a child's ability to walk safely.

• Apply makeup instead of having your child wear a mask. Masks can be hot and uncomfortable and, more importantly, they can obstruct a child's

vision — a dangerous thing when kids are crossing streets and going up and down steps.

- Make sure costumes are visible at night. If a costume is not light-colored, put reflective tape on the back and front of it.
- Only purchase costumes are that are flame retardant, so the little ones are not in danger near

burning jack-o-lanterns and other fire hazards.

#### Tips to make trick-or-treating a happy occasion.

#### Younger children should:

- Trick-or-treat while it is still light out.
- Be accompanied by an adult or responsible teenager. Go with them yourself if you can.

#### Older children should:

• Trick-or-treat in a predetermined area. Parents and their children should map out a safe route

together. This way the parents will know which route their children are taking.

• Trick-or-treat with friends. Parents should know which friends their children will be with.

- Only visit the houses of neighbors they know.
- Never approach any unlit house or enter a house of people you don't know very well.
- Try to walk on well lit streets and carry a flashlight.
- Be aware of traffic. Use sidewalks, when they can and if there are no sidewalks, walk on the left side of the street facing oncoming traffic.
- Not accept rides from anyone but family members.
- Avoid animals and pets which may become upset by masks and costuming.

#### **Dressed up and Dangerous?**

Halloween blood and gore are harmless stuff for the most part. But sometimes dressing up as a superhero, a swashbucking pirate, or an alien from outer space — coupled with the excitement of Halloween — brings out aggressive behavior.

Even fake knives, swords, guns, and other costume accessories can hurt people. If these objects are part of a child's costume, make sure they are made from cardboard or other flexible materials.

Better yet, challenge kids to create costumes that do not need "weapons" to be scary and fun.

#### Check all treats first!

- Instruct trick-or-treaters not to sample treats until they are home and the treats have been examined by an adult.
- Remind kids not to eat everything at once or they'll be feeling pretty ghoulish for awhile!

#### Before eating any treats:

- Check out all treats at home in a well-lit area.
- Throw away anything opened, partially unwrapped or not in its original wrapper. Carefully check all wrappers for signs of tampering.
- Wash, cut and inspect all fruit.
- Inspect homemade goodies for anything suspicious.
- If there are any suspicious treats, call the police.

#### Consider ...

• Attending "haunted houses" and Halloween festivities organized by community members.

• Having a Halloween party in your home for your childrens' friends and other neighborhood children.

Make your Halloween party the place to be



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### McGruff's Halloween Safety Quiz

Halloween is a time for ghosts and goblins and fun with your friends, right? That's right. Almost everybody is nice, but sometimes a few people play mean tricks on kids at Halloween — like putting dangerous things in their candy and treats. Take a tip from me, McGruff the Crime Ghost...er, Dog . . .

> "Play it safe this Halloween and follow my advice in the quiz below."

Place a circle around the answer you feel is best.

- Someone gives you candy that is not wrapped and sealed by the candy company. You should:
  - A. Eat it anyway.
  - B. Save it for a rainy day.
  - C. Throw it away.
  - D. Give it to your dog.
- 2. One of the treats you were given has something "suspicious" sticking out of it. Your mom should:
  - A. Bite into it to see what it is.
  - B. Call the police.
  - C. Put it in the refrigerator.
  - D. Scream.
- 3. The safest way to go trick-or-treating is:
  - A. Alone.
  - B. Late at night.
  - C. On roller skates.
  - D. With an adult you trust.
- 4. The best place to go trick-or-treating is:
  - A. Across town.
  - B. In a neighborhood you know.
  - C. Where the most houses are.
  - D. Where there's a pumpkin in the window.

"After you check your answers with the answer key, go ahead and color in my picture."

#### Answer Key

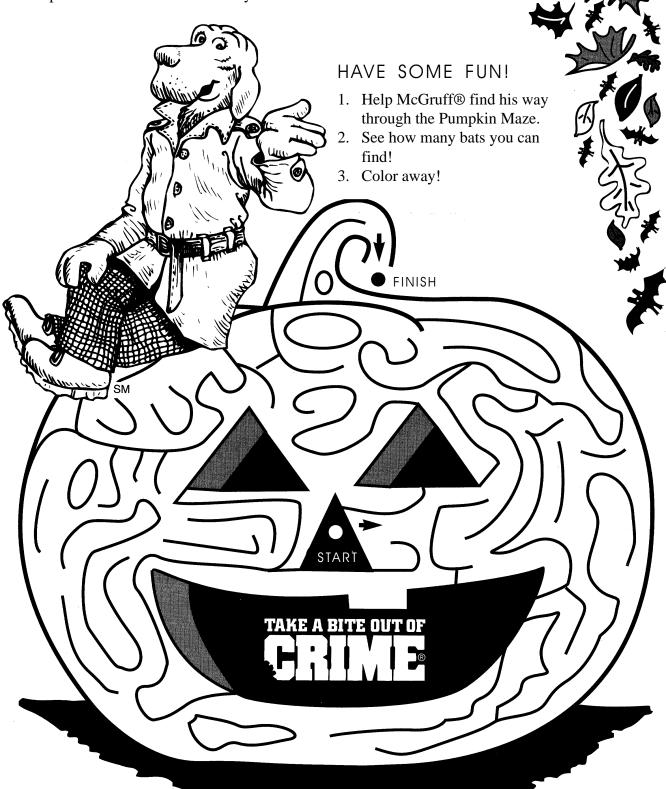
beoble hon know. It's safer to accept treats from

TREAT

- dra catry a flashight.
- go out in daylight. It you go out after dark, wear a light costume and carry a flashlight.
- keep you and other kids in your
  3. D. With an adult you trust. Try to
- B. Call the police. They can help
  Call the police. They can help
  - 1. C. Throw it away. McGruff says,

## McGruff's Halloween Safety Reminders

- ▲ Trick-or-treat in your neighborhood.
- ▲ Go with friends. Ask parents, older sister or brother, or an older neighbor to go along.
- ▲ Carry a flashlight, glowstick or reflective bag.
- ▲ Have parents check all treats before you eat them.



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## Halloween Safety Coloring Sheet



Remember, when you are lost, always look for a police officer.

Always:

- Walk on the sidewalk.
- Stay in well lit areas.
- Keep in your own neighborhood.
- Stay away from houses where the lights are off.



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# Halloween Safety Coloring Sheet

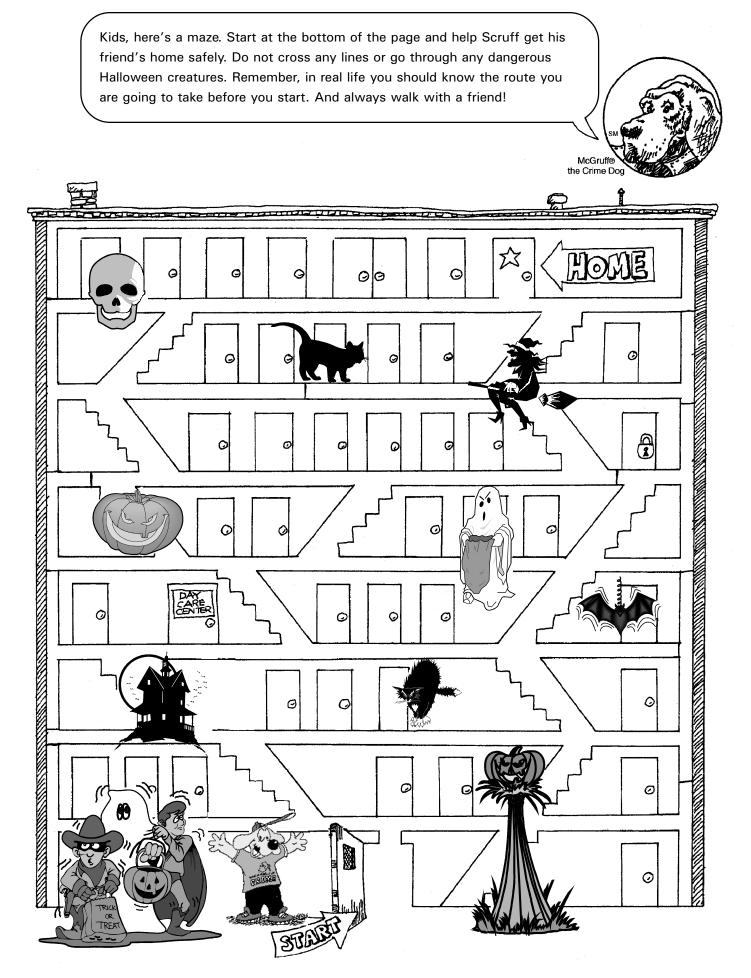
Do not eat any candy, gum, cookies, fruit or other snacks before your parents look at it.



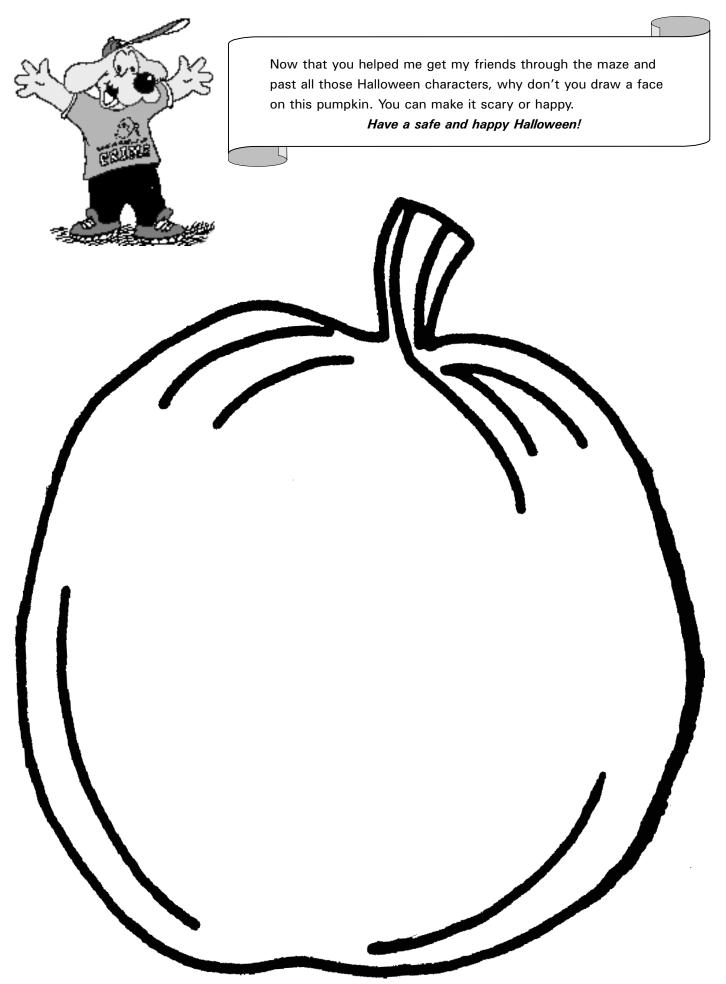


Stay with a friend or walk in groups.

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