



Kingsborough Community College

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MOVEMBER

SPREADING AWARENESS OF MEN'S HEALTH ISSUES

Movember Health and Fitness Fair! Monday, November 25, 2019



Representatives from various on-campus and off campus resources will be on hand to provide health related resources and opportunities to our community.

Fitness and meditation activities will be scheduled throughout the afternoon. Vendors will also host cooking demonstrations, arts and crafts activities, games and more.

Wellness and Mental Health Screenings will also be conducted.

Movember Fitness Fair
Date: November 25, 2019
Time: 12 p.m. – 3 p.m.

Location: Lighthouse (MAC Rotunda)

Please email Peter.Santiago@kbcc.cuny.edu to R.S.V.P. for more information

The Movember planning committee is comprised of Michael Rodriguez (Black Male Initiative), Gerald Maitre (CUNY EDGE), Maria Patestas (Student Life), Michele Bracco (PERRT), Mimi Fierle (PERRT), Luis Rivera (PERRT), students from the KCC Recreation Club and Peter Santiago (Access-Ability Services) with Sponsorship Provided by CAB