

Degree InformationCatalog Year: **2026 - 2027**Plan: **PERRT AS**Sub Plan: **Teaching & Physical Ed**Required Credits: **60****General Requirements**Req GPA: **2.0**Req Residential Credits: **30**Req Pathways Credits: **30**Req Civic Engagement: **1**Req Writing Intensive: **1**

1		2		3		4	
Session A		Session A		Session A		Session A	
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
ENG 1200	3	ENG 2400	3	HE 3500 or HPE 1500 or RPE 1400	2	RPE 3200	3
MATH & QUANTITATIVE REASONING	3	RPE 3100	3	RPE 7000	3	RPE 9152	3
RPE 1100	3	RPE 4000	3	Choose 1: Flexible Core Creative Expression - SPE 2100 (Recommended)	3	HPE 1200	3
RPE 1200	3	LIFE & PHYSICAL SCIENCES	3	Choose 1: Flexible Core Individual and Society - SOC 3100 (Recommended)	3	Choose 1: Flexible Core Scientific World - PSY 1100 (Recommended)	3
Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1	Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1	Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1	Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1
Session B		Session B		Session B		Session B	
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
Choose 1: Flexible Core World Cultures & Global Issues	3	Choose 1: Flexible Core GROUP A - E	3	Choose 1: Flexible Core U.S. Experiences in Its Diversity	3		
NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites							
NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status							
SEMESTER CRS: 16		SEMESTER CRS: 16		SEMESTER CRS: 15		SEMESTER CRS: 13	

CAREER AND TRANSFER MILESTONES

1		2		3		4	
CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Claim your Handshake Account</u> (Kingsborough)		<u>Create your LinkedIn profile</u>		<u>Career Planning - Research and Join</u> <u>Professional Organization [Student</u> <u>Membership]</u>		Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.	
<u>Join the Recreation Student Club, to</u> <u>build your network and skills.</u> <u>Participate or volunteer at a Recreation</u> <u>Student Club Event.</u>		<u>Attend a Professional/Networking Event</u> <u>Outside of KCC - Local and State</u> <u>Conferences</u>		<u>Attend a Professional/Networking Event</u> <u>Outside of KCC - Local and State Conferences</u>		Strengthen professionalism and career readiness skills through hands-on engagement in fieldwork.	
<u>Research and explore desired career</u> <u>pathway via career coach. Including</u> <u>researching Baccalaureate Programs and</u> <u>Complete a Transfer Plan.</u>		Draft a Basic Cover Letter with assistance from the Career Center.		Planning for References (Job & Transfer) - Secure PERRT Faculty Mentor(s) who are aware of your interests, abilities, skills and work habits and obtain letters of recommendation.		Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills.	
		Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.		Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.		<u>Attend a Professional/Networking Event</u> <u>Outside of KCC - Local and State Conferences</u>	
		Attend Transfer Events.		Start the transfer process to a Baccalaureate program.		<u>Review and engage in the proactive steps</u> <u>for the field.</u>	
<u>Review and engage in the proactive</u> <u>steps for the field.</u>		<u>Review and engage the in-demand skills</u> <u>for the field: Begin developing</u> <u>communication and leadership skills</u> <u>through participation in campus</u> <u>community events, volunteer coaching</u> <u>opportunities, or volunteering at local</u> <u>organizations.</u>		<u>Explore internship Opportunities through CUNY</u> <u>Career Launch or through the Career Center.</u>		Accept your offer to Enroll in a Baccalaureate program.	
Draft Basic Resume with assistance from the Career Center.				Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.		Complete CUNY Cap and Gown Survey	
				<u>Review and engage with the in-demand skills</u> <u>for the field: Develop therapeutic and adaptive</u> <u>recreation skills through volunteer or fieldwork</u> <u>experiences (e.g., Special Olympics,</u> <u>rehabilitation centers). Build behavior</u> <u>management skills through youth mentoring</u> <u>programs and coaching opportunities.</u>			

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page