

Degree InformationCatalog Year: 2026 - 2027Plan: Mental Health ASSub Plan: NoneRequired Credits: 60General RequirementsReq GPA: 2.0Req Residential Credits: 30Req Pathways Credits: 30Req Civic Engagement: 1Req Writing Intensive: 1

1

Session A

COURSE	CRS
ENG 1200	3
MH 1100	3
MH 3500	3
PSY 1100	3

Session B

COURSE	CRS
MATH & QUANTITATIVE REASONING	3

2

Session A

COURSE	CRS
ENG 2400	3
MH 3000	3
MH 3100 or MH 3700	3
PSY 3200	3

Session B

COURSE	CRS
PSY 3600	3

3

Session A

COURSE	CRS
MH 9801	3
MH 3400	3
Choose 1: Flexible Core Creative Expression	3
Choose 1: Flexible Core U.S. Experiences in Its Diversity	3

Session B

COURSE	CRS
LIFE & PHYSICAL SCIENCES	3

4

Session A

COURSE	CRS
MH 9802	3
Choose 1: Flexible Core World Cultures & Global Issues	3
Choose 1: Flexible Core GROUP A - E	3
ELECTIVES	3
ELECTIVES	3

Session B

COURSE	CRS

NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 15

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CAREER AND TRANSFER MILESTONES

1

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Claim your Handshake Account (Kingsborough)</u>	
<u>Join the Mental Health Student Club to build your network and skills.</u>	
<u>Research and explore desired career pathways to becoming a mental health professional including social work, psychology, human services, and counseling using career coach. Begin researching Baccalaureate Programs and Complete a Transfer Plan.</u>	
<u>Explore client populations and mental health and social issues that interest you to help you focus your career.</u>	
<u>Draft Basic Resume with assistance from the Career Center.</u>	

2

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Draft a Basic Cover Letter with assistance from the Career Center.</u>	
<u>Create your LinkedIn profile</u>	
<u>Attend a Mental Health Professional/Networking Event Outside of KCC</u>	
<u>Identify educational pathways related to careers in mental health counseling such as BSW to Master's of Social Work (MSW), BA/BS Psychology to MSW or Mental Health Counseling (MHC).</u>	
<u>Attend a Mental Health program Campus Visit to a Bachelor's of Social Work Program.</u>	

3

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Explore Internship Opportunities through CUNY Career Launch</u>	
<u>Career Planning - Research and Join Professional Organization(s)</u>	
<u>Attend a Mental Health Professional/Networking Event Outside of KCC</u>	
<u>Review the in-demand trainings recommended for the field of Mental Health including Mandatory Reporter, NYS Peer Specialist, and Direct Service Professional (DSP)</u>	
<u>Planning for References (Job & Transfer) - can be professors campus connections, internship positions, or others who are aware of your interests, abilities, skills, and work habits.</u>	
<u>Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.</u>	
<u>Attend another Mental Health program Campus Visit to a Bachelor's of Social Work Program.</u>	
<u>Start the transfer process to a Baccalaureate program.</u>	
<u>Update Resume and Cover Letter to include Mental Health Fieldwork. Create a folder to include digital copies of Resume, Cover Letter, and Trainings.</u>	

4

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills, including your second Mental Health Fieldwork.</u>	
<u>Attend a Mental Health Professional/Networking Event Outside of KCC</u>	
<u>Continue to explore Internship opportunities.</u>	
<u>Accept your offer to Enroll in a Baccalaureate program.</u>	
<u>Complete CUNY Cap and Gown Survey</u>	

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page