

Quick Study Guide

Topic: Erikson’s Psychosocial Stages of Development

Related Course(s): Psych 1100, 2800, 3000, 3200

Erikson’s Psychosocial Stages of Development

Stage	Age (years)	Basic Crisis	Description
1	0–1	Trust vs. mistrust	Trust (or mistrust) that basic needs, such as nourishment and affection, will be met
2	1–3	Autonomy vs. shame/doubt	Develop a sense of independence in many tasks
3	3–6	Initiative vs. guilt	Take initiative on some activities—may develop guilt when unsuccessful or boundaries overstepped
4	7–11	Industry vs. inferiority	Develop self-confidence in abilities when competent or sense of inferiority when not
5	12–18	Identity vs. confusion	Experiment with and develop identity and roles
6	19–29	Intimacy vs. isolation	Establish intimacy and relationships with others
7	30–64	Generativity vs. stagnation	Contribute to society and be part of a family
8	65–	Integrity vs. despair	Assess and make sense of life and meaning of contributions

Study Guide: This study guide provides an overview of a topic or theory in the field of Psychology. It is intended to be a supplement to your textbook and other course materials.