

**A.S. MENTAL HEALTH AND HUMAN SERVICES**

Department: Behavioral Sciences and Human Services

**Total credits: 60****COLLEGE REQUIREMENTS****CREDITS**

- Successful completion of CUNY Tests in Reading and Writing and the COMPASS Math Skills Test with passing examination scores or developmental courses may be required.
- One (1) Writing Intensive course in any discipline from any category below is required. Participation in a Learning Community that includes ENG 1200 or 2400 also satisfies this requirement.
- Two (2) Civic Engagement experiences—satisfied by CE-Certified or CE-Component courses or approved outside activity. Refer to the *Degree Requirements* section of this catalog.

**CUNY CORE**

Approved Required and Flexible Core courses are listed in the *General Education: CUNY Pathways* section of this catalog. When possible it is recommended you fulfill your Required and/or Flexible Core requirements with courses also required for the major.

**REQUIRED CORE:**

ENG 1200	3
ENG 2400	3
± Mathematical & Quantitative Reasoning	3
± Life and Physical Sciences	3

**FLEXIBLE CORE:**

One course from each Group A – E plus an additional course from any Group. **No more than two courses in the same discipline.** 18

- A. World Cultures and Global Issues
- B. U.S. Experience In Its Diversity
- C. Creative Expression
- D. Individual & Society
- ± E. Scientific World
- ± Plus another course selected from any Group A – E

**DEGREE REQUIREMENTS §****All majors must take:**

Introduction to Human Services (MH 1100)	3
Human Growth and Development (PSY 3200)	3
Abnormal Psychology (PSY 3600)	3
Human Services Organizations (MH 3000)	3
Supervised Instructional Experience in Mental Health (MH 9801 and MH 9802)	6

Choose one of the following options:

**FOR MENTAL HEALTH AND HUMAN SERVICES MAJORS (without concentration)**

Any Sociology or Psychology elective or Introduction to Anthropology (ANT 3700) or Sexuality and Culture (ANT 3900) or Introduction to Alcoholism and Substance Abuse Counseling (SAC 2000)	3
Principals of Interviewing and Group Leadership (MH 3100)	3
Mental Health Practices with Vulnerable Populations (MH 3400)	3

Introduction to Gerontology (MH 3500) 3

**FOR CONCENTRATION IN SUBSTANCE ABUSE COUNSELING**

Introduction to Alcoholism and Substance Abuse Counseling (SAC 2000) 3  
 Basic Counseling Techniques in Substance Abuse Field I (SAC 2200) 3  
 Confidentiality, Ethics & Counselor/Client Relationship in Substance Abuse Counseling (SAC 2600) 3  
 Principles of Interviewing and Group Leadership (MH 3100) 3

**FOR CONCENTRATION IN DOMESTIC VIOLENCE COUNSELING**

Introduction to Domestic Violence (MH 3700) 3  
 Assessment and Intervention with Domestic Violence Survivors (MH 3800) 3  
 Introduction to Gerontology (MH 3500) 3  
 Any Sociology, Anthropology or Psychology Elective 3

**ELECTIVES:** 0 - 6 credits sufficient to total 60 credits for the degree.

± Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirement and the 4th credit as elective.

§ Consultation with the Department Advisor is required and students must meet jointly registered program's requirements.

**STUDENT LEARNING OUTCOMES**

Understand and engage in career building strategies

MH 1100 MH 3000 MH 9801 MH 9802

Understand the variety of career options in the helping professions and the educational and licensing requirements

MH 1100 MH 3000

Understand and practice using basic helping skills

MH 1100 MH 3100 MH 3800 MH 9801 MH 9802

Understand and practice effective strategies for working with members of diverse populations

MH 1100 MH 3400 MH 3500 MH 3700 MH 3800 MH 9801 MH 9802

Demonstrate skills to effectively run groups, meetings, and projects

MH 3000 MH 3100 MH 3400 MH 3700 MH 9801 MH 9802

Examine the impact of government and political systems on public policy formulation and decision-making

MH 1100 MH 3000 MH 3400 MH 9801 MH 9802

Engage in meaningful volunteer activity

MH 3500 MH 9801 MH 9802

Communicate strategically and effectively in support of a civic endeavor

MH 9801 MH 9802

Acquire and disseminate knowledge relating to political issues

MH 1100 MH 9801 MH 9802