

KCC Beach Cafe

Monday

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| Breakfast Grill | Cheese Lover's Egg Wrap |
| Lunch Grill | Buffalo Chicken & Blue Cheese Sandwich |
| Homemade Soup | Cream of Broccoli, Old Fashioned Tomato♥ |
| Entree | Crispy Fried Chicken Lemon Herb Basa Filet |
| Side Dishes | Baked Ziti, Wild Rice Pilaf Roasted Red Potato♥, Steamed Green Beans♥ |
| City Slices | Meat & Cheese Lasagna Pizza |
| Empire Deli | Melted Smoked Turkey, Pepperjack & Chipotle Spread On Pretzel Bun |
| Asian Moon | Chicken & Vegetable Stir Fry Rice Noodles♥ |

Tuesday

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| Breakfast Grill | Vegetable Omelette |
| Lunch Grill | Chicken, Peppers, Onions & Cheese Hero |
| Homemade Soup | Italian Wedding Soup, Chipotle Sweet Potato |
| Entree | BBQ Pork Ribs Alfredo Chicken With Roasted Peppers |
| Side Dishes | Whole Wheat Pasta Primavera♥, Macaroni & Cheese Creamy Mashed Potato, Steamed Carrots♥ |
| City Slices | Pesto & Ricotta |
| Empire Deli | Shrimp Salad & Lettuce On A Croissant |
| Asian Moon | Pork & Vegetable LoMein |

Wednesday

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| Breakfast Grill | Turkey Sausage & Egg White Wrap♥ |
| Lunch Grill | Turkey Burger With Salsa & Pepperjack Cheese |
| Homemade Soup | Pasta Fagioli Soup |
| Entree | Beef Meatloaf With Mushroom Gravy |
| Side Dishes | Buttered Red Potato, Steamed Vegetable Medley♥ |

Thursday

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| Breakfast Grill | Broccoli & Cheddar Omelette |
| Lunch Grill | Grilled Chicken, Roasted Pepper & Mozzarella Sandwich |
| Homemade Soup | Tomato Garden Vegetable♥ |
| Entree | Blackened Tilapia Fish Filet♥ |
| Side Dishes | Sauteed Broccoli & Garlic, Garden Rice Pilaf |

Friday

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| Breakfast Grill | Eggs, Ham & Swiss Wrap |
| Lunch Grill | Roast Beef & Swiss Melted Panini With Horseradish Spread |
| Homemade Soup | Potato Leek |
| Entree | Slow Cooked Cumin Pork Shoulder |
| Side Dishes | Sweep Plantains, Rice & Beans |

♥ Denotes Healthy Choice

September 18 to September 22, 2017

