MESSAGE FROM THE DEAN

Kingsborough Students,

This week’s WAVE WIRE highlights a survey and events for SINGLE MOTHERS. Save the date for our upcoming STUDENT TOWN HALL on May 17th. There are also a host of support sessions for our students. Lastly, I will be hosting a DROP-IN WITH THE DEAN session on Monday, please see the information below.

As a reminder, all new Spring 2021 Freshman and Transfer students are required to complete the Sexual & Interpersonal Violence Prevention And Response Course – SPARC via Blackboard. For more information, contact studentconduct@kbcc.cuny.edu. Registration is open, please contact your advisor for more information. If you still need a LAPTOP, DEVICE, or HOTSPOT, click HERE for instructions on how to reserve a device through INSIDE KCC.

You can review previous editions and the latest edition on our STUDENT AFFAIRS WEBSITE. Please continue to check your KCC email for upcoming events and information. If you have any questions or concerns, please do not hesitate to email me at brian.mitra@kbcc.cuny.edu or student.affairs@kbcc.cuny.edu. Visit our homepage HERE.

Happy Mother’s Day to all our students!

Dr. Brian R. Mitra
Dean of Student Affairs
SAVE THE DATE! – VIRTUAL STUDENT TOWN HALL

Our next Virtual Student Town Hall meeting will be on Monday, May 17, at 11am via Zoom. These town hall meetings are organized to help YOU. Join KCC’s President Schrader, members of senior staff and representatives from key areas on campus as they answer questions and address concerns from students. Stop by if you’re having any issues you’d like to be addressed, ask questions about anything KCC related, learn about resources available to you, share any feedback or just to let us know how you’re doing!

Reach out to studentlife@kbcc.cuny.edu if you have any questions. Hope to see you there!

$500 SCHOLARSHIP OPPORTUNITY FOR SINGLE MOTHER AT KCC

Eligibility:
- Open to full time or part time student
- Must be currently enrolled at KCC
- Must have child(ren) less than 18 years old (dependent verification will be requested if selected)
- Must be a single mother

To apply: Complete the application in the following link. You will be asked to provide a 250-word essay responding to the following question: "What resources or support at KCC have you found helpful as a single mother? How could KCC improve to better support you as a single mother?"
https://forms.gle/5XzAfyFEjX131qE56

*Successful applicants will have thoughtfully replied to this essay question and meet the above eligibility criteria.

Deadline: June 4th, 2021

SURVEY FOR SINGLE MOTHERs AT KCC
Are you a single mother?
Can KCC Do Better for You?
Take this Survey!

KCC is conducting this survey to learn about students who are pregnant, parenting, or a guardian for dependent children so that we can serve you better.

Your participation in this survey is voluntary and your answers will be completely anonymous and confidential. If you have any questions about the survey, please contact Dr. Yelena Bondar, Associate Dean for Student Success Programs (yelena.bondar@kbcc.cuny.edu)

The survey should take approximately 15 minutes to complete. By clicking below you agree that you have been informed of the purpose of this survey and know that it is voluntary. Survey link: https://www.surveymonkey.com/r/H5HLWV8

Also, all are welcome to attend an event this Thursday, May 6th at 1pm
Treasure Project: A Mother's Day Celebration
Join us and hear the experiences of single mother students and alumni, supports and resources available to them, and strategies and tips for success and self-care. Zoom details below.
Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZYuf-CrqTkvEtNaG9X5GIe0PEElxY9CAXx

After registering, you will receive a confirmation email containing information about joining the meeting.

The Panelists
Lauren Sandler- Award-winning Journalist and author of This Is All I Got: A Mother’s Search for Home. Her book follows Camila, a former KCC student, for a year as she navigates her way through homelessness, single-motherhood, and the pursuit of higher education.
Ashanti Thompson, MSW- Assistant Program Coordinator/Access Resource Center, Kingsborough Community College
Nakisha Evans- Brooklyn Executive Director of the Jeremiah Program, a nonprofit with one of the most successful strategies for disrupting generational poverty among single mothers and their children.
Kimberly E. Jones- KCC student, Liberal Arts major
Moderator
Helen-Margaret Nasser- Director, Student Union and Intercultural Center, Kingsborough Community College

REMINDE RS

RESEARCH OPPORTUNITIES AND THE KINGSBOROUGH LEARNING CENTER
Find out more about Research Opportunities and the Kingsborough Learning Center

The Student Union and Intercultural Center held virtual events to introduce students to the Kingsborough Learning Center as well as research opportunities at KCC such as CRSP and CSTEP.

To view the videos and learn more about what these programs have to offer, visit: http://www.kbcc.cuny.edu/suic/everything.html

**PHI THETAT KAPPA INDUCTION CEREMONY**

The Phi Theta Kappa Induction Ceremony is scheduled to be held virtually on May 26th at 6pm. If you are not yet a member, you have until May 14th to do so. You can check your eligibility here: https://sites.google.com/view/m377/home/check-for-ptk-invitation-codes?authuser=0 and sign up to become a member here: https://join.ptk.org/

A formal invitation to all members will be sent to your email soon.

If you have any questions, please contact hnasser@kbcc.cuny.edu

**TOGETHER WE’LL MAKE IT SERIES**

Every Monday from 12:00-12:30pm

The Student Union and Intercultural Center, the Office of Student Life, and colleagues from the Art Department would like to invite you every Monday to join us as we build community while building new skills and learning new things.

All activities are open to beginners for all KCC students, faculty, staff, and alumni.

Upcoming Schedule:

- May 10: Knitting a Necklace From Nothing: How to Make T-Shirt Yarn
- May 17: No Sew T-Shirt Tote

To Join (same ink every Monday):
https://us02web.zoom.us/j/87012974587?pwd=b21yZlhBUlVNamJ0ZGJoTmNycWFVZz09
3-K & PRE-K REGISTRATION IS OPEN!

REGISTRATION FOR FALL 2021 AND WINTER 2022 BEGINS!

Registration for Fall 2021 and Winter 2022 begins this week! You will also be able to make adjustments to your Summer 2021 schedule. Check your CUNYFirst for your specific registration date. Classes for Fall 2021 will be offered online, hybrid, and some in-person. Please check the designation in CUNYFirst carefully when selecting classes/sections.

The earlier you register the better the choice of classes, times and modalities!
Contact your Advisor. Advisors are available via phone, email and Zoom. Schedule your appointment through Starfish. Don’t know who is your advisor? Check CUNYFirst or contact the Academy pertaining to your major:
SCHOLARSHIPS AVAILABLE – APPLY TODAY!

The KCC Foundation offers a variety of scholarships year-round for eligible students in need of direct financial assistance. Average scholarships are $250 and may be awarded only once per semester.

Eligibility Criteria:
- Must be a matriculated Kingsborough Community College student
- Registered for the current semester
- Have a cumulative GPA of 2.0 or higher
- Must submit a typed 500 word personal statement that describes: why you chose your current major and what career you plan on pursuing. Any financial obstacles you are facing. If awarded, how do you plan on using the funds received? Lastly, please provide a “plan of action” for how you intend to cover these expenses moving forward.

Average scholarships are $250 and may be awarded only once per semester. Please note: these awards will go towards tuition balances

Fill out the application HERE:
https://www.kbcc.cuny.edu/admission/documents/application_for_grant.pdf

Student Emergency Funds are available to qualifying KCC students.

Eligibility Criteria:
- Be a matriculated Kingsborough Community College student
- Be registered for the current semester
- Have a cumulative GPA of 2.0 or higher
- Submit official application
- Submit a typed 500-word personal statement that includes:
  - A summary of the financial obstacles you are facing
  - A description of how you would use the funds if awarded
  - A “plan of action” for how you intend to cover these expenses going forward
You will need to provide documentation to support your emergency request. Examples of acceptable documents include rent statement/lease, medical bills, utility bills, a letter from your employer stating your loss of job, police report for theft, etc.

**NOTE:** If you have already received a Student Emergency Fund Grant in the current semester, you are not eligible to receive an additional emergency grant at this time.

Fill out application here:

Email completed applications, essays and documentation to Scholarships.KCC@kbcc.cuny.edu

**KOGNITO FOR STUDENTS IS HERE!**

Kognito is a mental health educational program, simulation-based, online that allows users to practice conversations designed to help students build resilience, strengthen relationships, and develop connections with campus resources.

Get Started – CLICK HERE

- If you are a returning user, sign in using your email and password.
- If you are a new user, visit the website and choose “Click here” in the upper right hand corner of the sign-in box to create your account.
- Enter your Information. We recommend using your Kingsborough e-mail, but you may also use a personal e-mail address.
- If you are a student, enter enrollment key: ‘kbcstudent.’
- Click “Next Step” and follow on-screen instructions to access the simulation page.

**BECOME A MRC PEER MENTOR**

The MRC is looking for students committed to helping others.

**Requirements:**
- Minimum of a 2.9 Gpa
- At least 12 credits
- Attend weekly Friday trainings
- Able to mentor for 1 or 2 hours a week

**For questions email:**
Dr. Michael Rodriguez
Michael.Rodriguez@kbcc.cuny.edu
or
Neeal Sawhney
nks2125@columbia.edu

**Application:**
Get paid to help others. This is a paid position and we are hiring students immediately. If you are interested click the link below and complete an application. If you have any questions please do not hesitate to contact the Director, Dr. Michael Rodriguez at michael.roriguez@kbcc.cuny.edu. The application to be a mentor link: https://bit.ly/3blzDAy

CUNY CRISIS TEXT LINE

Text CUNY to 741741.

ABOUT CRISIS TEXT LINE

Crisis Text Line is free, 24/7 support for those in crisis. Text CUNY to 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.

HOW IT WORKS

First, you're in a crisis. Crisis doesn't just mean thinking about ending your own life. It's anything awful, intense, and anything you need support. So, you text us at 741741. Your opening message will say anything, keywords like HOME, START, and CYNJ help us identify how people hear about us. If you text HOME, you'll be connected with a Crisis Counselor and invited to share a bit more. The Crisis Counselor is a trained volunteer, not a professional. They can provide support, but not medical advice. It usually takes less than five minutes to connect you with a Crisis Counselor. It may take longer during high traffic times. When you're reached a Crisis Counselor, they'll introduce themselves, reflect on what you've said, and invite you to share all of your own story. You'll then text back and forth with the Crisis Counselor. You never have to share anything you don't want to. The Crisis Counselor will help you work through your feelings by asking questions, understanding, and actively listening. The conversation typically ends when you and the Crisis Counselor both feel comfortable deciding that you're no longer in a crisis-safe place. After the conversation, you'll receive an optional survey about your experience. This helps us help you and others like you! The goal of any conversation is to get you to a safer, safer place. Sometimes that means providing you with a referral to further help, and sometimes it just means being there and listening. A conversation usually lasts anywhere from 3-45 minutes.

WHO ARE THE CRISIS COUNSELORS?

Our Crisis Counselors bring honoree’ "from the heart moment to a cool calm" using techniques in empathetic listening, their own background support and trust, explored the issues, and established the texter's goal, they collaboratively problem solve to help the texter come up with a plan to stay safe.

WHO ARE THE CRISIS COUNSELORS?

Our Crisis Counselors are dedicated, trained, supervised volunteers from around the United States. After a rigorous multi-step application process, background check, and training program, each counselor is trained and supervised throughout the program by crisis intervention experts. All counselors have a degree in a relevant field, or communicate crisis intervention experience. Over the Crisis Counselor.

FAQ

FAQs are located here.

CAREER BUZZ

Please find the latest issue of CAREER BUZZ HERE
TAX APPOINTMENTS

Tax appointments are currently being placed on the waiting list. The first day to file your return is February 12th.

Please send your:
1. Full Name
2. Phone contact
3. Email contact

To:
1. Hattie.elmore@kbcc.cuny.edu
2. Ashanti.thompson1@kbcc.cuny.edu
VIRTUAL OFFICE HOURS WITH NURSE DOTTIE

You and your students are invited to zoom in weekly to chat with Nurse Dottie and ask any questions you have. Please see the dates and Zoom information below.

Topic: Virtual office hours with Nurse Dottie
Time: Thursdays 10AM-12PM

May 6, 2021 10:00 AM
May 13, 2021 10:00 AM
May 20, 2021 10:00 AM
May 27, 2021 10:00 AM
Jun 3, 2021 10:00 AM
Jun 10, 2021 10:00 AM

Join Zoom Meeting
https://us02web.zoom.us/j/88176852727?pwd=MWVTRjNDcTVhSWxkK3Nvb0lDektHdz09

Meeting ID: 881 7685 2727
Passcode: 684605
One tap mobile
+16465588656,,88176852727# US (New York)
+13126266799,,88176852727# US (Chicago)
STUDENT WELLNESS CHECK-INS

Student Wellness Check-In:
The Counseling Center hosts wellness virtual check-ins to help students faster connect to support and resources. No appointment necessary for a check-in session.

Monday: 10:30-11:30am and 3-4pm
Tuesday: 4-5pm
Wednesday: 4-5pm
Thursday: 2-3pm
Friday: 1-2pm

- Learn about the benefits of counseling
- Make an appointment to speak with a mental health counselor
- Take brief mental health screening: https://screening.mentalhealthscreening.org/kbcc
- Connect with campus resources

Register in advance for this meeting:
https://zoom.us/j/91901374136?pwd=OFZGQ3ROVnlaY1htUljTeVkJzSTY4dz09

After registering, you will receive a confirmation email containing information about joining the meeting
EVENTS

THURSDAY– MAY 5TH

THE LOCKER ROOM – 2pm

The Locker Room: Masculinity in Gaming & Media Support Space
Come join the Men’s Resource Center in a weekly support space to discuss masculinity and male gender identity in gaming and media. Facilitated by Gerald Maitre, MSW and Neel Sawhney students will engage in open discussions about what it means to be a man in a world of mixed messages. The space will be held via Zoom on Thursdays from 2:00pm – 3:00pm. To access the space please use the following link: http://bit.ly/MascGame

MONDAY– MAY 10TH

DROP-IN WITH THE DEAN – 3pm

Stop by and chat with Dean Brian R. Mitra, ask questions or just drop-in to say hello! I will be hosting these weekly, look forward to seeing you!

CLICK HERE to drop in!
MRC DISCORD SERVER HANGOUT – 4pm

Join the MRC every Monday at 4:00 pm to meet for folx, hangout, chat, play games, swap stories & memes and plan events together like game and movie nights.

MRC Discord Link: discord.gg/9qWnt8KyF5

WEEKLY STUDENT WELLNESS SESSIONS

NEW - ESL Conversation & Support Group Mondays at 4 p.m.
Gather in a safe and supportive environment and connect with fellow students. Realize that you are not alone in feelings of isolation, stress, and anxiety. Learn concrete coping skills to deal with stress and anxiety.

Casual Chat offered weekly on Tuesday @ 1 p.m.
Join us for an open discussion about anything that is important to you. There is no agenda to this group. If you are in between classes or just need a break, stop by and free your mind.

Self-Care Lunch Hour, offered weekly on Thursdays @ 12 p.m.
During these uncertain times, it is essential to carve out time to feed our mind, body and spirit. Let’s sit and share nourishing tips and thoughts to help build a well-balanced emotional Self. Bring your lunch!
Student of Color Support Group on Thursday 3/11 & 3/25/2021 @ 4 p.m.
Safe space for students of color to have open discussions about issues that are most important to you. This is judgement free zone so you can feel free to express yourselves as you wish.

New! Current Happenings: Discussing the Difficulties of COVID Vaccination, Fridays, 10:15-11am
Kingsborough Community College students are invited to a weekly discussion space to express feelings, thoughts, and reactions to current goings-on in our community and world. The meetings, hosted by the Men's Resource Center and the Wellness Center, offer a space to share on the ongoing COVID vaccination rollout and vaccination concerns.
To access the space, please use the following link: http://bit.ly/3oWUuO2.

To participate in these sessions:

- RSVP to Counselingandhealth.Services@kbcc.cuny.edu from your KCC email.
- Please include your CUNY Empil ID#. We will send you Zoom link with meeting ID and password.
- Sign-in with your KBCC email and join the meeting.
- Enter the meeting ID and password that was sent to you by Counselingandhealth.services@kbcc.cuny.edu. You will use this info for each bi-weekly session.