

FALL 2020 STUDENT AFFAIRS RESOURCES

OFFICE OF STUDENT AFFAIRS

The Office of Student Affairs is here to support you while you continue your educational journey via distance learning. Below you will find how our Student Affairs areas will continue to support our students through remote platforms and virtually.

If you are experiencing a Financial Emergency, KBCC has student emergency funds that provides financial assistance to KCC students who are currently enrolled, are in good academic standing and are facing short-term, non-recurring financial emergencies.

Kingsborough Community College Scholarship Grants:

Once a student has established a GPA of 2.0 or better, they may apply for scholarship assistance, which can be used towards tuition, textbooks, transportation and other expenses related to their college attendance. A student must have remaining financial need in order to obtain a KCC grant.

To find out more about eligibility, please visit our SCHOLARSHIP PAGE to access the application. Application and documentation must be sent to scholarships.kcc@kbcc.cuny.edu If you have any questions or concerns, please email student.affairs@kbcc.cuny.edu

If you have any questions or concerns, please email student.affairs@kbcc.cuny.edu

ACCESS-ABILITY SERVICES

Access-Ability Services (AAS) will continue to ensure that KCC students with disabilities are provided with accommodations, supportive counseling, and academic advisement. If you wish to register with AAS, you may do so from home; please contact our office and we will walk you through the process. You may call 718-368-5175 or email ass@kbcc.cuny.edu for more information.

ENTER ACCESS-ABILITY SERVICES WEBSITE

ACCESS RESOURCE CENTER

Access Resource Center is a one stop student service center. ARC is dedicated to supporting our students outside of the classroom. By providing government entitlements, food assistance and other resources ARC assist students while navigating through their college and personal life ARC is here for you!

Tel: 718-368-5411/6713

Website:www.kingsborough.edu/arc/

Intake form: www.kingsborough.edu/arc/intake.html

COMPLETE AN ARC INTAKE FORM HERE

ENTER ARC WEBSITE

ATHLETICS

The fall 2020 athletic season has been moved to the spring 21 semester by both the CUNY Athletic Conference and NJCAA. New and continuing Student-athletes can continue to work with their coaches and respective teams in a virtual environment. Athletic department is available for any questions or concerns they may have.

Athletics continues to:

- Provide support for all student-athletes as they transition to online class (serve as point system for our 300 plus student athletes.
- Telecommunicate with athletes to ensure they are fulfilling academic requirements
- Service recruits, new and continuing students via telecommunication and online services.

For questions please email Damani Thomas, Athletic Director – damani.thomas@kbcc.cuny.edu

ENTER ATHLETICS WEBSITE

CHILD DEVELOPMENT CENTER

The Child Development Center is operating on a limited basis. For more information, please call 718.368.5868.

ENTER CHILD DEVELOPMENT CENTER WEBSITE

COLLEGE DISCOVERY

The College Discovery (CD) Program will work remotely during Fall 2020. The CD academic advisement, tutoring and recruitment/transfer services will be conducted online, through

telephone, and through different virtual platforms (Zoom, blackboard, etc). Students will have the opportunity to schedule appointments via remind.com or use their KBCC email to reach out to their CD counselors, tutors and staff. CD staff will send weekly reminders to students offering their services and support. Continuing and incoming freshmen students will receive virtual notices inviting them to participate in CD Fall 2020 workshops, CD Fall Assembly, clubs and activities. CD will check phone messages daily to answer students' questions. College Discovery will continue to service their students via remote access. For more information, please call 718.368.5520 or email us at: College.discovery@kbcc.cuny.edu

ENTER COLLEGE DISCOVERY PROGRAM WEBSITE

COMMUNITY STANDARDS/ JUDICIAL AFFAIRS

The Office of Community Standards/Judicial Affairs is currently operating remotely due to COVID-19 and the College's transition to remote learning. We are still available to assist with your student conduct needs.

All conduct meetings, including disciplinary probation meetings are still required and will be held via a virtual platform. You will be contacted with the information required. Please note that all conduct meetings **are expected to be confidential**. It is recommended that you use headphones with a microphone, in a private setting when having a meeting. If you are unable to do so, please let the administrator know immediately.

To report Academic Integrity incidents, please utilize the reporting form provided on the Student Conduct page. Please send an email to studentconduct@kbcc.cuny.edu and attach the form.

We are committed to providing our services during these unprecedented times and encourage you to contact us by email - studentconduct@kbcc.cuny.edu if you have any questions or concerns.

ENTER COMMUNITY STANDARDS WEBSITE

COUNSELING CENTER

Free Fall Support Sessions for ALL Kingsborough Students.

These free sessions will provide a safe, supportive, and nonjudgmental space for all students. During these sessions, students can share their experiences of ongoing changes and adjustments to fast pace and uncertainty. They will have a chance to learn from each other and counselors how to reduce distress, adjust to discomfort, gain emotional control and learn practical coping skills. These sessions will help them address stress and anxiety in more adaptive ways.

Black Mental Health Matters, Thursdays@3pm starting October 2

As a Black student do you...

- ...have difficulties sitting with and expressing your thoughts and feelings about racism?
- ·feel as if you or others do not understand your unique experience? experience direct or indirect racism, discrimination, or microaggressions?
- · ...feel confused about how to advocate for the community while protecting your health?
- ... ever wish you had a supportive, safe place to explore any of the aforementioned?

If so, then these support sessions are for you!

Casual Chat at Noon, Wednesdays@12pm, starting September 23

All are welcome to join a group for casual conversation at noon. Drop by, bring your food, chat with fellow students and disconnect from stress and pressure.

Self-Care Lunch Hour, Thursdays@12pm, starting September 24

During these uncertain times, it is essential to carve out time to feed our mind, body and spirit. Let's sit and share nourishing tips and thoughts to help build a well-balanced emotional Self. Bring your lunch!

New Normal – Stress Management Revisited, Wednesdays@3 pm, starts September 23.

- · ... does the new normal feel normal?
- · ... are you feeling stressed out and more overwhelmed more than you ever did?
- · ... are you wondering if you are the only one feeling that way?
- · ... do you work harder and feel less satisfied?

Connect and chat with fellow students. Share what stress busters work for you and learn from other students. Gain practical skills and tools to ease your stress and make your overall experience more enjoyable.

Sessions for current or former ESL students only:

ESL Conversation and Support Session, Mondays@3pm, starting September 21 Gather in a safe and supportive environment and connect with fellow students. Realize that you are not alone in feelings of isolation, stress, and anxiety. Learn concrete coping skills to deal with stress and anxiety. To attend, call 718-368-5975 or email counselingandhealthservices@kbcc.cuny.edu from your KCC email.

Wellness Wednesday@1 pm, starting September 30 HEALTH CENTER & STUDENT WELLNESS invite you to ZOOM in from the comfort of your home to chat about:

- How to protect yourself from COVID-19
- What to do if you are sick
- Practicing save sex
- Face masks and coverings/ Confirm facts and identify myths
- Tips and strategies to keep yourself well and focused on your classes

• Self-care: what can you do while learning/working from home

..... and much more.

Ask questions, share your experiences and receive accurate information and helpful resources.

Disclaimer: These Zoom sessions are not individual counseling sessions. If you would like to schedule individual sessions with one of our counselors call us at 718-368-5975 or email us at Counselingandhealth.Services@kbcc.cuny.edu.

To participate in these sessions:

- 1. Send email to <u>Counselingandhealth.Services@kbcc.cuny.edu</u> from your KCC email. Please indicate which session(s) you want to sign up for.
- 2. Please include your CUNY Empil ID#. We will send you the Zoom link with the meeting id and password.
- 3. Sign in with your KBCC email and join the meeting.
- 4. Enter the meeting ID and password that was sent to you by <u>Counselingandhealth.services@kbcc.cuny.edu</u>. You will use this info for each weekly session.

Click on the link below to take brief mental health screenings: https://screening.mentalhealthscreening.org/kbcc

To de-stress, re-center and re-charge click on the link below: https://tinyurl.com/CUNY10MM

To learn more please visit Counseling and Health Services webpage: https://www.kbcc.cuny.edu/counselingservices/distancecounseling.html

For immediate individual mental health assistance please call:

Confidential 24/7 Mental Health Helplines:

- COVID-19 Emotional Support Helpline 1-844-863-9314
- NYC Well 1-888-NYC-WELL or Text WELL to 65173
- National Suicide Prevention Lifeline (Suicide Prevention) 1-800-273-8255
- <u>Trevor Lifeline</u> (LGBTQIA suicide prevention) 1-866-488-7386 or Text START to 678678
- <u>LifeNet</u> Crisis Helpline 1-800-543-3638
- Safe Horizon Helpline (domestic violence resource) 1-800-621-4673
- National Domestic Violence Helpline 1-800-799-7233
- SAMHSA Helpline (Substance Abuse/Mental Health) 1-800-662-4357

ENTER COUNSELING CENTER WEBSITE

CUNY EDGE

At CUNY EDGE we support students who are recipients of Public Assistance. These are students receiving Food Stamps, Medicaid, and Cash Assistance.

Here at CUNY EDGE our mission is to encourage our students to achieve academic excellence, graduate on time, and find employment.

Office Hours: Monday to Friday 9am - 5pm via phone, email, and Webex

CUNY EDGE will continue to meet with their students remotely. Please contact your advisor to make an appoint, for more information call 718.368.4660 or CUNYEDGE.KCC@kbcc.cuny.edu

ENTER CUNY EDGE WEBSITE

FOOD PANTRY

FOOD PANTRY -Non- perishable pantry bags will be available via Public Safety at the Front Gate. Monday - Friday 9am - 4pm as long as bags are available. For any questions please contact the Access Resource Center at: arc.kcc@kbcc.cuny.edu or call 718-368-6713

HEALTH CENTER

The Health Center will be open on Tuesday & Thursday from 9am-5pm. To submit paperwork, including MMR, fax documents to 718-368-5024 or email Dorothy.gale@kbcc.cuny.edu

MEN'S RESOURCE CENTER

The Men's Resource Center offers supportive services to the students of Kingsborough Community College. Our staff serves as a resource for questions or concerns you may have even when we are not on campus. If you have any questions please feel free to call us at (718) 368-5864 or email our staff at:

Dr. Michael Rodriguez Michael.rodriguez@kbcc.cuny.edu

Mr. Levy Moore Levy.moore@kbcc.cuny.edu

Mr. Kaiqwon King Kaiqwon.king14@kbcc.cuny.edu

Mr. Eddy Roland Eddy.roland@kbcc.cuny.edu

The Men's Resource Center meets weekly every Wednesdays at 1:00 p.m. via Zoom. These sessions will be a mix of our ongoing workshops such as:

- The Black Experience (facilitated by Mr. Levy Moore)
- Back to Basics (facilitated by Mr. Kaiqwon King)
- Woosah Wednesdays (facilitated by Mr. Eddy Roland)
- Be the Leader (facilitated by Dr. Michael Rodriguez)

It is a time to reconnect, hang out, and simply vibe with others students and staff.

During the Summer Session the Men's Resource Center host its annual **MRC Summer Institute**. This event is two weeks of daily dynamic, engaging and impactful workshops designed to help participants discover their authentic selves and enhance critical thinking. If you are interested in attending email Dr. Michael Rodriguez for details.

ENTER MEN'S RESOURCE CENTER WEBSITE

MILITARY & VETERAN AFFAIRS

MAVA will continue to support Active Military, Reservists, Veterans and their Dependents, Spouses and Survivors via email, telephone, and Virtual workshops and Virtual Veterans lounge. For general questions, email MAVA.KCC@kbcc.cuny.edu or call 718-368-5472. Documents for VA education benefits certification can be emailed to us at Tara.Yarczower@kbcc.cuny.edu. Academic Advisors can be reached at Nicole.Pagano@kbcc.cuny.edu or Tinesi.Philogene@kbcc.cuny.edu

ENTER MILITARY & VETERANS AFFAIRS WEBSITE

NEW AMERICAN CENTER

NAC will continue to service students through email and phone. NAC will continue to process student's paperwork and work with students remotely. Please contact the office for any questions you may have. Student can email: erick.myssura@kbcc.cuny.edu or juliana.edwards@kbcc.cuny.edu

ENTER NEW AMERIAN CENTER WEBSITE

STUDENT LIFE

The Office of Student Life will continue to enhance your academic experience at KCC while functioning virtually and will also work to assist students with finding ways to engage with their peers while not on campus. Check out our social media for information about engagement opportunities. Also make sure to check your student emails often so you always know what is

being offered to you. If there is something you're looking for that you haven't found, reach out and let us know! We will do our best to accommodate your requests. The Student Life team continues to work remotely and we are still accessible to you by phone 718-368-5597, Monday-Friday, 9am-5pm and via email any time at studentlife@kbcc.cuny.edu.

Check out our social media pages for the most up-to-date information: www.facebook.com/KCCOfficeofStudentLife or IG: @KCCStudentLife.

ENTER STUDENT LIFE WEBSITE

STUDENT PUBLICATIONS

The Office of Student Publications is dedicated to providing opportunities for student expression through journalism, photography, creative writing and visual arts, and comics. The Office of Student Publications welcomes all students, regardless of experience, to join in the creation of student publications - **Scepter**, the KCC student newspaper, **Antheon**, the journal of visual and literary art, **Odyssey**, the KCC yearbook, and **Orenda**, the KCC Comic Book Club. All of these publications are operated for students and by students. A team of advisors are available to mentor and support students.

Through these opportunities, the Office of Student Publications is dedicated to:

- -Providing all students with the opportunity to develop and improve their work
 -Enable students to develop their leadership capabilities by serving on the officer team
 for these publications
- -Maximizing these opportunities for publication and leadership to build on their experiences to facilitate transfer and internships.

Sign up to join any of our Student Publications! **CLICK HERE**

Questions can be directed to helen.nasser@kbcc.cuny.edu or Robert.wong@kbcc.cuny.edu

ENTER STUDENT PUBLICATIONS WEBSITE

STUDENT UNION & INTERCULTURAL CENTER

The SU&IC will be a support to students during this time as we experience distance learning. The SU&IC offer co-curricular programming and academic enrichment in digital and virtual platforms. Be on the lookout for events regarding the KCC Votes initiative, KCC Sense, Interfaith meet and greets, and Encounters speakers series. Questions and concerns can be directed to helen.nasser@kbcc.cuny.edu

ENTER STUDENT UNION & INTERCULTURAL CENTER

TRIO STUDENT SUPPORT SERVICES

TRiO promotes persistence leading to a high graduation rate among TRiO students. We address obstacles to progression and ensure that higher education is purposeful and goal directed. For inquiries, please contact TRiO's director for all inquiries and concerns at 718.368.5280 or email faith.fogelman@kbcc.cuny.edu

ENTER TRIO WEBSITE

WELLNESS CENTER

The Wellness Center will be operating remotely with virtual sessions. For more information, please call 718-368-4909 | counselingandhealthservices@kbcc.cuny.edu

ENTER WELLNESS CENTER WEBSITE

WOMEN'S CENTER

You can speak to a counselor in the Women's Center remotely Monday - Thursday between the hours of 9am-5pm.

To reach a counselor in the Women's Center, call 718-368-4700

ENTER WOMEN'S CENTER WEBSITE

Updated 9/14/20