Occupational Safety & Health Administration (OSHA)

OSHA recommends Outreach Training Programs as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1910.

**CTF 110**  
**OSHA 10-Hour**  
**General Industry**  **NEW!**  
Fri 3-8pm  
Feb 16 & 23

This training can help better health and safety initiatives in the manufacturing, healthcare, warehouse, distribution, retail, and other general industries. Developed using regulatory standards as a guide. It is packed with modules that highlight how to recognize and reduce the risks associated with general industry operations.

**CTF 111**  
**OSHA 10-Hour**  
**Construction**  **NEW!**  
Fri 3-8pm  
Mar 2 & 9 OR  
Sun 10am-3pm  
Mar 18 & 25

This course is designed for construction, building development, repairs/alterations and other fields. That's why we've built our comprehensive course for safety directors, safety specialists, construction foremen, engineers, project managers, field supervisors and more.

**CTF 112**  
**OSHA 30-Hour**  
**General Industry**  **NEW!**  
TueWedThurFri 1-9pm  
Feb 20-23

This OSHA course has more specific orientation to occupational safety and health for workers and supervisors who are covered by OSHA 29 CFR 1910.

**CTF 113**  
**OSHA 30-Hour**  
**Construction**  **NEW!**  
MonTueWedThur 1-9pm  
Mar 5-8

Construction industry workers and supervisory, oversight and safety responsibilities can’t afford to be caught off-guard especially when more lives are at stake.

All course titles with a (T) require a textbook.