#### **COURSE SYLLABUS**

#### 1. Department, Course Number, and Title

Behavioral Sciences and Human Services Department

PSY 32 – Human Growth and Development

# 2. Group and Area

Group IV – Behavioral Sciences

# 3. Transferability of the Course

This course will transfer to the other colleges within the City University of New York as follows:

Baruch College – PSY 3059: Developmental Psychology in Childhood and Adolescence

Borough of Manhattan Community College – PSY 240: Developmental Psychology

Bronx Community College – PSY E2144: Psychology 200 Level Elective

Brooklyn College – PSY 20: Introductory Child Psychology

City College – Psychology Major Elective **OR** General Elective Credit

College of Staten Island – PSY 242: Developmental Psychology **OR** EDC 215:

Psychological Foundations of Early Childhood Education **OR** EDC 216: Social Foundations of Early Childhood Education

Hunter College – PSY 150: Human Development

John Jay College of Criminal Justice – PSY 231: Child Psychology

LaGuardia Community College – SSY 240: Developmental Psychology I

Lehman College – HIN 268: Growth and Development

Medgar Evers College – Psychology Major Elective **OR** General Elective Credit

New York City College of Technology – PS 301: Child Psychology

Queens College – PSY 214: Developmental Psychology: Infancy and Childhood

Queensborough Community College – SS 520: Human Growth and Development

**OR** SS 540: Social Psychology

York College – PSY 215: Human Development I: Infancy/Childhood

#### 4. Bulletin Description of Course

Human development from infancy through childhood, adolescence, and adulthood is discussed. Topics include intellectual growth, personal and social adjustment, the relationship between physical and mental development, and typical problems I various stages of the life cycle.

# 5. <u>Number of Weekly Class Hours</u>

Three

# 6. Number of Credits

Three

# 7. Course Prerequisites or Corequisites

Prerequisite – PSY 11 (General Psychology)

# 8. Brief Rationale for Course

PSY 32 is an advanced course designed for the student in the fields of Mental Health, Community Health, Education, Nursing, and Physician Assistants to widen his or her understanding of the development and characteristics of human nature and, as a result, to enhance his or her professional interpersonal relationship skills.

#### 9. Necessitated Course Withdrawals

N/A

# 10. <u>CPI Requirement Met</u>

One CPI unit in Social Science or as an Elective

#### 11. Field Work Component, Internship, or Independent Study

N/A

#### 12. Proposed Textbook(s) and/or Other Required Instructional Materials

Berger, K. S. (2004). *The Developing Person Through the Life Span* (6<sup>th</sup> edition). New York: Worth.

## 13. Required Course for Majors and/or Area of Concentration

This course is required for all students in the following programs:

- A.S. in Biology, Physician's Assistant Concentration
- A.S. in Education Studies
- A.S. in Mental Health/Human Services
- A.S. in Mental Health/Human Services, Substance Abuse Counseling Concentration

A.S. in Community Health, Holistic Concentration

A.A.S. in Early Childhood Education/Child Care

A.A.S. in Education Associate

A.A.S. in Nursing

For all other students, the course is considered a General Elective.

### 14. If Open Only to Selected Students

This course is open to all students.

# 15. What Students Will Know and Be Able to Do Upon Completion

#### Pathways Outcomes:

- Gather, interpret, and assess information from a variety of sources and points of view.
- Evaluate evidence and arguments critically or analytically.
- Produce well-reasoned written or oral arguments using evidence to support conclusions.
- Identify and apply the fundamental concepts and methods of a discipline
  or interdisciplinary field exploring the relationship between the individual
  and society, including, but not limited to, anthropology, communications,
  cultural studies, history, journalism, philosophy, political science,
  psychology, public affairs, religion, and sociology.
- Examine how an individual's place in society affects experiences, values, or choices.
- Articulate and assess ethical views and their underlying premises.

Additional Learning Outcomes expected of students who successfully complete PSY 32:

Understand the relationships between the biosocial, cognitive, and psychosocial domains of human development through the life span;

Be aware that the study of human development relies upon the use of the scientific method;

Have a basic understanding of the major developmental theories (noting the differences between grand, mini, and emergent theories) and how each contributes to an understanding of human development and behavior through the life span;

Have an appreciation of the contributions made by and criticisms of the major developmental theories;

Be able to understand the distinctions between maturation and learning;

Be able to appreciate the variety of interactive force that influence development and behavior through the life span; and

Be familiar with the nature versus nurture controversy in the study and explanation of human development, with an understanding of the position of evolutionary psychologists regarding the acquisition of physical and psychological abilities and characteristics.

## 16. Methods of Teaching

The course will be taught through lectures, class discussions, class demonstrations, and videotapes.

# 17. <u>Assignments to Students</u>

Students will have specific readings from the textbook and other sources assigned as a preparation for each class. Several journal and newspaper articles that will extend the breadth of study of specific topics covered by the course will be assigned for reading throughout the semester. A major paper, optional and to be used to replace the student's lowest test grade for the semester, will be assigned on a specific topic that will combine research and a biographical account of one or several issues in developmental psychology.

#### 18. Method of Evaluating Learning

Student learning will be evaluated on a regular basis throughout the semester through the following measures to encourage students to maintain steady progress in the course: Class participation; attendance and lateness record, quizzes and exams, assigned activities (such as problem-based learning assignments, observations, etc.), essays, reaction papers, and term papers. The implementation and combination of these evaluative measures will vary across semester and section.

# 19. <u>Topical Course Outline (regarding reading topics covered, learning activities, and assignments)</u>

Session #1 Introduction

The History of Child Study

Session #2 Five Characteristics of Life Span Study Read Chapter 1, pages 3 to 18 Session #3 The Scientific Method

Research Design

Read Chapter 1, pages 18 to 27

Session #4 Theories of Development

Read Chapter 2, pages 33 to 42

Session #5 Theories of Development (continued)

Read Chapter 2, pages 43 to 54

Session #6 Announced Quiz (Chapters 1 and 2)

Session #7 Biosocial Development: The First Two Years

Early Brain Development The Senses and Motor Skills

Read Chapter 5, pages 125 to 136

Video: Baby Body Sense

Session #8 Cognitive Development: The First Two Years

Sensorimotor Intelligence Information Processing

Read Chapter 6, pages 147 to 158

Session #9 Cognitive Development: The First Two Years (continued)

Language Development

Read Chapter 6, pages 158 to 167

Video: The Magic Years

Session #10 Psychosocial Development: The First Two Years

Theories of Early Psychosocial Development

**Emotional Development** 

The Development of Social Bonds

Read Chapter 7, pages 171 to 189

Video: Talkin' Babies

Session #11 Biosocial Development: The Play Years

Brain Development

Motor Skills

Read Chapter 8, pages 199 to 204

Session #12 Cognitive Development: The Play Years

Children's Thinking: Piaget and Vygotsky Read Chapter 9, pages 217 to 225 Video: A Change of Mind

Session #13 Cognitive Development: The Play Years (continued)

Language

Read Chapter 9, pages 225 to 230

Psychosocial Development: The Play Years

**Emotional Development** 

Read Chapter 10, pages 237 to 245

Session #14 Psychosocial Development: The Play Years (continued)

Parenting Patterns Gender Differences

Read Chapter 10, pages 246 to 259

Video: Bringing Up Monkey

Session #15 Test #1 (Chapters 5, 6, 7, 8, 9 and 10)

Session #16 Biosocial Development: The School Years

Brain Development

Intelligence

Children with Special Needs

Read Chapter 11, pages 271 to 284

Session #17 Cognitive Development: The School Years

Logic

Moral Development

Read Chapter 12, pages 289 to 295

Session #18 Cognitive Development: The School Years (continued)

**Information Processing** 

Language

Read Chapter 12, pages 296 to 301

Session #19 Psychosocial Development: The School Years

**Emotional Development** 

The Peer Group

**Families** 

Read Chapter 13, pages 313 to 330

Session #20 Biosocial Development: Adolescence

**Puberty** 

Read Chapter 14, pages 341 to 355

Session #21 Cognitive Development: Adolescence

Intellectual Advances Decision Making Read Chapter 15, pages 363 to 376

Session #22 Psychosocial Development: Adolescence

The Self and Identity

Read Chapter 16, pages 385 to 391

Session #23 Psychosocial Development: Adolescence (continued)

Sadness and Anger Family and Friends

Read Chapter 16, pages 391 to 403

Session #24 Test #2 (Chapters 11, 12, 13, 14, 15 and 16)

Session #25 Biosocial Development: Early Adulthood

Senescence Violence

Read Chapter 17, pages 413 to 422 and

pages 431 to 432

Session #26 Cognitive Development: Early Adulthood

Postformal Thought

Read Chapter 18, pages 435 to 445

Session #27 Cognitive Development: Early Adulthood (continued)

Adult Moral Reasoning

Read Chapter 18, pages 445 to 456

Psychosocial Development: Early Adulthood

Theories of Adulthood

Read Chapter 19, pages 459 to 464

Session #28 Psychosocial Development: Early Adulthood (continued)

Intimacy Generativity

Read Chapter 19, pages 464 to 485

Session #29 Biosocial Development: Middle Adulthood

Primary and Secondary Aging

**Health Habits** 

Read Chapter 20, pages 491 to 498 and

pages 502 to 508

Sessions #30 Cognitive Development: Middle Adulthood

Intelligence

Read Chapter 21, pages 519 to 540

Session #31 Psychosocial Development: Middle Adulthood

Personality

Family Relationships

Work

Read Chapter 22, pages 543 to 569

Session #32 Test #3 (Chapters 17, 18, 19, 20, 21 and 22)

Session #33 Biosocial Development: Late Adulthood

Ageism

Theories of Aging

Long Lives

Read Chapter 23, pages 575 to 582, pages

593 to 594 and pages 600 to 602

Session #34 Cognitive Development: Late Adulthood

Changes in Information Processing Reasons for Age-Related Changes

Dementia

Read Chapter 24, pages 605 to 622

Video: Alzheimer's Disease

Session #35 Psychosocial Development: Late Adulthood

Theories of Late Adulthood

The Social Convoy The Frail Elderly

Read Chapter 25, pages 633 to 639 and

pages 649 to 658

Session #36 Review for Final Exam

#### 20. Selected Bibliography and Source Materials

Berger, K. S. (2004). *The Developing Person Through the Life Span* (6<sup>th</sup> edition). New York: Worth.

Bowlby, J. (1969). Attachment and Loss, Vol. I: Attachment. New York: Basic.

Boyd, D. & Bee, H. (2006). *Lifespan Development* (4<sup>th</sup> edition). Boston: Allyn & Bacon.

Broderick, P. C. & Blewitt, P. (2006). *The Life Span: Human Development for Helping Professionals*. Upper Saddle River, New Jersey: Pearson Merrill Prentice Hall.

Crain, W. (2004). *Theories of Development* (5<sup>th</sup> edition). Englewood Cliffs, NJ: Prentice Hall.

Dacey, J. S. & Travers, J. F. (2006). *Human Development Across the Lifespan* (6<sup>th</sup> edition). New York: McGraw Hill.

Erikson, E. (1968). Identity: Youth and Crisis. New York: Norton.

Feldman, R.S. (2006). *Development Across the Life Span* (4<sup>th</sup> edition). Upper Saddle River, NJ: Pearson Prentice Hall.

Kessen, W. (1965). The Child. Hoboken, NJ: Wiley.

Miller, P.H. (2002). *Theories of Developmental Psychology* (4<sup>th</sup> edition). New York: Worth.

Piaget, J. (1963). The Origins of Intelligence in Children. New York: Norton.

Santrock, J. W. (2006). *Life-Span Development* (10<sup>th</sup> edition). New York: McGraw Hill.