

DIVISION OF WORKFORCE DEVELOPMENT AND CONTINUING EDUCATION

WINTER 2023 CATALOG



REGISTRATION ONGOING CLASSES BEGIN – JANUARY 9TH, 2023



Check Out Our Website









VIRTUAL OPEN HOUSE Tuesday, November 22nd Tuesday, December 20th See Page 2 for more details.





We speak français, español, 中文, русский, and العربية To participate in these courses you must have reliable internet and computer access.









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Refund Policy on ALL courses- HYBRID/ONLINE/ON CAMPUS

Course fees are non-refundable if you do not attend the class/exam.

The college reserves the right to cancel courses due to insufficient enrollment.

\$25 Registration is non-refundable, no exceptions.

No refund will be considered after 2nd week of classes.

Transfer policy: No transfers after the second class session.

Refund Policy: Refund requests must be in writing and emailed to: Continuing Education (conted@kbcc.cuny.edu).

For courses under \$299:

100% for courses canceled by the college; this includes the return of the \$25 registration fee.

100% with written request received 3 business days prior to the first class (minus \$30 cancellation fee)

50% with written request received prior to the second week of classes (minus \$30 cancellation fee)

For courses \$299 and above:

100% for courses canceled by the college; this includes the return of the \$25 registration fee.
100% with written request received 3 business days prior to first class (minus \$30 cancellation fee)
75% with written request prior to completion of 10% of class hours (minus \$30 cancellation fee)
50% with written request received prior to the second week of classes (minus \$30 cancellation fee)



VIRTUAL OPEN HOUSE EVENTS



Whether you are seeking a job or a promotion, starting a new business or simply trying to stay ahead of the curve, Kingsborough's Workforce Development & Continuing Education has the courses, programs and trainings for you!

SAVE THE DATE FOR SPRING OPEN HOUSE FEBRUARY 28TH, 2023



EARLY BIRD DISCOUNTED COURSES



Register on or before December 16th for any of the following courses and receive \$25 off by entering discount code EARLYBIRD at check out when registering online.

Call the Registration Hotline at 718-368-5050 and mention "EARLY BIRD" to receive course discount.

This offer is only valid for courses listed below:

ESL00: English as a Second Language

Part-time \$350 (All Sections)

ESL70: Comprehensive English as a Second Language

Full Time \$975

RTP99: Preparation for TOEFL \$400

HSE70: Comprehensive High School Equivalency Prep \$470

HSEOOS: GED Prep (in ENGLISH) \$225 (All sections)

HSE00E: Diploma De Escuela Secundaria En Espanol \$225

RTP01: SAT (P/SAT) Preparation \$300

CTF15/16: Veterinary Assistant Intensive

(Vet Asst I & II) \$900

CTF05: Practical Paralegal I \$475

CTF06: Practical Paralegal II \$425

CTF50: Accounting Fundamentals \$395

CTF52: Tax Preparer \$425

CTF51: Quickbooks \$ 395

VIN71: Property & Casualty Insurance \$800

VIN72: Life, Accident & Health Insurance \$350

CTF48: Business Writing and Grammar \$200

CTF47: Business Computing \$400

VTT23: OSHA 30 Hour Construction \$300

VTT26: 32 HR Site Safety Training Supervisor \$300

RCL 60: UX Fundamentals \$1040

CTF 131: Cyber Security \$1400

CTF20: Anatomy & Physiology \$450

CTF26/27: Procedures & Coding and Computerized Billing & Clinical Practice \$900

Billing & Cillinear Fractice \$700

CTF27: Computerized Billing & Clinical Practice \$450

CTF37: Certified Home Health Aide Intensive (Hybrid) \$525

CTF41/42: Pharmacy Technician Intensive (Hybrid) \$850

CTF78/79: CNA Intensive (Hybrid) \$950

CTF87/88: Basic Patient Care Skills & Diagnostic Test \$450

CTF89: Electronic Health Records Specialist
Certification \$700

CTF90: EKG/ECG Technician \$450

CTF93: Patient Care Technician Intensive (Hybrid) \$825

CTF98: Central Sterile Technician \$900

CTF109: Medical Billing & Coding Specialist Intensive (CBCS) (Hybrid) \$1,200

CTF183: Central Sterile Technician Externship \$5,500

CTF184: Pharmacy Technician Externship \$300

RTP75: EMT Test Prep & Certification \$995

*NEW COURSES *

Pharmacy Technician Externship

Students enrolled have a unique opportunity to work alongside an interdisciplinary team in a retail pharmacy, learning and practicing hands-on skills in this fast growing field. (70 hours)

See page 12 for more details.

Central Sterile Technician Externship.

This course is entirely a hands-on training and practical experience at an off-site partner facility at which qualifying students can complete their required 400 clinical hours in order to be eligible to register for the CRCST examination.

See page 14 for more details.

Medical Billing and Coding Intensive

Medical Billing and Coding professionals play an essential role in the health care industry. The duties performed include medical insurance billing and coding, completing and submitting medical insurance forms, creating and maintaining medical charts, preparing reports and correspondence, scheduling appointments, and greeting patients.

See page 11 for more details.

Dental Assistant Program

KCC in partnership with CareerStep is offering the Dental Assistant program. Prepare for certification and kickstart a new career with online Dental Assistant training. According to the Bureau of Labor Statistics, the middle 50% of working professionals earn about \$37,630 a year, with annual raises and benefits.

See page 15 for more details.

Physical Therapy Aide Training Program

KCC in partnership with CareerStep is offering the Physical Therapy Aide training program. Physical therapy Aides provide support to physical therapists and their patients. They help patients check in, set up equipment, and often record patient progress. Physical Therapy Aides are some of the most in-demand workers in the growing healthcare industry, with job openings expected to increase 29.2% in the next 10 years.

See page 16 for more details.

Nutrition and Health Bundle

Nutrition has a profound impact not only on our health but also on our overall well-being. However, most people do not understand what foods they should eat, which diets are healthy for them, and where food comes from. This series is designed for healthcare workers, personal trainers, and individuals interested in a deep dive into the impacts of nutrition on our bodies.

See page 16 for more details.

Explore a Career in Healthcare Suite

The healthcare industry is booming. It is currently one of the fastest-growing industries in the United States and is expected to continue growing rapidly in the future. Many of the fastest-growing jobs don't even require you to be in a patient care role. Use this series to explore a career in several more healthcare administrative areas, including jobs as a Medical Coder, Medical Administrative Assistant, and Medical Transcriptionist.

See page 16 for more details.

Cannabis Training

The cannabis industry is creating thousands of exciting career opportunities yet a significant shortage of qualified professionals exists. Now gain the job skills you need to succeed as a dispensary agent.

See page 18 for more details.

Legal Studies with CSL by BARBRI

KCC in partnership with CSL by BARBRI, is providing a menu of offerings in legal studies to include advanced paralegal, employment law, legal secretary and many more. **See page 17 for more details.**

UX Fundamentals Microcredential Program:

<u>Visual Design + Human Centered Design</u>

The UX Design Microcredential is an immersive 10 week program and is a combination of live instruction and asynchronous learning. The course is focused on the fundamentals of Human Centered Design, and Visual Design.

See page 19 for more details.

Cyber Security

Learn Cybersecurity Live & Online! This 2-part class will prepare you to take the CompTIA Security+ and CompTIA CYSA+ exams.

See Page 20 for more details.

Property and Casualty

Beginning with general principles of risk management and insurance, this course will address the approved New York State Department of Insurance curriculum.

See page 21 for more details.

Life, Accident & Health Pre-Licensing

Pre-licensing training for Life, Accident and Health insurance testing prepares students for the state licensing exam through curriculum that meets the 40 hour pre-licensing requirement for New York State.

See page 21 for more details.

Certified Fiber Optics Technician

In one week of intensive training you could hold three Fiber Optic Association Certifications: Certified Fiber Optics Technician (CFOT), Certified Fiber Optics Specialist in Testing (CFOS/T), and Certified Fiber Optics Specialist in Splicing(CFOS/S).

See page 23 for more details.

<u>Currency Trading Foundations</u>

This course provides a foundation in the underlying methodology of trading in global currency markets, including the roles of participants and platforms who influence foreign exchange, cryptocurrency, and high-frequency foreign exchange. The course will examine different trading styles and overview the foundations of market participation.

See page 27 for more details.

Herbalism for Wellness and Longevity

Herbalism is an exciting field of study for those interested in holistic approaches to health and wellness. In this class we'll talk about traditional uses of herbs across different cultures and also what cutting-edge science is discovering about plants every day. We will learn how to make our own remedies such as salves, tinctures, decoctions, and more! **See page 27 for more details.**

TUITION OPTIONS

We strive to provide you with flexible payment plans so that you can focus on your education and career plans. Please call us and we will assist you in making the right choice.

Contact us at 718-368-5050 for more information.

CEWD Scholarship Fund

The CEWD Scholarship is meant for continuing education and workforce development students. We are accepting student applications for those experiencing financial challenges to pay their tuition. Kindly find the application and eligibility requirements here: https://forms.gle/vuv6AS9PrrwAAgWp7

Installment Payments

Students may be eligible for partial payment plans for specific tuition courses that are **\$700** and higher. Students will be charged a \$25 administrative fee for choosing an installment payment option.

Helena Rubinstein Continuing Education Scholarship

The Helena Rubinstein Continuing Education Scholarship Fund for Career Advancement Limited scholarships are available to cover up to 90% of tuition for individuals who seek to advance their careers through education and training, and who do not have access to other sources of funding that can pay for tuition and fees. Scholarship applicants may also be disadvantaged individuals who are unemployed or seeking a career change. For more information, visit:

Career Success Scholarship Application Dates:

Open: October 31, 2022 / Close: December 19th, 2022

Link: https://cunySUD.formstack.com/forms/css_spring_2023

Individual Training Grant (ITG) Vouchers

The Individual Training Grant (ITG) Vouchers is for New York City residents who may be eligible for training vouchers through the local unemployment office, now known as the NYC Division of Small Business Services. The vouchers are known as Individual Training Grants (ITG) and can be obtained by working with a career counselor at one of the Small Business Service's Workforcel Career Centers. For more information, please visit the website: Workforcel Career Centers in NYC.

Corporate Tuition Reimbursement/ Vouchers

The Corporate Tuition Reimbursement/ Vouchers may provide tuition reimbursement to pursue professional development and other certificate training courses. To find out if you qualify for Corporate vouchers or Tuition reimbursement, contact your companies Education or Human Resource department.

AARP WorkSearch Program

The AARP WorkSearch Program offers a career counseling service for New Yorkers 40 years of age and older. For area residents 55 and older, the Senior Community Service Employment Program (SCSEP) could help you find your next career opportunity or access a training program by providing financial support for low-income seniors. For more information, call the AARP office at (212) 423-9922 or visit website: <u>AARP</u> WorkSearch Website

DC 37 Members

Many of the courses in this catalog are reimbursable for NYC employees who are members of District Council 37. The courses you choose can be credit or non-credit courses, as well as courses offered online. For general information, to check eligibility or to request a tuition reimbursement application, please call (212) 815-1663 or visit website: <u>District Council 37, AFSCME, AFL-CIO</u>

1199SEIU Members

If you are currently an 1199SEIU member, you may be eligible to receive tuition reimbursement. To obtain reimbursement for a continuing education course, you must submit a completed application with all supporting documents to the Training and Upgrading Fund within 90 days of completing the course. For questions or an application, call the Tuition Assistance Hotline at (646) 473-9200. You can also email training@1199funds.org.

ACCES-VR Adult Career and Continuing Education Services

This program assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development. For more information, call (718) 816-4800 or visit the website at www.acces.nysed.gov/vr/

Department of Veterans Affairs

All veterans interested in obtaining information from the VA regarding their eligibility for funding need to have a copy of their DD-214 form and Certificate of Eligibility.

For more information, visit the website:

https://www.va.gov/education/eligibility/ to request official notification of education benefits.

Independent Training Accounts- HRA

You may be eligible for the Independent Training Accounts through HRA. Please find your local representative here: https://www1.nyc.gov/site/hra/locations/job-locations.page

NYS & CSEA Partnership for Education and Training

To be eligible, review the website for applications that can be created online https://www.nyscseapartnership.org

SNAP (Supplemental Nutrition Assistance Program)

SNAP (Supplemental Nutrition Assistance Program), please call (718) 368-4870 for eligibility and program requirements.

Tuition Reimbursement

The College will accommodate requests for letters of support for reimbursement.

Government Issued Vouchers

We accept most government issued vouchers. Please call (718) 368-5050 for eligibility and program requirements.

Student Loans

Students may arrange a private loan to help cover educational expenses for certificate programs. The College does not recommend any specific lender or preferred lender arrangement. We recommend thoroughly investigating your loan options before making educational financing decisions.

Tax Deduction of Expenses

An income tax deduction is permitted for expenses of education undertaken to maintain and improve professional skills. Please consult your accountant.

STUDENT SUPPORT SERVICES

We strive to provide you with the support and services you need so you can focus on your education and career plans. Please call us and we will assist you in making the right choice.

Contact us at 718-368-5052 for more information.

CENTER FOR CAREER DEVELOPMENT & EXPERIENTIAL LEARNING



Contact Information Hours: 9:30am-5pm Phone: 718.368.5115 Email:

careerdevelopment@kbcc.cuny.edu

The mission of the Center for Career Development & Experiential Learning at Kingsborough Community College is to provide career services to students and alumni through career exploration, professional resources and programming.

Career Advisors are available to give students individualized assistance to develop career goals, including help with choosing a major, internships, workshops, and job search assistance. The Center offers workshops to students throughout the semester on a variety of career-related topics, including, but not limited to, resume, interview, workplace etiquette and networking.

In addition, the office provides a multitude of programs and events, such as job fairs, oncampus recruitment and information sessions, which allow students to explore various career opportunities.

Stay up to date regarding upcoming workshops and events with our weekly newsletter: http://www.kbcc.cuny.edu/career/documents/C102.pdf

ACCESS RESOURCE CENTER

Kingsborough Community College's Access Resource Center, the nation's first at a community college, is your one-stop place to get connected to government benefits and resources. Whether it's childcare, SNAP, clothing, or transportation, you can get a referral for what's available to you – where you live and when you need it.

Call 718-368-5411 or 6713.

They offer benefit screening, legal consultation, financial consultation and tax preparation too! Additionally, they coordinate:

- Distribution of FREE vegetables grown on campus at the KCC Urban Farm
- Distribution of FREE food staples at the KCC Food Pantry
- Clothing donations
- Assistance with recertification of benefits
- Assistance obtaining other government resources and so much more!

TRAINING AND CAREER GUIDANCE

Unsure about what training or career best matches your skills?
At Kingsborough Community College, you can set your sights on the future you want!



Whether it is becoming a paramedic or UX designer, we have the certificate training programs for anyone who wants to find a new career pathway. With Future InSight, we can help you map out the steps you need to achieve your career goals. You may know exactly which job best matches your skills or maybe you are curious about a certain industry. We can help guide you to where you want to go.

Visit our site by clicking here!

ACCOMMODATIONS & ACCESSIBILITY

Requests for accommodations must be submitted with documentation of disability. Submit requests and documentation in advance of your class start date to ensure that reasonable accommodation requests can be processed in a timely manner. Accommodations may take 3-4 weeks to process.

Please contact Vickie DiMartino at 718-368-5669.

College Administration, in cooperation with NYCT Paratransit, has established 3 specific Access-A-Ride (AAR) stops at Kingsborough Community College. Each of these locations has specific GPS coordinates along with signage to aide in the successful connection of the AAR vehicle/driver and customer.

If you experience any difficulty during the reservation process, please ask to speak with a supervisor. Access-A-Ride 1-877-337-2017 / 718-393-4999

THINGS YOU SHOULD KNOW

Continuing Education courses are designed for adults 18 years of age and older with the exception of the College for Kids Program, College for Teens, and the SAT/ACT Test Preparation. Programs, requirements, tuition fees and classes are subject-to-change without advance notice.

ENGLISH AS A SECOND LANGUAGE & CLIP

ESL 00 - English as a Second Language \$350

Mon & Wed / Jan 18 - Mar 27 / 6:45pm-9:45pm ON CAMPUS Saturday / Jan 21 - Mar 25 / 10am-3pm ON CAMPUS

For more information please call 718-368-5877

These classes are led by qualified and experienced instructors. You will practice listening and speaking, as well as reading and writing. Interesting instructional content designed for all adults.

ESL 70 - English as a Second Language \$975 Mon-Fri / Jan 11 - Mar 24 / 9am-2pm / HYBRID

Benefits include:

- -Customized class placement
- -Certificate of Attendance (90%)
- -ID card to access campus facilities
- -Academic preparation for college
- (advanced classes suitable for Masters programs)
- -Assistance for CUNY admission
- -TOEFL practice (TOEFL waived for eligible students)
- -I-20s issued to qualified students.

For more information, call 718-368-4870, or use Zoom meeting ID: 857 4347 7610

RTP 99 - Preparation for TOEFL \$400 ONLINE Tues & Thur / Jan 31 - Mar 23 / 7pm-9:30pm

For graduates of foreign nation's secondary schools, who wish to apply to colleges and universities, this class will prepare you to sit for the Test of English as a Foreign Language exam.

Minimum Level 8 ESL.

CCC 62 - FREE ESL

Tues & Thurs / Jan 12 - April 13 / 5pm-10pm ON CAMPUS

Please register early, seats are very limited! You will be tested and placed accordingly.

For more information, please call the coordinator, Sabina Krivenko, at 718-368-4870 or email her at SKrivenko@kbcc.cuny.edu.

CCC 138 - STS ESL Food Handler Program Mon-Wed-Fri / Jan 13 - April 14 / 9am-2pm **ON CAMPUS**

Please register early, seats are very limited! You will be tested and placed accordingly.

For more information, please call the coordinator, Sabina Krivenko, at 718-368-4870 or email her at SKrivenko@kbcc.cuny.edu.



RWV 07 - Writing for Advanced Non-Native Speakers of English \$150

Wed / Feb 1 - Mar 15 / 6:30pm-8:30pm ONLINE

Sat / Feb 4 - Mar 18 / 9:15am-11:15am ON CAMPUS

Designed for non-native English speakers, this course will help you to improve your writing skills and focus on standard form as well as correct grammatical structures.

Prerequisite: Minimum Level 8 ESL.



CLI 02 - CUNY Language Immersion Program \$75 Mon-Fri / Jan 9 - Feb 22 / 8:45am-2:30pm HYBRID Or

Mon-Fri / Jan 9 - Feb 22 / 5pm-10pm HYBRID

CLIP is an intensive, pre-matriculation English as a Second Language (ESL) program. CLIP is an option for students who have been accepted to CUNY and need to improve their academic English skills before taking college courses. Students who have been accepted to a CUNY college and informed that they are not English proficient can begin CLIP in any semester and spend up to one year in the program. Please bring proof of college acceptance to registration, if possible.

Registration is now open, please call 718-368-4870 for more information or assistance with registration.

> ESL / CLIP / HSE: Visit our Virtual Office Mon-Fri, 9:30am – 5:00pm (Zoom meeting ID: 857 434 77610)

HIGH SCHOOL EQUIVALENCY

(GED®) General Educational Development

The New York State Education Department requires all examinees to meet eligibility for HSE/GED® Testing. Speak with one of our advisors to see if you are eligible by calling 718-368-5051.

HSE 00 - GED® (HIGH SCHOOL EQUIVALENCY PREP) \$225

Tues & Thurs / Jan 24 - Mar 7 / 6:45pm-9:45pm ONLINE

Sundays / Jan 21 - Mar 25 / 9am-1pm ONLINE

Every year, HUNDREDS of adults who prepare at Kingsborough earn their HSE diplomas, and many then go on to Kingsborough Community College's degree programs! You must be at least 18 years of age to enroll, and at least 19 years old to take the New York State exam. Call 718-368-5051 for more information.

Note: You will need a TI-30XS calculator and GED® book. Textbook information will be provided.

DID YOU KNOW?

Having an HSE credential will improve your opportunities for better jobs, training, promotions, and even more money!

Did you know that those with their High School diploma and equivalency earn an average of \$9,000 more per year than those without?

Once you pass the HSE exam our staff will provide one on one college counseling services and assist you with meeting with a KCC admissions counselor!

HSE 41 - Math Intensive GED®

(HIGH SCHOOL EQUIVALENCY PREP) \$150 ONLINE Wed / Feb 15 - Mar 22 / 6:45pm-9:45pm

This course focuses on math problems that will be

given on the math portion of the GED® exam.

Note- You will need a TI-30XS calculator.

HSE 70 - Comprehensive High School Equivalency \$470 HYBRID

Mon-Fri / Jan 11 - Mar 24 / 9am-2pm

This comprehensive 250-hour course will prepare you for the State GED® exam. You will improve your skills (math, social studies, science, reading, and writing) and acquire test-taking strategies to help you pass the required practice test to be eligible to take the GED® exam.

For more information, call 718 368-4870, or use Zoom meeting ID: 857 4347 7610

HSE 71 - Alternative High School Equivalency Preparation - Diploma Now \$100 HYBRID Mon-Fri / Jan 11 - Mar 24 / 9am-2pm

This comprehensive 250-hour course will prepare you for the State GED® exam. You must be 17.5 years of age by January 11th, 2023 and cannot be older than 20 years of age when you enroll in the program. You must score a 9.0 grade reading level or higher on the TABE test, write an essay and sign a student responsibilities form.

For more information, call 718 368-4870, or use Zoom meeting ID: 857 4347 7610.

(GED®) (HIGH SCHOOL EQUIVALENCY) EN ESPAÑOL

HSE 00E - Diploma de Escuela Secundaria

en Español \$225 ONLINE

Lunes y Miercoles / Jan 23 - Mar 13

6:45pm-9:45pm

30XS.

Para mas información, llamar a Maria Mejias al 718-368-5051.

HSE 41E - Clases de Matemáticas para los estudiantes de Equivalencia de la Escuela Secundaria en Español \$150 ONLINE

Jueves / Feb 16 - Mar 23 / 6:45pm-9:45pm

Va a necesitar el libro del GED® y la calculadora TI- Esta clase te ayudara a practicar y resolver los problemas de matemáticas que aparacen en el examen del GED®. Va a necesitar la calculadora TI-30XS.

> ESL / CLIP / HSE: Visit our Virtual Office Monday - Friday, 9:30am - 5:00pm (Zoom meeting ID: 857 434 77610)

HIGH SCHOOL EQUIVALENCY PROGRAM

CUNY FATHERHOOD ACADEMY (CFA)

CFA is a FREE comprehensive program designed to promote responsible parenting and economic stability for unemployed and underemployed fathers through education, employment and personal development.

HSE TRACK (GED®) FATHERS WITHOUT HIGH SCHOOL DIPLOMAS OR GED

You can apply for a 16 week, 3 days a week program that will prepare you for the **GED®** as well as for employment, enrollment in college or a workforce training program.

- Participation in parenting classes
- Personal and career counseling and guidance
- Employment placement assistance and internship opportunities
- Incentives
- College classes for college & career track









Recruiting NOW for CFA's College Prep and High School Equivalency program at KBCC.

<u>Click here to sign up for an application session online,</u>

or call to speak with a CFA representative 718.368.6784

TEST PREPARATION

Prepare for admissions and placement tests online with our experienced instructors!

Our test prep programs are affordable and accessible.

We offer a variety of practice materials, with high quality test simulations, designed to help students better understand the material and perform their best on their test!

SCHOLASTIC ASSESSMENT TEST PREP (SAT)

RTP 01 - SAT Preparation \$300 Saturday / Jan 28 - Mar 4 / 9am-3:30pm ON CAMPUS

An intensive course for high school students preparing for the SAT. Certified instructors provide review and practice under simulated test conditions to help prepare students for the verbal reasoning, optional essay portion, and problemsolving skills measured by the revised test. Study skills, coaching and test-taking tips are provided, as well as individual and group conferences with a certified college counselor. A workshop for parents and guardians is included in the last session.

RTP 02 - SAT Math Preparation \$175 Saturday / Jan 28 - Mar 4 / 9am-12pm ON CAMPUS

An intensive MATH ONLY course for high school students preparing for the SAT exam. Instructors provide review and practice under simulated test conditions to help prepare students specifically with the MATH component of the exam. Students will explore study skills while receiving coaching and test-taking tips.

HEALTHCARE INSTITUTE

The Healthcare Institute is a division of Kingsborough's Office of Continuing Education, offering a dynamic set of certificate programs and stand-alone courses. All are designed to provide students with essential skill sets necessary for today's burgeoning healthcare industry. With decades of experience and training, our faculty provides high quality instruction across all the disciplines. Students who successfully complete certificate programs at the Healthcare Institute are eligible to take the National Healthcareer Association's certifying examinations, which are nationally recognized credentials in the Allied Health industry. Tuition for healthcare courses excludes textbooks, uniforms scrubs/lab coats, exam fees and CPR/BLS certification unless otherwise noted.

IN-DEMAND HEALTHCARE PROGRAMS

Below is the breakdown of the courses needed within the in-demand healthcare programs.

See the following pages for the schedule of available courses.

For questions and additional information please call 718-368-5052 or email Healthcare.cep@kbcc.cuny.edu

CLINICAL MEDICAL ASSISTANT

Certified Clinical Medical Assistants perform routine administrative and clinical tasks to keep the offices and clinics of physicians running smoothly. Students must sign an Assumption of Risk. (307 clock hours)

CTF 20 - Anatomy and Physiology

RTP 40 - Basic Life Support for Healthcare Providers

CTF 90 - EKG/ECG Technician

CTF 91 - Phlebotomy Procedures

CTF 87/88 - Basic Patient Care Skills & Diagnostic Tests

CTF 89 - Electronic Health Records Specialist

PHLEBOTOMY TECHNICIAN

Become a Certified Phlebotomy Technician by taking this comprehensive, hands-on program. Live needle sticks performed. Students must sign an Assumption of Risk. (127 clock hours)

CTF 20 - Anatomy and Physiology

CTF 91 - Phlebotomy Procedures

RTP 40 - Basic Life Support for Healthcare Providers

MEDICAL BILLING & CODING SPECIALIST

This program is aimed at individuals who are either currently employed or seeking employment in a healthcare providers office, health insurance company, or independent billing center, and who want to become a certified Medical Billing and Coding Specialist. (180 clock hours)

CTF 109 - Medical Billing & Coding Intensive

HOME HEALTH AIDE

Home Health Aides (HHA) provide professional healthcare in a patient's home environment. Patient can range from elderly to disabled to chronically-ill individuals who do not require hospitalization. Includes 6 weeks of online Zoom courses followed by 8 hours of on-campus evening or weekend labs then 8 hours of in-person clinicals experience at a partner location. Basic Life Support is included with all fees and takes place on weekends.

(82 clock hours total)

CTF 37- Home Health Aide Intensive

RTP 40 - Basic Life Support for Healthcare Providers

EKG/ECG TECHNICIAN

These courses provide an overview of basic cardiovascular terminology, anatomy, and physiology, and outlines the responsibilities for earning the certified EKG/ECG Technician Certification. (127 clock hours)

CTF 20 - Anatomy and Physiology

RTP 40 - Basic Life Support for Healthcare Providers

CTF 90 - EKG/ECG Technician

PHARMACY TECHNICIAN

This intensive course provides an overall view of the fundamentals of medical and pharmaceutical terminology. Pharmaceutical calculations, concepts of pharmacology and medicinal therapy as it relates to anatomy and physiology and pathophysiology. Students will also learn about laws, ethics and standards required in the pharmacy profession. Application of knowledge in an on-site hospital and retail setting. (70 clock hours)

CTF 41 / 42 - Pharmacy Technician Intensive

CERTIFIED NURSE AIDE INTENSIVE

A Certified Nurse Aide assists Licensed Practical Nurses (LPNs) and Registered Nurses (RNs) with direct patient care. This demanding, yet exciting program will prepare you for an entry-level position in a nursing home or hospital facility. (135 clock hrs—96 hrs classroom, 32 hrs Supervised Clinical Experience, 7 hrs CPR)

CTF 78/79 - CNA Intensive

RTP 40 - Basic Life Support for Healthcare Providers

"I thoroughly enjoyed the class. I learned so much and it motivated me to move forward with my education and career in the healthcare industry, here at Kingsborough."



SCHEDULE OF HEALTHCARE COURSES

CTF 20 - Anatomy and Physiology \$450 ONLINE

Mon & Wed / Jan 9 - Mar 27 / 6:45pm-9:45pm

An introduction to the structure and function of the human body, common disorders and diseases in relation to body systems.

This course is required for CTF 87/88 Basic Patient Care Skills & Diagnostic Tests, CTF 90 EKG/ECG and CTF 91 Phlebotomy

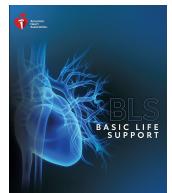
Procedures.

RTP 40 - Basic Life Support for Healthcare Providers \$100

(Includes course materials) ON CAMPUS

Jan 21 or 22nd / Feb 5th or 18th/ March 4th or 19th

This course provides the skills to recognize and provide care in respiratory and cardiac emergencies, using the latest 2015 AHA guidelines, to teach adult, child and infant cardiopulmonary resuscitation and automatic external defibrillator use. Basic life support skills include CPR, AED use, and ventilations.



MEDICAL BILLING & CODING



<u>CTF 109 - Medical Billing & Coding Intensive</u> \$1,200 ONLINE Tues - Wed - Thurs / Feb 7 - June 15 / 6:30pm-10pm

This course starts with an overview of professional billing, coding, and health insurance basics. The course consists of three parts. The first part will serve as a foundation for learning Medical Terminology, which you will use in a medical office or hospital setting. The second part will focus on the detailed learning of the Healthcare Common Procedure Coding System (HCPCS), including the Current Procedural Terminology (CPT) and the International Classification of Diseases (ICD), procedure and diagnosis coding required for billing and reimbursement in healthcare. Learners will practice a variety of coding exercises and scenarios. The third part will be an online computer laboratory to put together the concepts learned in parts one and two, where you will learn how to use the state-of-the-art medical office practice software.

CTF 26/27 - Procedures and Coding & Computerized Billing and Clinical Practice \$900 ONLINE Tues - Wed - Thur / May 3 - June 15 / 6:30pm-10pm - Current Medical Billing Students Only

This course covers CPT 4, a systematic linking and coding of procedures and services used in outpatient settings. This coding is required for billing and reimbursement by insurers. ICD-10-CM, the International Classification of Diseases, is used worldwide by many healthcare facilities. You will continue your study of office procedures and billing to include scheduling patients for laboratory, surgical and testing procedures, completing patient charts, and accounting practices using state-of-the-art medical software.

NOTE- This course will be phased out by Summer 2023; current students need to register soon. Students must have Windows operating system to utilize medical software.

CTF 27 - Computerized Billing and Clinical Practice \$450 ONLINE

Tue - Wed - Thurs / May 23 - June 15 / 6:30pm-10pm

You will continue your study of office procedures and billing to include scheduling patients for laboratory, surgical and testing procedures, completing patient charts, and accounting practices using state-of-the-art medical software.

NOTE- This course will be phased out by Summer 2023; current students need to register soon. Students must have Windows operating system to utilize medical software.

SCHEDULE OF HEALTHCARE COURSES

CTF 89 - Electronic Health Records Specialist \$700 ONLINE

Tues & Thur / Jan 17 - Mar 23 / 6:45pm-9:45pm

Saturday / Jan 21 - Mar 25 / 9am-3:30pm

This course introduces students to the basic functions of Electronic Health Records (EHR). It includes discussions and illustrations on the latest information management technologies (both hardware and software) currently used in healthcare. Students will be immersed in the environment, organization, unique to the use of EHR at all levels of patient care. Computer-based, hands-on exercises are required.

Prerequisites: Computer proficiency (will be assessed) and some experience in office administration.

PHARMACY TECHNICIAN INTENSIVE

CTF 41/42 - Pharmacy Technician Intensive \$850 Mon - Tues - Wed / Jan 23 - Mar 13 / 6pm-9:30pm HYBRID

This intensive course provides an overall view of the fundamentals of medical and pharmaceutical terminology. Pharmaceutical calculations, concepts of pharmacology and medicinal therapy as it relates to anatomy and physiology and pathophysiology. Students will also learn about laws, ethics and standards required in the pharmacy profession. Application of knowledge in an on-site hospital and retail setting.

In person labs required. Dates and times to be provided in class.



CTF 184 - Pharmacy Technician Externship \$300



Schedule and location may vary. Program Coordinator will organize scheduling with registered students. Students enrolled have a unique opportunity to work alongside an interdisciplinary team in a retail pharmacy, learning and practicing hands-on skills in this fast-growing field. (70 hours)

IMPORTANT: A background check and drug screening is required. Additionally, all students must follow all onboarding processes and policy requirements of the assigned pharmacy.

Pre-requisite: CTF41/42 or ExCPT certification.

Email Healthcare.cep@kbcc.cuny.edu for more information.

EKG/ECG TECHNICIAN

CTF 90 - EKG/ECG Technician \$450 HYBRID

Tues & Thurs / Jan 10 - Mar 16 / 6:45pm-9:45pm

This course provides opportunities to learn and practice techniques employed by EKG/ECG technicians, while learning many of the basic terms associated with the cardiovascular system, anatomy and physiology.

Prerequisite: CTF 20 Anatomy & Physiology

Five (5) in person labs required.

Dates and times to be provided during class.

White lab coat required. Lab fee: \$60



HYBRID HEALTHCARE OFFERINGS

Lab sessions will be conducted in person, on campus. Clinicals will be done in person.

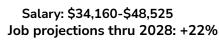
CERTIFIED NURSING ASSISTANT

CTF 78/79 - CNA Intensive \$950 HYBRID

Mon - Tues - Wed - Thurs / Jan 23 - Mar 21 / 6pm-10pm



Certified Nursing Assistants are currently in high demand and the need is projected to BRIGHT OUTLOOK continue through 2024. This number will only increase as the baby boomer generation ages and there is an increased demand for additional long-term nursing care facilities. In New York State a CNA must be certified.



Rapid Growth; Numerous Job Openings.

This course introduces students to the needs of the patient, legal/ethical issues, effective communication and anatomical changes accompanying the aging process. It will also cover health and nutrition and the care of persons with cognitive and mental disabilities. Includes 32 hours of supervised clinical experience in a Residential Health Care Facility.

*32-hours of clinical experience will be conducted during early afternoon and evening hours.

Prerequisite: Medical clearance is required to participate in the clinical experience. Basic Life Support/CPR (RTP40) must be completed before the clinical experience. Course textbook, uniform scrubs and CNA certifying exam fees are not included in the tuition. Six (6) in person labs required. Dates and times to be provided during class.

Burgundy uniform scrubs (top and bottom) required for labs and clinicals. Lab fee: \$60

BASIC PATIENT CARE SKILLS & DIAGNOSTIC TESTS



CTF 87/88 - Basic Patient Care Skills & Diagnostic Tests \$450 **HYBRID**

Mon & Wed / Jan 9 - Mar 27 / 6:45pm-9:45pm

Skills common to the private practice and hospital worker are covered, including obtaining medical histories, vital signs, prepping patients, first-aid care, and emergency procedures for the medical office. Learn the importance of maintaining a sterile environment when preparing for minor surgical procedures. Collect specimens, perform simple measurements and tests, and acquire knowledge of prescription and non-prescription medications. Prerequisite: CTF 20 Anatomy & Physiology.

Four (4) in person labs required. Dates and times to be provided during class. White lab coat required. Lab fee: \$60

PHLEBOTOMY

CTF 91 - Phlebotomy Procedures \$450 To Be Offered in Spring 2023

This course provides theoretical and laboratory preparation for entrylevel performance as a phlebotomist. It focuses on vascular anatomy and physiology; performance of venipuncture techniques, and additional responsibilities of phlebotomists as members of the healthcare team. Prerequisite: CTF 20 Anatomy & Physiology.

Live needle sticks performed. Students must sign an Assumption of Risk. Six (6) in person labs required. Dates and times to be provided

during class. White lab coat required. Lab fee: \$60



PATIENT CARE TECHNICIAN

CTF 93 - Patient Care Technician Intensive \$825 HYBRID

Mon - Tues - Wed - Thurs / Jan 23 - Mar 21 / 6pm-10pm

Study includes comprehensive instruction on vascular anatomy and performance of venipuncture techniques. Students will also learn and practice performing EKGs and basic terms associated with cardiovascular system, anatomy and physiology. This course is for Certified Nurse Aides only. Live needle sticks performed. Students must sign an Assumption of Risk.

Six (6) in person labs required. Dates and times to be provided during class.

White lab coat required. Lab Fee: \$60



Employment of patient care technicians is expected to grow rapidly in the next few years. Becoming a patient care technician is a strong career move that will open professional doors throughout the course of your life. PCT training will prepare you to get licensed and certified to operate an electrocardiogram machine in addition to being a phlebotomist.

Salary: \$37,960-\$50,900
Job projections thru 2028: +12%
Rapid Growth; Numerous Job Openings.



CENTRAL STERILE TECHNICIAN

CTF 98 - Central Sterile Technician \$900 HYBRID

Tues - Wed - Thurs / Jan 17 - Mar 7 / 5pm-9pm

This course, facilitated by an HSPA (Healthcare Sterile Processing Association) Instructor, who will provide you with the knowledge and skills required to work in a Central Supply/Sterile Processing Healthcare facility. Additional hours to be assigned when class is in session. Three (3) in person labs required. Dates and times to be provided during class. Lab fee: \$60

Students are responsible for securing CST hands-on training necessary to meet 400-hour certification requirements.



CTF 183 - Central Sterile Technician Externship \$5,500

Schedules may vary. Program Coordinator will organize scheduling with registered students.

This course is entirely a hands-on training and practical experience at an off-site partner facility at which qualifying students can complete their required 400 clinical hours in order to be eligible to register for the CRCST examination.

Note: Students are required to follow all policy requirements of the assigned facility.

Pre-requisite: CTF98 or a Provisional CRCST certification.

Email Healthcare.cep@kbcc.cuny.edu for more information.



HOME HEALTH AIDE



CTF 37 - Home Health Aide Intensive \$525 Tues - Wed - Thurs / Jan 17 - Feb 28 / 6pm-10pm HYBRID

Home Health Aides (HHA) provide professional healthcare in a patient's home environment. Patient can range from elderly to disabled to chronically-ill individuals who do not require hospitalization. This course is the perfect compliment for students who completed Certified Nurse Aide training or for students who want to enter the healthcare field. Includes 6 weeks of online Zoom courses followed by 8 hours of oncampus evening or weekend labs, then 8 hours of in-person clinicals experience at a partner location. Basic Life Support is included with all fees and takes place on weekends. **Lab Fee: \$60** (82 clock hours total)

EMERGENCY MEDICAL TECHNICIAN & PARAMEDIC PROGRAM

RTP 75 - EMT Original \$995 ON CAMPUS

Mon - Tues - Thurs / Jan 23 - April 27 / 6pm-10pm

*With a NYS DOH voucher, you pay only \$80 (for mandatory CPR renewal)

This course will prepare you to take the New York State Emergency Medical Technician (EMT) examination. As a NYS EMT, you can work or volunteer anywhere in New York State. You will learn basic lifesaving techniques such as, but not limited to: scene safety, patient assessment, management of fractures, bleeding control, movement of patients, and oxygen administration. Becoming an EMT is a requirement if you are planning to become a paramedic.



Lab Fee: \$60

RTP 73 - Paramedic Original \$9,500

To Be Offered Fall 2023

This 12 month intensive program prepares competent, entry-level Emergency Medical Technician-Paramedics in the cognitive (knowledge), psychomotor (skills), and affective (behavior) domains. The KBCC twelve-month course, leading to New York State Department of Health and New York City Regional Emergency Medical Advisory Committee certification as an Emergency Medical Technician-Paramedic. The KBCC Paramedic Program is a regional NYS DOH testing site; an approved National Registry Skills Testing Site and qualifies graduates for the National Registry Practical Exam. Upon successful completion of the program, graduates will also receive BLS, ACLS and PALS and PHTLS certification.

The course curriculum includes didactic and laboratory work, as well as clinical (hospital and ambulance) rotations. The Paramedic Program's curriculum follows the Instructional Guidelines of the National Emergency Medical Services Education Standards published by the U.S. Department of Transportation National Highway Traffic Safety Administration.

Class is held on campus, in person, for 12 hours didactic lectures and 11 hours of lab practice. Students are required to utilize the web-based program to schedule the required clinical rotations hours and sites on off-class time.

For more information and details, please call: (718) 368-6720

DENTAL ASSISTANT





Dental Assistant Program / \$3,999 ONLINE

KCC in partnership with CareerStep is offering the Dental Assistant program. Prepare for certification and kickstart a new career with online dental assistant training.

Our 300-hour program is divided into 30 bite-sized individual courses and includes an additional 160-hour externship.

This fully online dental assistant training program includes unparalleled training, career support, and coaching. It's a faster, cheaper alternative to traditional schooling.

Click here to register and learn more!



PHYSICAL THERAPY AIDE

Physical Therapy Aide Training Program / \$2,699 ONLINE

KCC in partnership with CareerStep is offering the Physical Therapy Aide training program. Physical therapy aides provide support to physical therapists and their patients. They help patients check in, set up equipment, and often record patient progress. They also help keep the facilities clean and organized and assist physical therapists with certain procedures when needed. This program includes 265 hours of study, which will prep you to pass the Certified Physical Therapy Aide Specialist (CPTAS) exam.



Click here to register and learn more!

MEDICAL SCRIBE



Medical Scribe / \$3,499 ONLINE

KCC in partnership with CareerStep is offering the Medical Scribe program. Medical scribes have become more and more common in medical offices. But they do a lot more than check off boxes on EHRs—they record critical information and allow physicians more time to focus on their patients. This program provides a comprehensive overview of the skills you need to be a successful medical scribe. Our medical scribe training program is built to have you job-ready in roughly 8 months. It's fully online and entirely self-paced, so you can move as fast or slow as you like. 320 online training hours with 11 individual courses. Click here to register and learn more!



To learn about all of our CareerStep online offerings, click here!

HEALTH COURSES FROM KCC @ ED2GO



Explore a Career in Healthcare Suite \$299 ONLINE

The healthcare industry is booming. It is currently one of the fastest-growing industries in the United States and is expected to continue growing rapidly in the future. Many of the fastest-growing jobs don't even require you to be in a patient care role. Use this series to explore a career in several more healthcare administrative areas, including jobs as a Medical Coder, Medical Administrative Assistant, and Medical Transcriptionist. By the end of the series, you will have a good understanding of a career in healthcare and which specific role is right for your future. (72 HOURS)

Certificate in Gerontology \$150 ONLINE

Prove you have the skills required to meet the health care needs of an aging population. This course will deliver the information you need to work with people over 65 including assessing and managing pain, common issues of aging, dealing with elder abuse, mental health, and death and dying. The Certificate in Gerontology represents a specialization in the field of gerontology. It is designed to enhance the knowledge and skills of individuals who work with or care for older adults by providing an educational experience that is multidisciplinary in nature.

HIPAA Compliance \$115 ONLINE

If you are just starting your career in the health care field, HIPAA Compliance training is a priceless addition to your resume. This course provides an understanding of the compliance requirements of HIPAA, and subsequent rules and laws that affect HIPAA.

Nutrition and Health Bundle \$169 ONLINE

Nutrition has a profound impact not only on our health but also on our overall well-being. This series is designed for healthcare workers, personal trainers, and individuals interested in a deep dive into the impacts of nutrition on our bodies. You will gain insight into how food interacts with our bodies on multiple levels—physical, mental-emotional, and spiritual—as well as the impact it has globally. You will also explore the relationship between nutrition and disease and see how making appropriate changes in one's diet can have powerful effects on health throughout life. (28 HOURS)

Become an Optical Assistant \$115 ONLINE

Learn why optical assisting is such an interesting job and how rewarding it can be to help people solve their vision problems. This course is a great way to start your career as it will help you better understand everything that's involved in the job and how you can become a certified and licensed optical assistant. You'll take a comprehensive look at the diverse world of Optical Assisting. (24 hours)

(25 hours)

CAREER AND PROFESSIONAL DEVELOPMENT

If you are considering a career move or are ready to advance within your field, we offer learning opportunities through career and professional development. Our experienced faculty and industry specialists will help direct you on your chosen path to accomplish your goals. We are committed to life-long learning and will serve as a resource guide to your success.

PARALEGAL & NOTARY PUBLIC

Students must complete all required courses in the Paralegal & Notary Public program to receive a completion certificate.

<u>CTF 05 - Paralegal I & Notary Public</u> \$475 ONLINE Tues & Thurs / Jan 10 - Mar 21 / 6:45pm-9:45pm

This course is an introduction to the practical aspects of being a paralegal, including filing, legal proofreading, legal draftsmanship, legal research, and other office skills. Mandatory Notary Public session on 2/16/23 and is included in the above tuition cost.

VTP 36 - Preparation for Notary Public \$75 Thurs / Feb 16 / 6:45pm-9:45 pm ONLINE

This one-session course prepares you for the Notary Public Examination, provides an overview of the tasks undertaken by a Notary Public, and offers guidance in positioning yourself to provide this service on a fee-for-service basis.

<u> CTF 06 - Paralegal II </u>\$425 ONLINE

Mon & Wed / Jan 9 - Mar 27 / 6:45pm-9:45pm

This course deals with the computer and the essential part it plays in paralegal training. Topics include computer legal research, legal keyboarding, and understanding language and terms used by attorneys in order to be a well-trained and successful paralegal.

Prerequisite: CTF05 *Materials fee: \$85

*The materials fee provides students with an individual password for access to the Westlaw Legal Library, which offers a wide range of federal and state law resources. In addition, students will be provided with the analytical materials to become familiar with the aspects of legal research, law reviews, federal treatises, jurisdictional treatises, practice guides, jury instructions, litigation forms and analytical materials from all 50 states.

LEGAL STUDIES a Partnership with CLS by BARBRI

Kingsborough in partnership with CLS by BARBRI, brings the opportunity to learn about the law to those of varying education levels and careers. We are committed to offering affordable, flexible and applicable continuing education courses to all our students. CLS graduates open doors for themselves – for career advancement, new job opportunities and more. To view all of our offerings, visit our site here.

Advanced Paralegal Certificate Course

These advanced topics build upon the introductory Paralegal Certificate Course© ONLINE

Flexible, 100% online course with 24/7 accessibility; Complete each topic in one 7-week session Take one, two or three topics during one online session. Complete all six topics within one year to receive certificate. The additional training gained through participation in these advanced classes will enhance your legal knowledge and skills, which in turn should increase your salary and marketability.

Advanced Legal Research and Writing

October 17 - December 2nd \$995 ONLINE

The ability to effectively conduct legal research and analysis is an important aspect of any legal career. With your paralegal certificate in hand or a year of legal experience under your belt, you're ready to learn more advanced approaches to legal research, briefing cases and writing to the law. We can help you build on your paralegal skills to expand your expertise and grow your career.

Alternative Dispute Resolution Certificate Course

October 17 - December 2nd \$995 ONLINE

This intensive course is designed to train and qualify students to develop or participate in conflict resolution techniques. Participants will review the growth and application of settlement options in the United States. The course focuses on both traditional and non-traditional dispute resolution options. This course takes the mystery out of settlement processes and focuses on reaching reasonable solutions. Successful graduates of this non-credit course will be awarded a Certificate of Completion.

Employment Law Certificate Course

October 17 - December 2nd \$995 ONLINE

This intensive course is designed to train and qualify students to develop or participate in conflict resolution techniques. Participants will review the growth and application of settlement options in the United States. The course focuses on both traditional and non-traditional dispute resolution options. This course takes the mystery out of settlement processes and focuses on reaching reasonable solutions. Successful graduates of this non-credit course will be awarded a Certificate of Completion.

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CANNABIS TRAINING



Study on your own time, when it's convenient for you. You can begin this program at any time and complete it in just 8 weeks. Once you register for the program, you'll immediately gain access to the course. Upon graduation you will earn a certificate of completion from Kingsborough Community College and by completing any of these programs, GreenFlower gives you exclusive access to view open industry positions through their Employer Network.

Limited time special of \$50 off until January 31st, 2023. Enrollment is currently underway for the training. No experience is necessary to enroll in these courses.

Advanced Cultivation Technician Program \$800 ONLINE

This program will provide you with advanced job skills and knowledge to excel in a cultivation role in the cannabis industry. You will study a range of topics, including: the business of cannabis cultivation, botany and genetics of the cannabis plant, seeds, germination, cloning, light sources, pests, disease and threat management, irrigation, product safety, packaging and labeling, storage, and more.

Advanced Manufacturing Agent Program \$800 ONLINE

This program will provide you with advanced job skills and knowledge to excel in a manufacturing role in the cannabis industry. You will study a range of topics, including: the business of cannabis extraction, product development, formulation and plant ensemble, extraction processes and principles, product safety, packaging and labeling, pest control, product testing, storage and more.

Advanced Dispensary Associate Program \$800 ONLINE

This program will provide you with advanced job skills and knowledge to excel as a dispensary associate. You will study a range of topics, including: the history and botany of the cannabis plant, cannabinoids, terpenes, and the Endocannabinoid System, as well as health and safety training, best security procedures, inventory tracking, the importance of documentation and recordkeeping, and product safety.

Students must complete all required courses in the Accounting program to receive a completion certificate.

ACCOUNTING



CTF 50 - Accounting Fundamentals \$395 Mon & Wed / Jan 9 - Mar 27 / 6:45pm-9:45pm ONLINE

Saturday / Jan 21 - Mar 25 / 9am-3:30pm ON CAMPUS

You will learn the recording process, complete the entire accounting cycle from analyzing and recording activities through closing procedures, and use the accountant's worksheet for the preparation of financial statements for service businesses.

CTF 51 - QuickBooks Pro for Accountants \$395

Mon & Wed / Jan 9 - Mar 27 / 6:45pm-9:45pm ONLINE

Take control of accounting for your business. This course provides hands-on experience in QuickBooks as you set up a chart of accounts; reconcile your bank accounts; create and print invoices, receipts, and statements; track payables, inventory, and receivables; create estimates; and generate reports. Limited access, free downloadable book and software will be used.

CTF 52 - Tax Preparer \$425

Tues & Thurs / Jan 10 - Mar 21 / 6:45pm-9:45pm ONLINE

Learn how to prepare individual federal income taxes, including 1040EZ, 1040A, and 1040 long form, tax credits, child and dependent care credit, credit for the elderly, IRAs, pension income, and NY State/NY City tax items with the use of Turbo Tax™ software.

<u>Business Budgeting for Beginners \$115 ONLINE</u> January 18th or February 15th - 6 week access



In this comprehensive, beginner-friendly course, you will learn the elementary skills needed to be successful in the budgeting process and gradually work your way up to creating a budget. You will also discover how to best evaluate the results of your budget and make decisions to help your business maximize its profits. (24 hours) Click here to learn more and to register!

ADMINISTRATIVE ASSISTANT CERTIFICATE

Through this two part certificate program you will gain computer application competence and professionalism in your written communication skills.

CTF 47 - Business Computing- \$400

Mon & Wed / Jan 9 - Mar 27 / 6:45pm-9:45pm ONLINE

This course offers a basic overview of Microsoft Office™ (Word™, Excel™ and PowerPoint™) and the applications that employers expect workers to know. Prerequisite: A computer skills test will be administered at the first class session to assess proficiency.

CTF 48 - Business Writing and Grammar- \$200 ONLINE

Mon / Jan 23 - Mar 27 / 6:30pm-9pm

Improve your skills and develop clear and effective writing techniques necessary to succeed in today's business environment.

Administrate Assistant Certificate program to receive a completion certificate.

Students must complete all required courses in the



GRAPHIC DESIGN

RCL 83 - Graphic Design Beginner \$175 ONLINE Thursdays / Feb 2 - Mar 23 / 7pm-9pm

Learn basic design principles, focusing on things you can use in real life. You will work on different projects each week: projects include logos, business cards, flyers, posters, photo collages, gift wrap design and more. Learn how some of your designs can be digitized for online use.

Note: No special software needed; instructor will guide you through utilizing available tools on the web.

RCL 84 - Graphic Design Intermediate \$175 ONLINE Wednesdays / Feb 1 - Mar 22 / 7pm-9pm

This intermediate level graphic design course is designed to focus on brand building through graphic design. This course will help you shape your service or business visually.

Pre-Requisite: Graphic Design Beginner class is recommended, or current skill experience in graphic design is required.

Note: No special software is needed; instructor will guide you through utilizing available tools on the web.

UX DESIGN



RCL 60 - UX Fundamentals Microcredential Program: Visual Design + Human Centered Design \$1040 ONLINE

Tues, Wed, Fri / Jan 3 - Mar 17 / 6:30pm-9:30pm

User Experience (UX) Design is the process of identifying user behaviors and needs, designing digital products, then testing it with users to ensure that they are more accessible/easier/pleasant to use. The UX Design Microcredential is an immersive 10 week program and is a combination of live instruction and asynchronous learning. The course is focused on the fundamentals of Human Centered Design, and Visual Design. No previous Design experience is needed. Students will learn essential skills such as conducting user research, performing usability testing, creating a visual design system, building wireframes and prototypes, and writing case studies.

Requirements:

- Students must have a computer with reliable internet connection (no phones, tablets and Chromebooks)
- Students must have a minimum of 10 hours outside of class time to complete reading, assignments and group work

100 hours total (live online via zoom and asynchronous learning)

CYBER SECURITY

CTF 131 - Cyber Security \$1400

Learn Cybersecurity Live & Online!

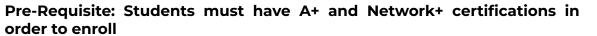
This 2-part class will prepare you to take the CompTIA Security+ and CompTIA CYSA+ exams. Starting salaries in the Cybersecurity field are approximately \$60,000 (source www.Glassdoor.com)

Course 1: Winter 2023: Security +

Security +: Security+ provides a global benchmark for best practices in IT network and operational security, one of the fastest-growing fields in IT*

Course 2: Spring 2023: CYSA +

CYSA +: Cybersecurity Analyst (CySA+) applies behavioral analytics to the IT security field to improve the overall state of IT security*





DATA ANALYTICS

RCL 100 - Python for Data Analytics \$1950 ONLINE Tues & Thurs / Jan 24th - April 13th / 5:45PM-8:45PM

In partnership with CanCode Albany, this course is designed for both students with no prior programming experience and those interested in learning new coding languages or applications. Students will learn fundamental programming concepts using the programming language Python, specifically as a tool for collecting, analyzing, and visualizing data. Python is one of the world's most popular programming languages, and more businesses are introducing Python into their work. The course will take students through the basics of programming (variables, data structures, loops, conditionals, etc.), and into Python Libraries for data analysis (Numpy, Matplotlib, etc). Basic statistics will also be covered to help students interpret data, such as basic summary statistics and how to recognize common statistical distributions. All this will culminate in the analysis and visualization of real data sets of the student's choosing. Certificate of completion

Tuition: Free for individuals who are income qualified. <u>Click here for more details.</u>



In recent years, Python has seen a huge increase in jobs. There are currently more than 10,000 job advertisements worldwide on Glassdoor for Python-related roles, with Indeed having around 14,000 roles. Compared to the roles related to Java, Indeed currently has nearly double the amount for Python which only goes to show how big the Python job market is at the moment.

REAL ESTATE



75-Hr. New York Salesperson Real Estate License Package

Candidates must pass the New York state-approved courses totaling 75 credit hours. Once this is completed, the student is allowed to sit for the New York Salesperson Licensing Exam.

Click here to learn more and review pricing of packages.

NEW YORK STATE REQUIREMENT DETAILS FOR REAL ESTATE PRE-LICENSING EDUCATION

Hours Required by the State: 75 hours

Effective 12/21/2022: individuals applying for a real estate salesperson license will require 77 hours of pre-licensing education.

Seat Time: The New York Department of Real Estate requires that all students spend a minimum amount of seat time engaged in the course content. Our online course delivery system manages this requirement for you.

Pre-Licensing Final Exams: Final exams must be passed with a minimum of 70% and may be taken a maximum of two times.

All final exams must be physically proctored in the State of New York.





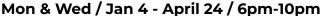
Home Inspection

Your career depends on passing the national home inspector and state exams. Be prepared to pass the first time. AHIT has been training inspectors with the skills needed to pass the first time for decades - nearly 30 years. Only AHIT delivers an online study tool with over 800 questions just like the exam plus hints and feedback from the experts for faster learning results.

INSURANCE LICENSING

New York State Insurance Law, Sections 2103, 2104 and 2108, requires an individual seeking an insurance license to complete a prelicensing course approved by the Superintendent of Insurance. Kingsborough Community College is approved by the Department of Financial Services to teach these approved courses.

VIN 71 - Property and Casualty \$800 ON CAMPUS



Beginning with general principles of risk management and insurance, this course will address the approved New York State Department of Insurance curriculum. (102 clock hours)

VIN 72 - Life, Accident & Health Pre-Licensing \$350 ONLINE NEW Tues & Thurs / Jan 24 - Mar 9 / 6:45pm-9:45pm



Pre-licensing training for Life, Accident and Health insurance testing prepares students for the state licensing exam through curriculum that meets the 40 hour pre-licensing requirement for New York State. Students work through 24 hours of in-class work along with additional home-study requirements that combine to meet the requirement for the pre-licensing exam.

SECURITY GUARD TRAINING



In partnership with the Guardian Group we are now offering this all-inclusive security guard training and license package! It includes the Online 8 Hour Pre-Assignment and 16 Hour On-The-Job training courses. It also includes all necessary fees required for the fingerprints and background check for your security guard application with the New York State Division of Licensing Services.

A great package for those seeking to start a career in public safety and obtain a security guard license in NYC and the State of New York!

Click here to learn more and register.

CompTIA A+ / CompTIA Network+
Recruiting now for classes - Monday & Wednesday / Jan 23 - June 28 / 5:30pm-8:30pm All courses will be live and ONLINE







The CompTIA Computer Technician Program is a FREE online training course that will cover the fundamentals of PC hardware & software and prepare students for an entry level position in Information Technology. Throughout the course students will learn how to install, maintain, and customize personal computers. The CompTIA program will also prepare students for the CompTIA A+ and Network+ certification exam, the industry recognized certification for computer service professionals. Upon completion of the CompTIA program, students will be prepared for an entry level IT position, such as help desk technician, network technician and desktop support administrator.

FREE training program for those that qualify! Click here to sign up for more information!

CODING BOOTCAMPS



Kingsborough Community College and Promineo Tech have partnered to offer these classes where students meet for class once a week at a set time in a virtual environment. In addition to the weekly class meeting, students meet once a week for a remote, 30-minute one-on-one with a mentor.



Back End Software Developer / 18 Weeks / \$3,500 ONLINE

This 18-week, Back End Software Development program, students take three courses to learn the skills and technologies necessary to enter the industry as a Back End Software Developer: Introduction to Java, Relational Databases with MySQL, and Web API Design with Spring Boot.

Front End Software Developer Program / 18 Weeks / \$3,500 ONLINE

This 18-week, Front End Software Development program, students take three courses to learn the skills and technologies necessary to enter the industry as a Front End Software Developer: Introduction to JavaScript, Front End Technologies, and Web App Design with React.

Big Data Engineering Program / 26 Weeks / \$4,500 ONLINE

The Big Data Engineering Program is designed to introduce the technically inclined student to the technologies and methodologies requested by hiring companies and used by real world data engineers. This program is fast paced and will cover a breadth of technologies, including Python programming, Hadoop and cloud-based services in Amazon Web Services (AWS). The student will also be introduced to such methods as data wrangling, munging, ingesting and modeling for analytics. By the end of the program the successful student will be prepared for an entry-level position as a data engineer, Python programmer or business intelligence developer.



DIGITAL MARKETING

16 Week Digital Marketing Bootcamp at Kingsborough Community College Fully Online for 16 Weeks / 15-20 hours a week

The Digital Marketing program is designed to help students with an interest in marketing create a portfolio and begin an entry level position in the digital marketing field. The curriculum is a project-based course that blends marketing theory, critical thinking skills, and practical experience to prepare students for an entry-level position in a growth industry. Students will become proficient in advertising platforms such as Facebook, Google, Instagram, Twitter, and LinkedIn.

Upon completion of the program students will be equipped with the tools to be successful at jobs such as marketing coordinator, social media advertising coordinator, branding coordinator, junior UX designer, and more.



VEW

FIBER OPTICS

To Be Offered Spring 2023 Semester RCL 96 Certified Fiber Optics Technician ON CAMPUS

This introductory 3-day Fiber Optic Tech course is designed for anyone interested in becoming a Certified Fiber Optic Technician. This Fiber Optic Training combines theory and 85% hands-on activities to prepare the student to take the CFOT (Certified Fiber Optic Technician) test that is sanctioned by the FOA (Fiber Optics Association) and given and graded the final class day. Course fee includes study materials, exam fees, and Text Book.

RCL 97 Certified Fiber Optics Specialist \$900 ON CAMPUS

This 2-day, 16-hour program is designed to offer advanced training to anyone involved with the testing and maintenance of Fiber Optics networks. A focal point in the program is to offer a general, easy to understand, approach to fiber optics testing standards with little theory and considerable hands on activities.

Pre-Requisite RCL 96 Certified Fiber Optics Technician.

RCL 98 Certified Fiber Optics Specialist \$900 ON CAMPUS

This Splicing Specialist Training includes a complete PowerPoint presentation explaining the importance of high performance splicing and further details the points necessary to achieve these splices.

Pre-Requisite RCL 96 Certified Fiber Optics Technician and RCL 97 Certified Fiber Optics Specialist.

START YOUR OWN EDIBLE GARDEN



6 week course access starting January 18th \$115 ON LINE

Grow delicious, nutritious fruit and vegetables in your own backyard! In this course, you'll learn how to give your garden a healthy start and keep it growing strong all season. You'll begin by figuring out which type of garden is right for you. You'll discover how to properly prepare a garden bed so your crops have the best opportunity to thrive. You'll even learn to understand fertilizers and make compost!

NYC DOH FOOD HANDLER

RTP 36 - NYC Food Handler Test \$150 ON CAMPUS

Mon-Fri / Jan 9 - Jan 13 / 6pm-9pm

This 15-hour course focuses on safety issues of food handling, while preparing students to take the NYC Dept. of Health & Mental Hygiene's Food Handler Certification exam. You will be scheduled by the College to take the DOH test. The exam will be administered by the NYC DOH in person at the NYC Heath Academy. This certification does not expire.

Testing fee: \$35 per person

Sanitary Inspection G on its most recent food-state; inspection, this enablement recent EXAM!

CATERING

Secrets of a Caterer \$100 ONLINE

January 18th / 6 Week Access / 24 hours

Discover how to put your cooking and party planning skills to work in an exciting and creative career as a caterer. Learn fundamentals of catering business including how to cook for large crowds, organize your kitchen, manage your time, and work with clients, as well as some great recipe ideas to jump-start your career.

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NYC TAXI AND LIMOUSINE COMMISSION

APPLY FOR YOUR TLC LICENSE NOW!



ALL YOU NEED IS

ONE LICENSE TO DRIVE UBER™,
LYFT™, VIA™, YELLOW CAB,
GREEN CAB & LIMOUSINE!

Kingsborough is a NYC Taxi & Limousine Commission (TLC)

Education Provider

Courses offered in: English and Russian



Please contact Sunny Hau at Sunny.Hau@kbcc.cuny.edu or call 718-368-5189

VSE 50 - Dignity for All Students Act \$100

the New York State Education Department.

Thurs & Fri / Mar 16 & 17/ 6:30pm-9:30pm ONLINE

Kingsborough Community College is approved by

This workshop training is on the social patterns of

harassment, bullying and discrimination. This is

required for all school professionals completing

that

lead

programs

Saturday / Jan 28 / 9am-4pm ONLINE Saturday / Feb 18 / 9am-4pm ONLINE

CHILD ABUSE ★ SCHOOL VIOLENCE PREVENTION ★ DASA

Students must successfully present and submit valid non-expired government issued photo identification prior to class start date to be eligible to participate in this course. Students must be on time. Late students will be denied successful completion of learning hours.

VSE 21 - Recognize/Report Child Abuse \$75 Saturday / Jan 21 / 9:30am-12:00pm ONLINE Thursday / Feb 23 / 7pm-9:30pm ONLINE

Thursday / Feb 23 / 7pm-9:30pm ONLINE Saturday /Mar 18 / 9:30am-12:00pm ONLINE

Learn the physical and behavioral signs of child abuse and maltreatment. You will learn about mandated reporting and how to carry out your professional responsibilities. NY State Certificate of Completion awarded by the state.

VSE 22 - School Violence Prevention and Intervention \$75

Saturday / Jan 21 or Mar 18 / 1pm-3:30pm ONLINE

Wednesday / Mar 1 / 7pm-9:30pm ONLINE

Learn the dynamics of aggressive behavior in children and the tools to avoid them from becoming victims of such behavior. This is the NY State required workshop for all who work with children. Certificate of Completion awarded.

CHILDCARE ADMINISTRATION



state-registered

certification.

Childcare Administration Program \$3,999 **ONLINE**

KCC in partnership with CareerStep is offering this child care administration course which has been designed by early childhood education (ECE) experts and experienced industry professionals. You'll gain the skills, knowledge, and best practices needed for teaching young children, working in child care centers and preschools, and running your own home-based business. Our comprehensive curriculum trains you on child development and education, health and safety, nutrition and food management, parent and family relations, and child care center management. Because our program is aligned with the Child Development Associate (CDA) certification, you'll be ready to take and pass the exam immediately upon completing your training. Click here to register and learn more!

Students must complete all required courses in the Veterinary Assistant program to receive a completion certificate.



VETERINARY ASSISTANT

CTF 15/16 - Veterinary Assistant Intensive \$900 ONLINE Mon - Tues- Wed - Thur / Jan 17 - Mar 20 / 6:30pm-10pm

This intensive series provides the four courses that are designed to prepare you for a career in animal care. This program includes veterinary terminology, medical and surgical procedures, office administration functions, becoming a vital part of the animal care team and more. This program also focuses on client communications, best practices in animal care, and the roles of each member of the animal care team.

Note - Some required class hours will be held at an off-site animal care facility.

Note - A minimum of 20 hours are required to be completed at an animal care facility. Students are responsible for securing a facility at which they can volunteer to complete these hours. Documentation of completion will be required. *Instructor may waive this requirement dependent on individual students experience and course academics.*



PET SITTING BUSINESS



Start a Pet Sitting Business \$115 ONLINE

6 week course access starting January 18th / 24 hours

Discover how you can turn your love of animals into a profitable pet-sitting career. This course covers everything you need to know about caring for pets, from nutrition, exercise and first aid and everything that goes into starting a successful business. You'll begin with pet care, including nutrition, exercise, first aid, and the identification of common diseases. You will learn the basics of first aid and find out how to administer pills, liquid medications, and injections to an uncooperative cat or dog. You will discover how to handle home visits and impress your potential clients.



EVENT MANAGEMENT AND DESIGN

Event Management and Design \$1,995 ONLINE6 week course access starting January 18th / 120 hours



This online training course will equip you with the knowledge and skills to advance your career if you are already working in the special events field or prepare you to enter the profession with an understanding of the industry. You will build a foundation that you can use to develop and accelerate a career in special events or start your own special event business.

CERTIFIED WEDDING PLANNER

<u>Certified Wedding Planner</u> \$1,595 ONLINE

9 month access / 340 hours

In this course, you will master the fundamentals of planning, orchestrating, and delivering stunning weddings and parties. This course allows you to earn your certification as a professional Wedding Planner and will give you an opportunity to put your new skills to work in an optional internship. Lastly, it includes the opportunity to receive notifications on internships in your area to get hands-on experience.



NEW YORK CITY DEPARTMENT OF BUILDINGS SITE SAFETY TRAINING

Kingsborough Community College is a New York City Department of Buildings approved Site Safety Training (SST) Provider.

Courses offered in English and Russian

SST and SST cards will be issued when all requirements are met as prescribed by the DOB. With a valid OSHA 30 card you have the option of taking only the courses you need to receive the SST card. Group pricing available for employers with 5 or more employees.

Email Vickie DiMartino Vickie.DiMartino@kbcc.cuny.edu or Call 718 368-5050 for more information.





VTT 23 - 30-Hour OSHA Construction \$300 ON CAMPUS

Tues, Wed, Thurs / Jan 10 - Jan 19 / 5pm - 10pm

- Understand the OSHA Act, the functions and resources of OSHA
- Become aware of the OSHA inspection priorities and describe the inspection
- Hazards of chemicals and electrical
- Flammable and combustible liquids and gasses

To maintain a healthy and safe work environment, OSHA requires employees in various industries participate in workplace safety training. See the benefits of instructor lead training in our 30-hour OSHA safety course that will address specific regulations as they apply to the General Industry and help you meet your workplace training requirements in an interactive setting with peers and your professor.

The OSHA training program for general industry provides training for workers and employers on the recognition, abatement, and prevention of safety and health hazards in the workplace. The program will also provide information regarding workers' rights, employer responsibilities, and how to file a complaint.

VTT 24 - 10-Hour Site Safety Training \$175 ON CAMPUS

Mon & Tues / Jan 23 & 24 / 5pm - 10pm

10 Hours SST includes:

2-Hour Drug & Alcohol Awareness

8-Hour Fall Prevention

VTT 27 - 4-Hour Supported Scaffold User \$75 ON CAMPUS Tues / Feb 14 / 6pm – 10pm

The 4-Hour Supported Scaffold User and Refresher course prepares workers to recognize and avoid a wide range of safety hazards associated with supported scaffold use. You'll learn about the importance of safety controls, fall equipment, inspections and emergency planning.

VTT 26 - Site Safety Supervisor \$300 ON CAMPUS Mon, Tues, Wed & Thur / Jan 30 - Feb 9 / 6pm-10pm

32- Hours SST Supervisor includes:

8-Hour Fall Prevention

8 Hour Site Safety Manager Refresher/Chapter 33

4 Hour Supported Scaffold

2-Hour Drug and Alcohol Awareness 2-Hour Site Safety Plan

2-Hour Tool Box Talks

2-Hour Pre-Task Safety Meetings

2-Hour DOB General Electives

2-Hour DOB Specialized Electives

METAGENOMICS AND LARGE DATA SETS ANALYSIS

<u>CTF 125 - Metagenomics Discovery Challenge</u> \$325

To Be Offered Spring 2023 Semester

Metagenomics Discovery Challenge (MDC) – is a certificate-based course. The course is offered online and it will be using Team-Based Learning and Open Educational Resources. It doesn't have any prerequisites, but a background in biological sciences or computer science would be helpful. Students will learn to do bio-surveillance on metagenomic datasets, identifying fungal (and other microeukaryotic), bacterial, archaeal, and viral sequences within these datasets. This will reinforce the fundamentals of computational biology utilizing the Next Generation Sequencing (NGS) technology and computational tools important in determining metagenomics data sets. At the end of the course, students will create a 3-5 minute video using available resources to explain the tools they've learned, the importance of viral discovery, and antibiotic resistance, and their discoveries.

For more information please contact: Professor Dr. Dmitry Brogun - Dmitry.Brogun@kbcc.cuny.edu.

PERSONAL ENRICHMENT

BUSINESS OF ENTERTAINMENT

VSE 91 - The Business of Entertainment \$200 ONLINE



Wednesdays / Feb 15 - April 26 / 7pm-8pm

Hosted by Nicole Duncan-Smith, Journalist and Communications Director, this 10 Week Intensive Course where you will learn about industries within the entertainment model which includes: Streaming, Music, Management, Law, Sports Management, Marketing, Public Relations, Merchandising, Technology, Publishing, Philanthropy & Acting as a Business. Special guest lectures added weekly.



HERBALISM



NSE 81 - Herbalism for Wellness and Longevity \$150 ONLINE Tues & Thurs / Jan 10, 12, 17, 19, 24 and 26 / 6pm-8pm



Curious about what mysteries your spice rack could unlock? How about herbs in your backyard or those you see while walking down the street? Herbalism is an exciting field of study for those interested in holistic approaches to health and wellness. In this class we'll talk about traditional uses of herbs across different cultures and also what cutting-edge science is discovering about plants every day. We will learn how to make our own remedies such as salves, tinctures, decoctions, and more!



FOREIGN LANGUAGE

NLA 60 - Conversational Spanish I \$130 ONLINE

Thurs / Feb 2 - Mar 23 / 7pm-9pm

Increase your ability to converse with co-workers, colleagues, or neighbors.

NLA 62 - Conversational Spanish II \$130 ONLINE

Wed / Feb 1 - Mar 22 / 7pm-9pm

Increase your ability to converse with co-workers, colleagues, or neighbors.

CURRENCY TRADING

NSD 98 - Currency Trading Foundations \$100 ONLINE Wednesdays / Feb 1 - March 22/ 6:15pm-7:30pm

This course provides a foundation in the underlying methodology of trading in global currency markets, including the roles of participants and platforms who influence foreign exchange, cryptocurrency, and high-frequency foreign exchange. The course will examine different trading styles and overview the foundations of market participation. Throughout the series students will learn key terms, how to conduct specific currency market research and how global currencies correspond and interact with one another. Students will also gain insight into the mechanisms utilized to trade live in the foreign exchange and cryptocurrency markets through demo practice account exhibitions and projects.

Note: Students will be required to install recommended free apps on their device for demonstrative and practical learning during the course.

50+ WELLNESS PROGRAM

COM 09 - Yoga and Pilates \$95 ON CAMPUS Fri / Jan 27 - Mar 24 / 10am-11:30am

In this course you will gain flexibility & strength, posture & balance, and mindfulness with this mix of Hatha/Vinyasa Yoga combined with Pilates exercises. Please bring a yoga mat. Yoga strap and blocks are optional.

No class 2/10

COM 15 - Line Dancing \$95 ON CAMPUS Fri / Jan 27 - Mar 24 / 11:45am-1:15pm

Line Dancing is a fun and easy way to keep your body and brain in shape. We'll put easy to follow steps into full routines set to all kinds of music: Latin, Disco, Pop, and of course Country Western! Bring light sneakers without treads or dance sneakers and lock for locker.

No class 2/10



COM 17 - Indoor Walk and Tone \$95 ON CAMPUS Sat / Jan 21 - Mar 18 / 10am-11:30am

Join us for a fun walk in a centralized location. The 2nd part of the workout will be using lightweights and resistance bands to tone your muscles. Bring 2 or 3lb hand weights, water bottle and wear sneakers.

No class 2/11

COM 151 - Introduction to Refreshing Your Tai Chi Experience and Develop Conscious Contentment COM 150 - Healthy Relationships Workshop \$30 \$50 ON CAMPUS

Wed / Mar 1 - Mar 22 / 11:30am-1pm

stress response through contentment. No prior dynamics. knowledge experience necessary. or comfortable clothing and flat shoes.

COM 92 - Osteoporosis Workout \$90 ONLINE Thurs / Jan 26 - Mar 23 / 10am-11am

Taught by a physical therapist and consists of range and motion exercises, strengthening and aerobic exercises, balance activities designed to improve your health and fitness with slow, controlled movements, and weight bearing exercises which are recommended for people with osteoporosis. Class will emphasize form and posture for safe and effective exercise.

Wear comfortable clothing & supportive sneakers. Have for use exercise bands of medium-tomedium firm intensity (green & blue), 1 set of 1lb dumbbells, 1 set of 2-3 lb. dumbbells, 1 set of ankle weights 2-3 lbs.

COM 145 - Pilates Core & More \$95 ON CAMPUS Sun / Jan 22 - Mar 19 / 10am-11:30am

Pilates has many benefits & anyone can do it! Pilates is a low impact exercise comprising controlled movements to improve balance and posture, increases core strength, prevents injuries, increases energy and body awareness, decreases stress and it Improves flexibility and mobility. The exercises will be done on a mat and standing. Bring a yoga mat, labeled water bottle, clothing that stretches, and a smile. No class 2/12

COM 42 - Arthritis Workout \$80 ONLINE Mon / Jan 23 - Mar 27 / 10am-11am

Taught by a physical therapist, this class provides safe and effective movement for strengthening, range of motion and cardiovascular fitness. Exercise will be done standing and sitting. Wear comfortable clothing & supportive sneakers. Have for use exercise bands of medium resistance. 1 set of 1- 2lb dumbbells and 1 set 1- 2lb ankle weights. **No class 2/13 & 2/20**

ONLINE

Tues / Feb 28 - Mar 7 / 4pm-5pm

The workshop series will Introduce participants to This two-day workshop is taught by a Licensed the peace enhancing movements of Tai Chi given by Psychotherapist. We will explore different types of Mario Starace MA, Holistic Health practitioner and relationships and the role we play with each other. Author. We will explore its health promoting Let's examine whether or not we are finding benefits, learn the power of breathe and movement, fulfillment in our interactions with those around us and develop conscious ways to counter act the and how we can work to improve some of those

> FREE designated guest parking is available on campus. For more information, Email: Susan.Lavin@Kbcc.cuny.edu or call 718 368 5079

50+ WELLNESS PROGRAM

LIVE WELL - DO WELL - AGE WELL AGING MASTERY PROGRAM

COMING SPRING 2023

ARE YOU 50 YEARS OF AGE OR OLDER?
Thinking of Retiring Or Already Retired?
WANT TO TRY SOMETHING NEW?
HERE IS AN INSPIRATIONAL PROGRAM FOR YOU!



THE NATIONAL COUNCIL ON AGING IN COLLABORATION WITH KINGSBOROUGH COMMUNITY COLLEGE

Presents
LIVE WELL - DO WELL - AGE WELL
Aging Mastery Program

A 10 class -program based on the
National Aging Mastery Program designed to offer
participants 50+ years of age or older, the skills and tools needed to achieve
measurable improvements in managing health, remaining economically secure,
and contributing actively in society.

TOPICS COVERED:

Navigating Longer Lives • Exercise & You • Sleep • Fall Prevention

- Healthy Eating and Hydration Financial Fitness Medication Management
 - Advance Planning Healthy Relationships Community Engagement

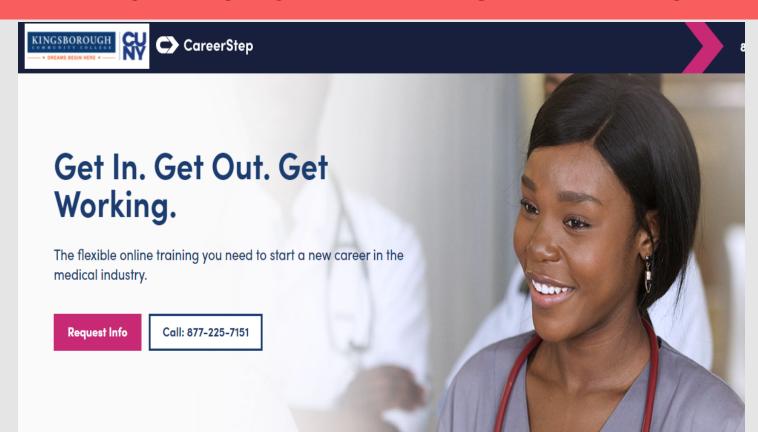
Cost \$ 80 Material Fee

*Material Fee may be covered for residents residing in certain districts in Brooklyn and Queens.

Contact the office for more information.

LIMITED SEATS WILL BE AVAILABLE Email: Susan.Lavin@Kbcc.cuny.edu Call: 718-368-5079

WORKFORCE TRAINING PARTNERS



KINGSBOROUGH COMMUNITY COLLEGE

ONLINE COURSES

These **high-quality courses** are **taught by industry experts** and designed to quickly deliver specific skills and knowledge that **help to advance personal or professional development**. Our online classroom is informative, convenient, and highly interactive.

Accounting Fundamentals Series

If you're interested in increasing your financial awareness while also gaining a marketable skill, this series of courses is perfect for you.

Introduction to Microsoft Excel 2019/ Office 365

Knowing how to create a spreadsheet is key to effectively managing and organizing information. This course will introduce you to Microsoft Excel 2019 and teach you how to use this powerful software.

Medical Terminology:

A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Microsoft Excel 2019/Office 365 Series

Whether you're new to Excel or need a refresher, the Microsoft Excel 2019 Series bundle will help you master this long standing spreadsheet software.



Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time.

Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

24/7 Access • All classes start new every month • Certificate of completion • 6-week format • Average 24 work hours • Discussion boards • Mobile accessible

Enroll or view all our online courses at: https://www.ed2go.com/kccce/

Students must get pre-approval by KCC administration for any Ed2Go courses to be considered in lieu of or waived towards a KCC Certificate Program.

COLLEGE FOR KIDS

Through participation in new activities, children learn the value of teamwork and personal self-worth that can help them to achieve their goals. We offer a variety of academic and recreational courses for children aged 5-13 on Kingsborough's beautiful and secure campus. Our program is designed to provide opportunities for each child to enjoy the satisfaction of accomplishment through personal achievement such as mastering skills and educational advancement. Students are also encouraged to embrace a healthy and fit lifestyle through the various activities and sports to which they are introduced.



COURSE DESCRIPTIONS

3D Design - Learn how to create computerized 3D designs.

Art - Students will have the opportunity to learn basic illustration drawing and create with mixed-media.

Basketball - Learn to shoot, dribble and pass in this fun and active class.

Digital Influx Academy - "User Experience Design" is the design process used to improve our human interactions with products and services, from websites and apps to theme parks. Students will develop deep content knowledge as well as critical thinking, collaboration, creativity, and communication skills. They will gain knowledge and skills by investigating and responding to authentic, engaging, and complex topics, problems, and challenges.

Math Academy - Math concepts are presented in an enjoyable and engaging environment.

Physics 4 Kids - Learn about the spectacular world of physics including motions and forces. You will learn how to make a rubber band powered car, a sound wave phone, and more.

Rock Star Readers - Students will develop literacy and vocabulary skills while building confidence.

Soccer - Learn basic skills, rules and tactics of soccer.

Writing Superstars - Students will practice and develop writing skills through storytelling and composition.

NOTE TO PARENTS

In order to drive on campus, parents must purchase a winter parking permit for \$22. Permits are available on a first come, first served basis. If you do not have a parking permit, please arrange for your chirld(ren) to meet you at a pre-designated locations.

KCC will NOT be liable for the loss or theft of any personal property.

We encourage parent's to write his/her child's name on any materials brought to class.

COVID Policy: In order to have entry onto the campus, all parents/guardians are required to complete the visitors Cleared4 registration prior to the child's start date. Cleared4 registration instructions will be provided during registration. Authorized parents/guardians will show form of ID and their Cleared4 pass to security to gain access to campus.

In the event of an emergency, where authorized parent/guardian cannot be present to pick-up a child, CFK staff will communicate with security staff for the best course of action regarding adult's permission. However, adults are asked to be prepared to have and show proof of vaccination and identity at all times.

COLLEGE FOR KIDS - BLACKROCKET





Kingsborough's Continuing Education continues to collaborate with Black Rocket, offering the best tech driven STEAM programs for kids ages 8-14 (a few available for ages 6-8!).

Courses meet weekly, tuition prices start at \$149, for up to 15 hours of fun and learning! Various courses are offered every semester. Register with your friends now on Kingsborough's Black Rocket Webpage!

REGISTER TODAY: blackrocket.com/online/king

3D Game Design

App Attack

Minecraft[®]

Fortnite[®]

ROBLOX Makers

ROBLOX[®]Coders

Javascript Developer

Video Game Animation & Creation

LEGO Films & Stop Action

Python Programmers

Code Breakers

Code Your Own Adventure

Rocket Kart Racers

Pokémon[®] Master Designers

Prototyping Inventors League

YouTube[®]Content Creator

