PTA 10 Introduction to Physical Therapy

Student Learning Objectives

As evidenced by successful completion of written and practical examinations, lab activities, assignments, research article reviews, and the role playing and analysis of clinical scenarios, the student will:

1.0. Demonstrate an understanding of physical therapy and the role of the physical therapist assistant.

1.1. Identify and describe the history of physical therapy.

1.2. Define the American Physical Therapy Association, its function and structure.

1.3. Define the roles, responsibilities, and functions of the physical therapist, physical therapist assistant and physical therapy aide.

1.4. Interpret the components of the APTA Standards of Ethical Conduct for the Physical Therapist Assistant and laws governing practice.

1.5. Discuss the current changes in health care and the role of the physical therapist and physical therapist assistant.

1.6. Relate the roles, responsibilities and functions of the physical therapist and physical therapist assistant in contemporary practice to the changes in health care.

1.7. Differentiates roles of clinical educators including academic coordinator of clinical education, center coordinator of clinical education, and clinical instructors.

1.8. Identifies physical therapists assistants’s role as clinical instructors.

2.0. Demonstrate an understanding of the health care delivery system and the physical therapist assistant's role within it.

2.1. Define levels of care within the delivery system (acute, subacute, rehab, skilled nursing, home care, etc.)

2.2. Discuss legal, fiscal and ethical issues that affect the health care delivery system

2.3. Define concepts and principles of continuous quality improvement.

2.4. Define and identify the members of the interdisciplinary team.

2.5. Outline the roles of members of an interdisciplinary team
2.6. Outline principles and concepts of organizational structure including levels of authority and responsibility and the supervisory process.

2.7. Construct a basic continuous quality improvement plan.

2.8. Analyze classes of diagnoses as they relate to levels of care required.

2.9. Analyze the role and responsibilities of members of the interdisciplinary team in the contemporary practice of physical therapy.

3.0. Demonstrate an ability to effectively communicate with patients, families, peers, and other health care personnel.

3.1. Identify the role of both non-verbal and verbal communication in physical therapy.

3.2. Identify and explain the importance of patient and family teaching.

3.3. Analyze the affects of patient and family education on physical therapy outcomes.

3.4. Identify non-verbal and verbal communication behaviors.

3.5. Analyze the role of communication on cultural diversity, age diversity, patient privacy, death/dying and body image.

4.0. Attend to the psycho-social needs of patients and families.

4.1. Identify and discuss psycho-social aspects of disability that affect clinical practice.

4.2. Identify and discuss the physiology and consequences of aging.

4.3. Outline the components of patient privacy.

4.4. Explain cultural and age diversity present in clinical practice.

4.5. Recognize the diversity in coping mechanisms.

4.6. Describe coping mechanisms in death/dying, illness and disability.

4.7. Explain the importance of body image and its relationship to treating patient effectively.

4.8. Determine the affect of psycho-social aspect of disability on patient treatment outcomes.

4.9. Relate cultural and age diversity issues to patient treatment outcomes.

4.10 Analyze psycho-social aspects of disability and the affect on patient treatment outcomes.
5.0. Given patient scenarios, implement comprehensive physical therapy treatment.

5.1. Observe the roles of members of an interdisciplinary team.

5.2. Use non-verbal and verbal communication strategies.

5.3. Examine patient and family coping mechanisms related to death/dying, illness and disability.

5.4. Implement ways to handle psycho-social events that interrupt patient treatment.

5.5. Educate a patient and family on the importance of physical therapy and the role of the physical therapist assistant.

5.6. Provide physical therapy within the scope and boundaries of the Code of Ethics and laws governing physical therapy.

6.0 Demonstrate the ability to express ideas in writing.

6.1. Perform free writing assignments.

6.2. Summarize and analyze academic experiences.

6.3. Effectively organize thoughts and ideas.

7.0 Demonstrate appropriate professional behavior.

7.1. Attends and is on time for class, lab, and scheduled appointments.

7.2. Is prepared for lab activities, attends to task assigned.

7.3 Accept constructive criticism and respond and/or follow through appropriately.

7.4. Express self in clear and easily understood manner.

7.5. Maintain appropriate personal hygiene.

7.6. Treat others with positive regards, dignity and respect.

7.7. Analyze and examine professional literature considering: specific scientific methods, interpretation of results, and clinical significance in order to foster further personal investigation and clinical effectiveness.

7.8. Explain the importance of life long learning.

7.9. Describe how professional development can occur.