

Want to earn college credits during the summer?
Check out these exciting College Now courses available at KCC JUST FOR YOU!

## **College Now Courses Summer 2018**

Dates: July 9 – August 3, 2018, Time: 9am-1pm Maritime Technology Program

## MT 3000 – Introduction to Maritime Technology

(3 college credits, 2 hours of hands on experience)
(45hrs classroom instruction, 30hrs "hands-on", 10hrs field trips, 2hr final exam, 2hr culminating event)

An introduction to seamanship, including Maritime career opportunities and required training, nautical terminology, boating laws and regulations and types of engines. Study under an experienced Sea Captain learning how to pilot a single engine vessel, steam drive a cruise vessel, splice lines and tie knots used in seamanship. This course includes field trips to Water Taxi, SUNY Maritime College, and an event on a cruise to New York Harbor.

MetroCard provided free of charge, as well as lunch stipends.

**GPA** needed: 75% or higher

Dates: July 9 – August 6, 2018, Time: 9 am-4 pm Brooklyn Science Innovation Initiative Program (BSII)

## **HE 4200 – Health and Nutrition**

(3 college credits, 2 hours of hands on experience in the KCC Urban Farm) (45hrs classroom instruction, 30hrs "hands-on", 2hr final exam, 2hr culminating event)

The role of nutrition in disease prevention and health promotion as outlined in the Surgeon General's report to the nation, Healthy People 2020. Students analyze the research linking foods, nutrients, phytochemicals, supplements, and herbs to the leading causes of death in the United States. Students will design an optimal nutritional plan for lifelong wellness. The class will be using the Farm as a living lab to study nutritional topics in a hands-on environment.

MetroCard provided free of charge, as well as lunch stipends.

**GPA** needed: 80% or higher

A program for high school seniors!

To submit your application online, please visit our website: http://www.kbcc.cuny.edu/CollegeNow/summer\_programs/





