

A.S. in Physical Education, Recreation & Recreation Therapy (PERRT)

DESCRIPTION OF THE PHYSICAL EDUCATION, RECREATION & RECREATION THERAPY (PERRT) PROGRAM

Recreation and Recreation Therapy emphasizes learning by doing. Students take activity skills courses in arts and crafts, social recreation, and participate in recreational and disability activities among other required courses in the 60 credit degree major. In addition, students complete one semester of 100 hours of supervised fieldwork experience at one of the forty community agencies (including hospitals; nursing homes, YMCA's, Community Centers etc.) with whom the program has fieldwork agreements.

SKILLS

Compassion. Recreational therapists should be kind and empathetic when providing support to patients and their families. They may deal with patients who are in pain or under emotional stress.

Speaking skills. Recreational therapists need to communicate well with their patients. They must give clear directions during activities or instructions on healthy coping techniques.

Listening skills. Recreational therapists must listen carefully to a patient's problems and concerns. They can then determine an appropriate course of treatment for that patient.

CAREER INFORMATION

Employment of healthcare occupations is projected to grow 14 percent from 2018 to 2028, much faster than the average for all occupations, adding about 1.9 million new jobs.

Healthcare occupations are projected to add more jobs than any of the other occupational groups. This projected growth is mainly due to an aging population, leading to greater demand for healthcare services.

Therapists may spend a lot of time on their feet while working with patients. They also may be required to lift and move patients or heavy equipment. Many work in multiple facilities and have to travel from one job to another.

INFORMATION ON HOW TO APPLY: www.cuny.edu/apply or 718-368-4600

KINGSBOROUGH
COMMUNITY COLLEGE

★ DREAMS BEGIN HERE ★

CU
NY

Career Development Center
Monday - Friday | 9:30am - 5pm
Room C-102 | 718-368-5115

EMPLOYMENT OUTLOOK

Employment of healthcare therapists is projected to grow 7 percent from 2018 to 2028, faster than the average for all occupations.

As the U.S. population ages, more people will need recreational therapists to help treat age-related injuries and illnesses.

Older people are more likely to experience a stroke, Alzheimer's disease, and mobility-related injuries that may benefit from recreational therapy.

Therapists will also be needed to help healthy seniors remain social and active in their communities.

Recreational therapy services can help the aging population to maintain their independence later in life.

CAREER PATH

The median annual wage for recreational therapists was \$47,860 in May 2018. The median wage is the wage at which half the workers in an occupation earned more than that amount and half earned less. The lowest 10 percent earned less than \$29,590, and the highest 10 percent earned more than \$77,050.

CAREER COACH – SEARCH CAREER INFORMATION & CURRENT LOCAL WAGE DATA

<https://kingsborough.emsicc.com/programs/physical-education-recreation-and-recreation-therapy-as/190619>

INFORMATION ON HOW TO APPLY: www.cuny.edu/apply or 718-368-4600

KINGSBOROUGH
COMMUNITY COLLEGE

— ★ DREAMS BEGIN HERE ★ —

**CU
NY**